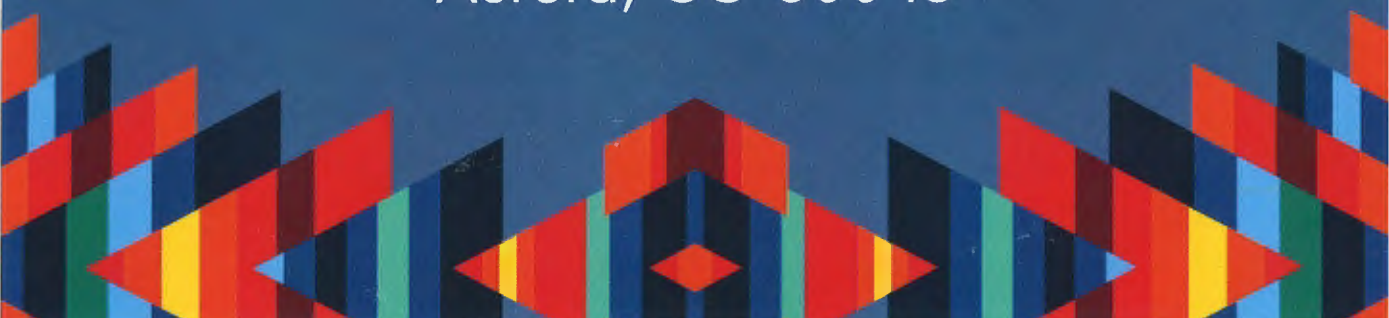


2019 TRADITIONAL MEDICINE SUMMIT

November 20 - 22, 2019

Biosketches

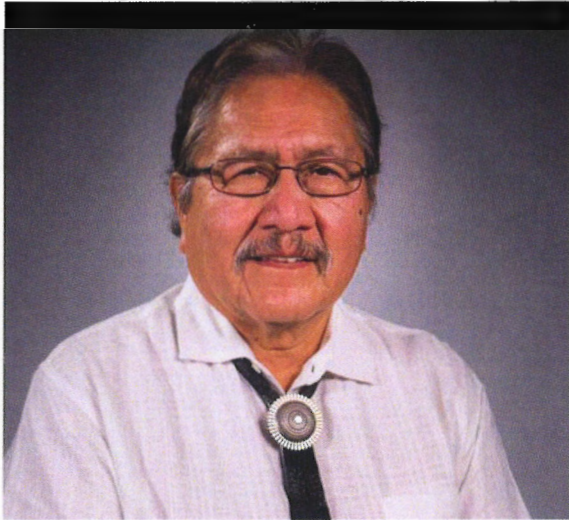
University of Colorado Anschutz
Aurora, CO 80045





Healer Biosketches

David Begay, Ph.D.



David Begay, Ph.D., is currently Associate Research Professor with the University of New Mexico, Albuquerque, in the College of Pharmacy, Community Environmental Health Program, working with several federal health research projects, including the National Institutes of Health, Environmental Health Disparities, among others. David was formerly adjunct faculty at Northern Arizona University, Flagstaff, in the Department of Physics and Astronomy, for 20 years. He is also a former professor and academic dean for Dine' (Navajo Nation) College. He is currently Vice President for the Indigenous Education Institute, Friday Harbor, Washington. He has also worked with National Science

Foundation and other federal projects, including NASA, for 20-plus years, as well as the Jet Propulsion Laboratory and Goddard Space Flight Center on space science and heliophysics educational outreach. David is considered a Tribal elder and provides cultural consultant services to many organizations and corporations, both in the United States and internationally. He was raised with the deep cultural knowledge, tradition, and language of the Dine' (Navajo) people.

He is a member of the Dine' Hatallii (Spiritual and Herbal Healers) Association. David is a disabled Vietnam combat veteran. He is also currently a member of the Navajo Nation Human Research Review Board (institutional review board) appointed by the Navajo Nation Council.

Darrel Bellegarde



Darrel Bellegarde is a Cree medicine man from Little Black First Nation, which is located in Southern Saskatchewan, Canada. Born in 1957 at the Indian Hospital in Fort Qu'Appelle Saskatchewan, Darrel is one of six siblings, all brothers. He has been married for 44 years and has three sons and eight grandchildren.

