



“The Process is as Important as the Outcomes”

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NIH Tribal Research Panel Discussion

August 16, 2023

Artwork by Isaac Murdoch

Who I Am, Where I Come From





ANCHRR

Alaska Native Collaborative Hub for Research on Resilience

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ANCHRR's Approach

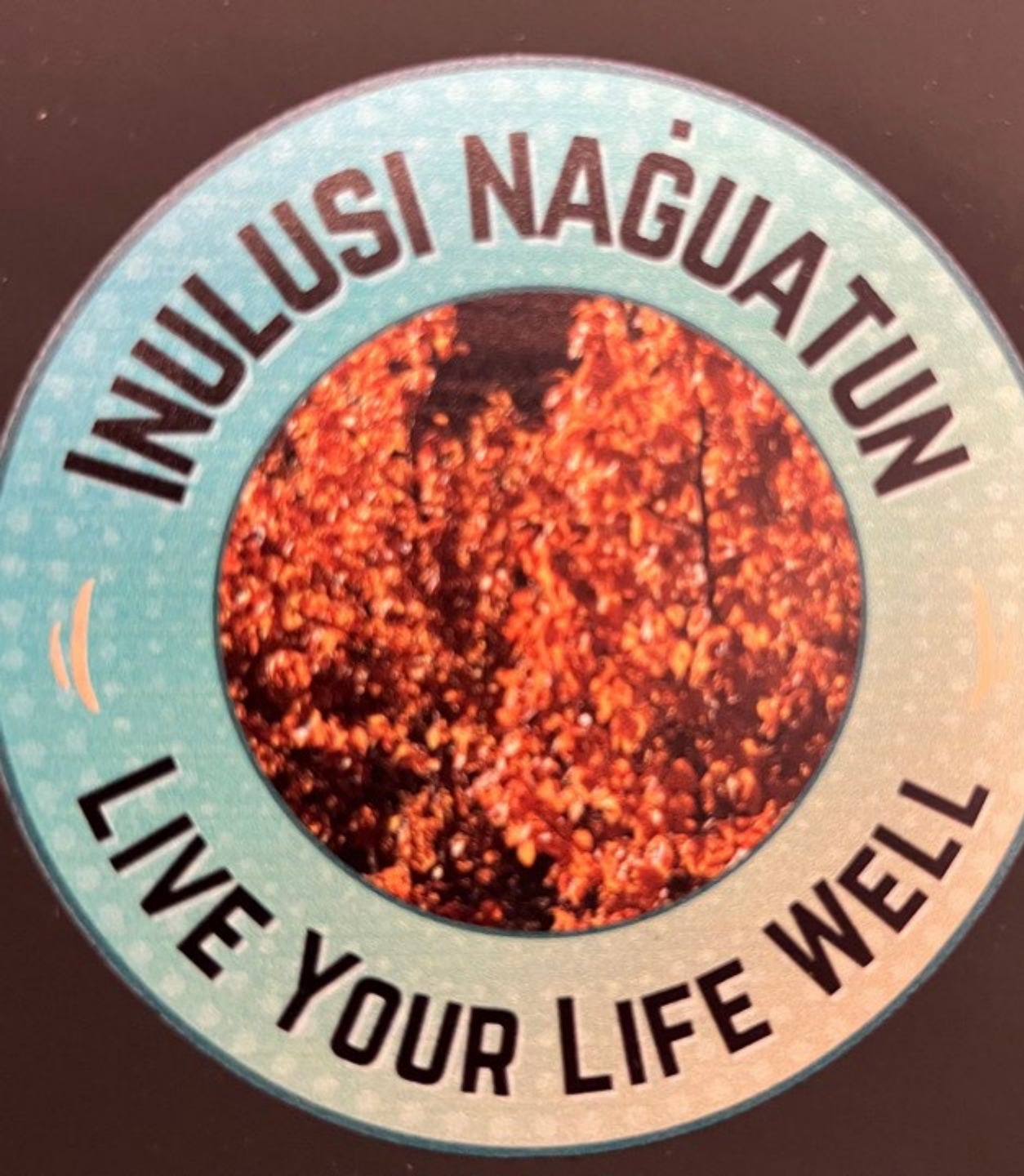
WHO: Indigenous leadership at all levels

WHAT is the Research ABOUT?

- Strengths versus Risks/Problems
- Community versus Individual
- Identifying community-level protective factors reducing suicide
- Working to understand protection and strengths in a holistic context

HOW: Process is as important as the outcomes

- Ceremony – healing through the research process



More on the Approach

- Mindful of grief and loss
- Treat each other as whole human beings
- Recognition that solutions already exist in the community- (strengths based)
- Preparation (relationship building) cannot to be bypassed or skipped
- Respect for Tribal community's self-determination
- The work must support wellbeing in real time- culture and ceremony guide the way



Community Relational Guidance

- We as researchers are not separate from community
- Over a decade of relationship with communities
 - Trust, demonstrated commitment, on the same page about what we're doing
- Community invites the researchers to collaborate
- Community leaders requested bringing up own community members as researchers



Collaborative Hubs

- Planful meetings and gatherings, to build and maintain a relationship
- Young people are leaders already, not 'future leaders'
- Fairbanks, Nome, Juneau, Anchorage
- Keynote speakers
- Received guidance, provided guidance
- Hearing community stories as scholars-profound influence on us and each other

Digital Storytelling with Young People

- Youth Steering Committees
- In Person Gatherings
- Community Showing
- Interviews with young people
- How community supports young people's wellbeing



How We Frame the Results and the Narrative Matters

- Acknowledge the people that helped this knowledge come to surface and discuss what will be done with it
- Understand and be mindful of collective impact
- The conclusions being made need to be guided by and co-created with community, young people, Elders, influential people doing the day-to-day work
- Practical dissemination plans should always be included



Lessons Learned: This is What it Takes

- Intentionality
- Time and Funding
- Good energy
- Follow thru
- Committed relationships
- Determination and persistence
- Advocacy

Love is Love

Love is when I feed my baby sister. I love
Love it when my dad teaches me how
to hunt. I show love by helping my
grandma. I love it when my sister do my dishes
for me. I love it when my dad helps me with
my homework and stuff. I feel love when my
class mates help me with stuff at school.
I love it when I play with my baby sister. Love is
when my grandparents help me. I love thing that are
easy and little bit hard. I love it when
my parents help me and teach me how
to cut seal and moose. I feel loved by
the others that help me and stuff.



Grateful for the Youth, Elders,
Communities, ANCHRR team,
Funders! Piiragumausi!