Darrel joined the Royal Canadian Mounted Police (RCMP) when he was 19 years old and served with the force for 21 years. He was first stationed at Rosthern, Saskatchewan. Although Darrel did not grow up in a traditional way, it was during this first posting that he started to go to sweat lodge

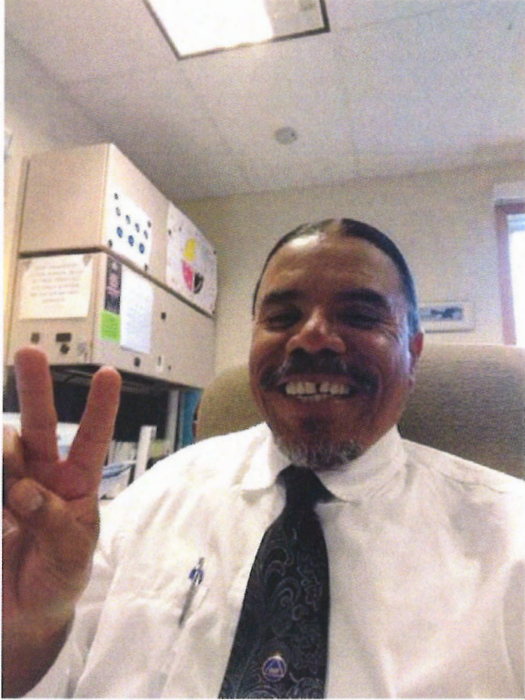
ceremonies. It was through his participation in these ceremonies that he began to learn about the traditional life and ways. It was also during this time that the elders recognized him as gifted, and he began his training to become a medicine man.

Darrel was trained by two yuwipi men (medicine men). He fulfilled his commitment to dance at the Dakota sun dance for 4 years. After the 4 years, his teachers received a spiritual message telling them it was time for Darrel to retire from the RCMP and to begin helping the people by doctoring and healing with his pipe, teaching the traditional ways, and passing on the knowledge of the ceremonies and of life. He has been given the yuwipi, lowapmi, shaking tent, rain/sun dance, and naming ceremonies, as well as the ability to do traditional healing in the sweat lodge ceremony.

Darrel is happiest when he is picking, grinding, and mixing medicine; hunting; fishing; and playing with his grandchildren. It is very important to Darrel to bring his children and grandchildren up in a traditional way, and they help him by drumming and singing songs in the sweat lodge and other ceremonies.

Over the last 3 years, Darrel has worked as a medicine man on a part-time contract basis with the Regina Qu'Appelle Health Region and the Saskatchewan Health Authority and is now working on a full-time contract basis with the Saskatchewan Health Authority.

Anthony L. Davis, Sr.



Anthony L. Davis, Sr., has been in the employment of Little Traverse Bay Bands of Odawa Indians (LTBBOI) Tribal Court since March 2012, as the Cultural Resources Advisor. This was made possible due to his reputation with the Tribal community and his lifestyle of cultural practices. His cultural knowledge began when he chose to follow the path of his Mother's ancestors, the Odawa Anishinaabe of Northern Michigan. As he progressed with the culture, his lifestyle began to prosper with the spirituality of the Anishinaabe lifestyle. Currently, his role with the LTBBOI Tribal Court is to provide and facilitate the cultural practices of the Anishinaabek. With his cultural knowledge, his reputation as a Spiritual Leader among the LTBBOI community and other Tribal communities has put him in a role that is respected among the communities and trusted with any family member, from children, to women, men, and especially among the Tribal Elders. His true

passion is to have the Aboriginal Indigenous healing practices be recognized in order to better heal our people's lives to live the good life.

Lisa Dolchok



Lisa Dolchok is from Clarks Point and Ekuk, Alaska, on the Nushagak River. She is of Yupik and Filipino heritage. Lisa is the oldest daughter and has five younger sisters and three brothers. She has been married to Max for 52 years. They have four grown children, eight grandchildren, and five great-grandchildren. Currently, Lisa and Max live in Anchorage, and Lisa works for Southcentral Foundation in the Traditional Healing Clinic as a Tribal Doctor at the Alaska Native Medical Center. She sees patients and does Traditional Counseling, Healing Touch, cleansings, blessings, and prayers; she also facilitates Talking Circles and Cultural presentations. As part of her work, Lisa serves on Southcentral Foundation's Family Wellness Warriors Initiative Committee and carries the message of beginning our healing journey for wellness in our families and communities. She wants to break the cycle of abuse in this generation. The Traditional Healing Clinic was awarded the 2011 Indian Health Service Director's Special Recognition Award.

Gary Ferguson II, ND



Gary Ferguson II, ND's passion for Indigenous Health is grounded in his culture and experiences both personally and professionally. Dr. Ferguson's family is of Alaska Native (Unangan/Aleut) heritage from a small community in the Eastern Aleutian Islands called Sand Point. He has been working in the Alaska Native Tribal Health System and across Indian Country for 18 years addressing the social, economic, environmental and cultural factors that contribute to the health, well-being of our Peoples. As a Naturopathic Physician, he values the first medicines of our indigenous people, and honors our ancestors who have led the way to decolonizing our healthcare system by re-integrating healing ways that address our health disparities and provide for healthier future generations. Dr. Ferguson has a passion in serving our indigenous communities by his life's work and also volunteers on

various boards and committees including: The American Indian Cancer Foundation, The Aleut Foundation, The Aleut Corporation, The Anchorage Municipality Health & Human Services Commission, The University of Alaska MPH Advisory Committee, The American Association of Naturopathic Physicians, The University of Alaska Chancellor's Advisory Council and The National Diabetes Education Program AI/AN Workgroup.

INSTITUTION AND LOCATION	DEGREE (if applicable)	Completion	FIELD OF STUDY
Multnomah University, Portland, OR	B.S, Biblical Education	06/89	Spiritual Studies
National College of Naturopathic Medicine Portland, OR	N.D., Doctor of Naturopathic Medicine	06/01	Naturopathic Medicine
Alaska Native Tribal Health Consortium	Tobacco Treatment Specialist	02/06	Addiction Medicine
Indian Health Service, Anchorage, Alaska	I.H.S Healthy Native Communities Fellowship	10/07	Community Health
Foraker Certificate in Nonprofit Management	Certificate in Nonprofit Management	12/13	Nonprofit Management
Alaska Pacific University	Certificate in Alaska Native Executive Leadership	07/18	Business Leadership

Positions and Employment

2017-Present Healthy Communities Consultant, KAANGUX Consulting, Anchorage, AK

2019-Present Vice President of Business Development, Invoke360, Anchorage, AK

Miguel Flores, Jr., LISAC, CSOTS



Miguel Flores is a true patient and community advocate. He works with Native American communities; he is a traditional healer and counselor. Mr. Flores is a Licensed Independent Substance Abuse Counselor (LISAC) in the State of Arizona and a Certified Sex Offender Treatment Specialist (CSOTS), National Board of Forensic Counselors. He is a proud member of the Pascua Yaqui Tribe and Tohono O'odham Nation and is a husband, father, artist, healer, counselor, and teacher. He is a community leader and member of the Community Advisory Board of the University of Arizona's Native American Research and Training Center and a member, *All of Us* (AOU), Precision Medicine Initiative, Participant Engagement Board, AOU Native American Community Board, and

Ambassador for the AOU National program; Chairman of The Arizona Partnership for Native American Cancer Prevention, as well a member of the Tribal Advisory Committee for the Southern Arizona Tribes for the Centers for Disease Control and Prevention and Indian Health Service.

For the past 27 years, Mr. Flores has provided Spiritual Leadership and Traditional Medicine for the Tohono O'odham Nation and Pascua Yaqui Tribe, and others. He has a 29-year career in behavioral health providing services for The People, particularly youth. As the CEO and owner of his own business, Holistic Wellness Counseling & Consultant Services, he is able to coordinate a team of traditional healers, acupuncturists, counselors, and artists to provide holistic health care.

Mr. Flores provides prevention, outpatient, residential, and aftercare services to patients using a holistic Native American model of treatment using the Medicine Wheel, which teaches culture and healing of the Body, Mind, and Sprit and the understanding that also depends upon individual experiences of connectedness with the human community and with the natural world that supports it.

Larry Ground



Larry Ground is a veteran of the Gulf War, medevacked out of Iraq during the war. He has an elementary teacher degree and a health information management degree; both are 2-year degrees. Mr. Ground has grown up in the traditional realm with many old teachers. He has been a part of many societies and has become an Elder for one of our most important Sundance lodges. Mr. Ground carries many songs for the pikunni.

Shirley May Holmberg



Shirley May Holmberg, Yendaadleno, is a member of the Toneedze Gheltselne (Middle People) clan and was born in Tanana, Alaska. Shirley has been clean and sober for 32 years. Shirley has a B.A. in health and human services management-rural development and an M.A. in rural development. She has been an active member in the Native community in her work and life. She has worked for Native nonprofits as well as profit-making and private organizations. She has been a presenter, facilitator, instructor, and volunteer at a multitude of Native wellness workshops, conferences, and trainings in villages in the state of Alaska, nationally, and in Canada. She is also a culture bearer, traditional singer/dancer, and master artist.

Currently she resides in Fairbanks, Alaska, and works at Fairbanks Native Association as a Parent Educator II.

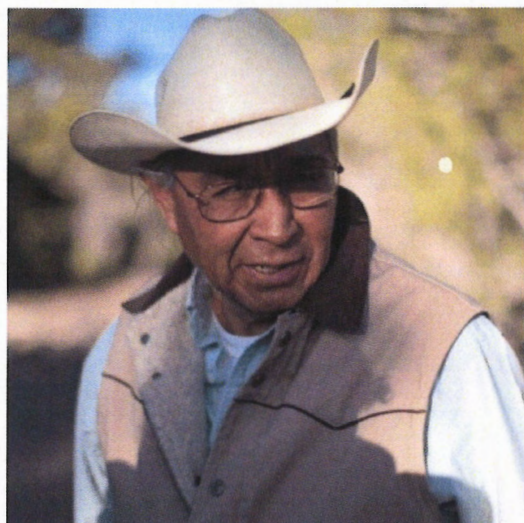
Lorenzo R. Jim



Lorenzo R. Jim (Dine/Navajo) is a Licensed Alcohol/Drug Abuse Counselor and member of the Dine Hataalii Association, currently managing the Native American Traditional Wellness & Integrative Care Program at First Nations Community HealthSource, a Title V Urban American Indian health center in Albuquerque, New Mexico. He specializes as a traditional practitioner and is a lifelong learner of Traditional Medicine from his father, uncles, and elders. Mr. Jim has extensive knowledge and experience in program/curriculum development toward the integration of Native American traditional/cultural curative processes into health care systems, including the access of Native American-specific treatment/therapy approaches for patients.

His professional background includes military/federal counter-drug leadership, law enforcement, corrections, and clinical counseling in both inpatient/outpatient integrated treatment programs for juveniles and adults. He currently serves as the Tribal Liaison for Bernalillo County Metropolitan and District Drug Courts, Native American Care Provider/Chaplain at the University of New Mexico Hospitals, and cultural care provider at Children, Youth and Families Department, Juvenile Justice System.

David Johns



David Johns is of the Diné (Navajo) people from Northern Arizona. He is also a husband, father, grandfather, a great grandfather, uncle and a God Father to lots of my relatives.

Dr. Johns's profession is an artist, he has been a painter most of his life. He has a Bachelor of Fine Arts in painting from Northern Arizona University. In 1997, Dr. Johns was awarded with an Honorary Doctorate Degree from the same institution.

He got really sick in early 1970's and went through a five-day healing ceremony where he got healed before the ceremony was over. He was ordained into becoming an herbalist. Dr. Johns had in depth understanding of the value of growing up traditionally and was brought up by his grandparents who were very traditionally minded people. He also had frequent contact with other relatives and grandfathers who were medicine people as well. These ancestors led him to advocate their legacies in our language, our traditional knowledge and sustain our medicine bundles for our future generations.

Dr. Johns is the current president of Diné Hataalii Association (DHA) and has served the organization for the past three years. DHA was organized in the early 1970's under the name "the Navajo Medicine Man Association".

He is very honored and thankful to be invited again to this Healers Gathering.

Nicole Redvers, N.D., M.P.H. candidate



Nicole Redvers, N.D., M.P.H. candidate, is an Assistant Professor at the University of North Dakota's Family & Community Medicine's Department of Indians into Medicine program and currently lives in Grand Forks, North Dakota, with her family. She is a northern Canadian leader in the development of indigenous health and wellness services and has been awarded at the territorial and national level for her accomplishments. Dr. Redvers has dedicated over a decade to volunteering and working in innovative models of integrative health care delivery and medical service to underserved populations around the globe, with the desire to bridge the gap between Western medicine and indigenous ways of healing. She is the author of *The Science of the Sacred* (North Atlantic Books) and has received both trade and academic coverage, in addition to being a current Dartmouth Merit Scholar at the Dartmouth Institute for Health

Policy and Clinical Practice. She previously was the only practicing Dene naturopathic doctor in Canada raised in the Northwest Territories small communities in Treaty 8 territory. She is a member of the Deninu K'ue First Nation and continues her work in the NWT as the board chair of the Arctic Indigenous Wellness Foundation, a nonprofit dedicated to revitalizing traditional indigenous medicine in the Canadian north. Her foundation was awarded \$1 million dollars as a Laureate of the 2017 Arctic Inspiration Prize to work with homeless people and those most at risk in the northern part of Canada.

Jessie Takak



Jessie Takak, a Southcentral Foundation–certified Tribal doctor since January 2016, has previously worked in Norton Sound, Kodiak, and southcentral Alaska as a Tribal doctor and traditional healer. Born in Shaktoolik, Jessie is the second of 12 children born to the late Henry and Erma Sookiayak.

Jessie says, “Learn who you are from the heart and be honest about it.”

A retired postmaster and community health aide, Jessie followed her passion, becoming a Tribal doctor and earning a Southcentral Foundation Living Our Values Award in 2017. Her specialty is realigning the body by identifying the root cause of the problem and addressing it.

Chris Tall Bear



Chris Tall Bear has been with the Southern Plains Tribal Health Board–Tribal Epi Center since October 2011. His current position is as the Grant Lead for the Good Health and Wellness in Indian Country grant. Chris is a full-blood Southern Cheyenne and has been involved traditionally and culturally with his Southern Cheyenne people his entire life. His educational background is a B.A. degree in Native American Studies from the University of Oklahoma and a Masters of Legal Studies degree from the

University of Oklahoma College of Law. He is currently nearing completion of an M.A. in socio-cultural anthropology at the University of Oklahoma. Chris Tall Bear resides in Norman, Oklahoma, with his wife of 13 years, Donna.

David J. Tsosie, Ph.D.



David J. Tsosie, Ph.D., is originally from Jeddito, Arizona, but was relocated to Nahata Dziil Chapter in Sanders, Arizona. He is a member of the Todi'chinii Clan, born for the Toh tsonii Clan, his maternal grandfather was a member of the Tachinii clan, and his parental grandfather a member of the Kinya nanii clan. He obtained his Bachelor of Science in elementary education from Brigham Young University, his Master of Educational Administration from The Pennsylvania State University, and his Doctorate of Education in leadership and supervision from Arizona State University.

In 1983, he was elected to and served on the Navajo Nation Council, representing the communities of Jeddito and Low Mountain Chapters for a number of years. While on the Council, he served as the Chairman of the Education Committee and as a member of the Transportation and

Community Development Committee, the Inter-governmental Relations Committee, and the Navajo-Hopi Land Commission, as well as a Board of Regents member for the Navajo Community College, now named Dine' College. He also served on the County Board of Supervisors for Navajo County for several years. Upon leaving the Navajo Nation Council, he was appointed as an Executive Director for the Division of Community Development. He worked to bring about housing, community facilities, and community infrastructure development for the 110 Navajo Nation Chapters. In 1995, he left the Navajo Nation and started a nonprofit organization that provided homeownership opportunities for low-income and elderly families on the Navajo Nation.

He served on the Board of Directors of the Ft. Defiance Indian Hospital Board, Incorporated, as an Advisor to the Dine Hatathlie Association, and as President of the Azee Bee Nahagha of the Dine Nation. Currently, he serves as an Advisor to the University of Arizona Native American Cancer Prevention Project, a Principal Investigator on projects affecting the health of our Dine people living near oil fields, a Cultural Advisor on the assessment of uranium mines on the Navajo Nation, and as a member of the Dine Centered Research and Evaluation Team. This organization was founded on the premise of researching problems and issues through the use of our traditional and spiritual teachings, rather than depending solely on the use of western methodologies. He believes his Dine cultural teachings and his educational background will provide him with opportunities to convey the importance of the Dine Holistic way of thinking to the young Dine population. Dr. Tsosie believes in the teaching of our elders, "If you want to get anyplace in life, only you can make it happen."

Richard Two Dogs



Hmuya Mani (Walks with a Roaring), **Richard Two Dogs** is Oglala Lakota and lives on the Pine Ridge Indian Reservation in South Dakota. His bloodline includes American Horse, Medicine Horse, Lone Hill, and Rock. Hmuya Mani has been working in the Lakota traditional healing field for more than 40 years and has worked with numerous organizations, programs, schools, and communities in the area of cultural strengthening. He is a past Adjunct Instructor with the Oglala Lakota College and has worked as a Lakota Cultural Specialist assisting children, youth, and families who have experienced or been exposed to trauma. He is currently teaching Lakota culture and language at the Anpo Wicahpi Owayawa (Morning Star

School, aka Pine Ridge School for Girls) on the Pine Ridge Reservation.



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Administrators, Providers, and Researchers Biosketches

Chenoa Bah Stilwell-Jensen



Chenoa Bah Stilwell-Jensen is Dine (Navajo) and English- and French-Canadian from Tseyaato' and Corrales, New Mexico. She is a Cultural Care Provider at First Nations Community HealthSource clinic and a doctoral candidate and instructor at the University of New Mexico. Her dissertation focuses on Dine individuals and their narratives of managing diabetes. At First Nations, she supports individuals in the Traditional Wellness and Integrative Care Program through promotion of healthy lifeways using holistic teachings connected to plants, water, and the land. Her passion is to care for vulnerable populations and bring forth a sense of belonging for their well-being. As a mother and community educator, she advocates for the promotion of indigenous knowledge systems and language preservation. In 2004, she and several community members worked together to create an urban charter school focused on indigenous philosophies,

curricula, and protective factors for youth. The Native American Community Academy emerged and is now a K–12 community school promoting diverse Native American languages, community service, and student-centered learning. Her primary experiences in her profession have focused on training models and policy development in intercultural communication, adolescent well-being, clinical pediatric care, school-based health centers, and increased access to nutritional foods for children. Chenoa Bah is passionate about being active with her family, hiking, being outdoors, and cooking.

Sharmaine Benally, L.C.S.W.



I am the Director of the Adolescent Care Unit at the Tséhootsooí Medical Center in Fort Defiance, Arizona, and a lifelong resident of the Diné Nation. I graduated from Shiprock High School and attended Fort Lewis College in neighboring Durango, Colorado, thereafter. I found that my life interest is in social work, in which I eventually obtained my bachelor's degree. I continued to pursue my graduate degree and graduated with a Master's in Social Work from Washington University in St. Louis, Missouri, in 2004. I am a Licensed Clinical Social Worker (L.C.S.W.) with the state of New Mexico and have been since 2004. My passion evolved through my experiences and has led me to work with Native American adolescents with trauma from various locations toward seeking a positive balance in their life, for which the Diné term is Hózhó. I have worked using Western

behavioral health practices (eye movement desensitization and reprocessing, trauma-based cognitive behavioral therapy, dialectical behavior therapy, motivational interviewing, and other psychotherapy forms) and traditional knowledge to journey with my patients to find balance in their lives. I have been a therapist since 2004, and my additional skills include working with developmentally disabled adults and as a Navajo Nation Child Protective Social Services Investigator, St. Louis Crisis Nursery Family advocate, librarian aid, radio broadcaster intern, on a private contract with a technical college, and other experiences that contributed to who I am. I firmly believe that we have to be multifarious because the range of healing comes in many forms and we have to meet the patients where they are at, Ahéheé.

Maria Yellow Horse Brave Heart, Ph.D.



Maria Yellow Horse Brave Heart, Ph.D., L.C.S.W. (Hunkpapa & Oglala Lakota), is Associate Professor and Director of Native American and Disparities Research at the University of New Mexico (UNM) Department of Psychiatry and Behavioral Sciences, Division of Community Behavioral Health. Dr. Brave Heart, a seasoned clinician, also provides psychotherapy through Indian Health Service Telebehavioral Health under a contract with the UNM Department of Psychiatry.

As Principal Investigator (PI), Dr. Brave Heart recently completed a National Institute of Mental Health–funded study, *Iwankapiya (Healing): Historical Trauma Practice and Group Interpersonal Psychotherapy for American Indians*, with Northern Plains reservation and Southwest urban sites. Currently, Dr. Brave Heart is one of four PIs for the National Institute of Minority Health and Health Disparities–funded *Transdisciplinary Research, Equity, and Engagement Center for Advancing Behavioral Health*.

Dr. Brave Heart was Associate Professor at Columbia University and the University of Denver and a clinical provider and supervisor at outpatient mental health clinics in reservation and urban areas, including South Dakota, Denver, Colorado, New Mexico, and New York. She is founding President/Director of the Takini Network/Institute, previously based in Rapid City, South Dakota, a Native collective devoted to community healing from intergenerational massive group trauma.

Dr. Brave Heart is Co-Chair of the Special Interest Group on Intergenerational Trauma and Resilience for the International Society for Traumatic Stress Studies. In 1992, Dr. Brave Heart developed and delivered the *Historical Trauma and Unresolved Grief Intervention*, recognized as a Tribal Best Practice by the First Nations Behavioral Health Association, the Pacific Substance Abuse and Mental Health Collaborating Council, and the Substance Abuse and Mental Health Services Administration. Dr. Brave Heart is a graduate of Smith College School for Social Work (Ph.D. in Clinical Social Work, 1995) and Columbia University (M.S., 1976). In 1994, she was honored as a Lakota woman leader at Kyle Fair on the Pine Ridge Reservation.

Patrick E. Calf Looking

Patrick E. Calf Looking, MS/MA/MAC/LAC, Blackfeet Nation, holds a Bachelor of Science in Business Administration (BSBA), Master of Science in Rehabilitation Counseling (MS) from Eastern Montana College, now known as Montana State University-Billings, Billings, Montana. Master of Arts in Counseling Psychology (MA), California School of Professional Psychology, San Diego, California. Master Addiction Counselor (MAC) with NAADAC, License Addiction Counselor (LAC), State of Montana. Mr. Calf Looking has over forty (40) years of experience in working in the field of Alcohol/Drugs as well as Mental Health. In this capacity, he has worked as an Administrator, Trainer, Mentor, and Clinician with adolescents and adult populations. Mr. Calf Looking is currently employed with the Bureau of Indian Education as a Substance Abuse Counselor Specialist at Blackfeet Boarding Dormitory, Browning, Montana.

Donna Galbreath, Ph.D.



Donna Galbreath, Ph.D., is Althet'setnay Ahtna Athabascan and is a family practice physician, senior medical director of quality assurance, and chief medical officer at Southcentral Foundation in Anchorage, Alaska. Known for the Nuka System of Care, Southcentral Foundation is the only health care organization to be recognized twice with the Malcolm Baldrige National Quality Award. Dr. Galbreath's mother instilled in her Althet'setnay values and beliefs, which included using plant medicine and traditional forms of healing. She was influenced by relatives who were traditional medicine practitioners, which led to her unique approach to health care. While her current position is administrative, she continues to practice medicine. Within her role she supports accreditation, compliance, quality, risk, and safety. Additionally, Dr. Galbreath serves in leadership roles at the Alaska Native Medical Center, an inpatient hospital, and

works closely with Tribal communities and their leadership concerning delivery of health care to remote sites. She is also involved in state and national level committees regarding Alaska Native and American Indian health. Dr. Galbreath frequently presents on best practices identified in the Nuka System of Care. She also shares how to integrate cultural beliefs and health priorities into the delivery of care.

Ethleen Iron Cloud-Two Dogs

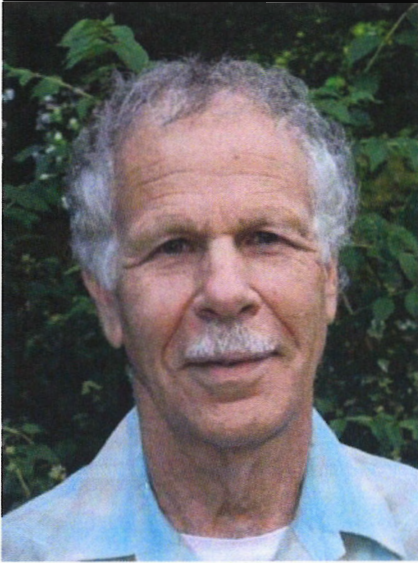


Sina Ikikcu Win (Takes the Robe Woman), **Ethleen Iron Cloud-Two Dogs** is an enrolled citizen of the Oglala Sioux Tribe and has Crow ancestry and counts among her many blessings her life companion, family, and many relatives. She lives in her home community of Porcupine, South Dakota, on the Pine Ridge Indian Reservation in South Dakota. Ethleen provides training and technical assistance locally and nationally to Tribal programs and communities in the areas of youth, family, and community development; mental health; education; suicide prevention; juvenile justice; and cultural development. She is a past Bush Foundation Fellow and serves on the Knife Chief Buffalo Nation Society Board of Directors, Anpo Wicahpi (Morning Star) Pine Ridge Girls' Preparatory School Board of Directors, and the

Rosalyn Carter Mental Health Task Force. Ethleen is a past member of the Bureau of Indian Education Advisory Committee for Children with Exceptional Education Needs and the First Nations Behavioral Health Association. She holds a bachelor's degree in business administration from Fort Lewis College; a Master of Science degree in counseling and human resources development from South Dakota State University, and she is currently a doctoral student at Colorado State University, with expected graduation in 2020. Ethleen considers herself a lifelong learner of human development, with a focus on cultural and indigenous traditional teachings.

Ethleen currently is on a leave of absence as the Chairperson and faculty member of the Graduate Studies Department, Oglala Lakota College in Kyle, South Dakota, to complete her doctoral degree. She also serves as a Training and Technical Assistance consultant to grantees from the Defending Children Initiative and the Tribal Law Policy Institute's Tribal Youth Program Resource Center. Ethleen has had the honor of consulting with various Tribal Nations and organizations on their community strengthening initiatives across the United States and in Canada. She also had the privilege of presenting a suicide prevention winter count drawn on a deer hide at the International Suicide Prevention Conference in Durban, South Africa. Her community volunteer work includes responding to children, youth, and girls who have experienced or have been exposed to trauma; including directing the Wakanyeja na Teca Woapiye Wicoti (Children and Youth Healing Camp), which is held annually for children and youth from the Pine Ridge Indian Reservation in South Dakota who have experienced or have been exposed to trauma.

Richard Katz, Ph.D.



A Harvard University Ph.D. in Clinical Psychology and Psychology Professor and researcher, **Richard Katz** has spent time over the last 50 years working with indigenous healers and elders around issues of health, healing, and community; including the hunting-gathering Ju/'hoansi of the Kalahari Desert, the Sicangu Lakota people of Rosebud in South Dakota, iTaukei/Fijians native to the Fiji Islands, and Cree and Saulteaux First Nations people in Saskatchewan. At the request of and under the guidance of these indigenous healers and elders, Dr. Katz has sought to honor the distinctive value of their indigenous approaches as a path toward serving those denied their rightful access, especially indigenous persons and communities.

His efforts have been threefold: first, to support the vitality and integrity of indigenous approaches to health and healing; second, to bring traditional indigenous teachings into contact with mainstream Western psychology so as to help revitalize that mainstream, making it more respectful of diversity, more supportive of social change, more committed to service, and more appreciative of the spiritual dimensions of health, healing, and community; and third, to emphasize patterns of respectful *collaboration* between indigenous and mainstream approaches rather than systems of *integration*, which too often submerge indigenous teachings.

These efforts are discussed in Dr. Katz's most recent book, *Indigenous Healing Psychology: Honoring the Wisdom of the First People*. Dr. Katz is presently a Professor Emeritus at the First Nations University of Canada, Saskatoon campus. He can be reached at: rkatz@firstnationsuniversity.ca

Tania Lafontaine, M.S.W.



Tania Lafontaine, M.S.W., is from George Gordons First Nation in Treaty 4 territory. She is a mother of four children. Tania has worked in First Nations and Métis health for the past 4 years and has a master's degree in social work. She has previously taught in the School of Indigenous Social Work at First Nations University.

Tania is passionate about creating culturally safe and health equity for all. In her spare time, Tania enjoys spending time with her family and friends.

Angela Michaud



Angela Michaud is a Chiropractor and the Senior Clinic Director of the Traditional Healing Clinic (THC) and Senior Director for Executive and Tribal Services for Southcentral Foundation (SCF), an Alaska Native customer-owned health care system. Prior to joining SCF, she earned her Bachelor of Science degree, with an emphasis on exercise sports science from Oregon State University, in Corvallis, Oregon, and received her Doctor of Chiropractic degree from Palmer College of Chiropractic in Davenport, Iowa. She is also a Certified Sports and Conditioning Specialist (CSCS).

Over the past 10 years, Angela has been very active in supporting SCF's Mission and Vision. Angela was part of the planning and implementation of the new expansion of the Wellness Center, which includes chiropractors, acupuncturists, massage therapists, physical therapists, clinical exercise specialists, and health educators, all under the same roof.

As the Traditional Healing Senior Clinic Director, she has worked with her team to develop a Tribal Doctor Training Program to help raise up our next generation of Tribal healers.

Angela resides in Anchorage, Alaska, with her husband and their three children. She focuses on teaching her children about their Tlingit Native culture, subsistence hunting and fishing, and health and wellness. She is also an owner and property manager of multiple real estate properties and helps with the management of her husband's chiropractic clinic as well.

Virgil D. Moorehead, Jr., Psy.D.

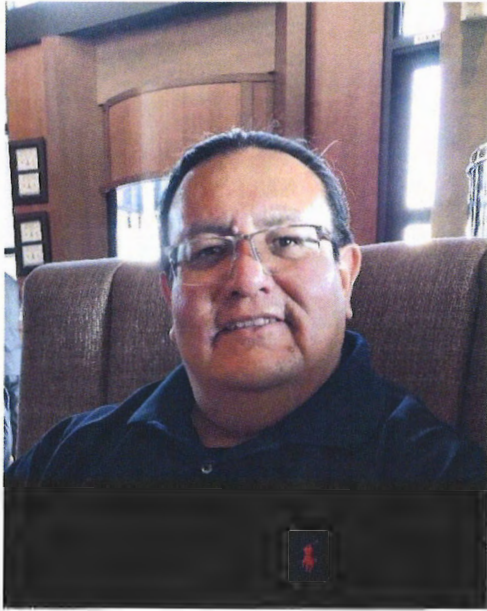


Virgil Moorehead, Jr., Psy.D., Licensed Psychologist, a member of the Big Lagoon Rancheria (Yurok and Tolowa), is director of Behavioral Health Services at Two Feathers Family Services in McKinleyville, California. A graduate of the University of California, Davis (B.A.) and California State University, Sacramento (M.A.), Dr. Moorehead received his Doctor of Psychology in Clinical Psychology from the Wright Institute in Berkeley, California, in 2015. During his graduate work, he completed his doctoral internship at the University of Michigan, Ann Arbor, and postdoctoral fellowship at Stanford University.

Dr. Moorehead's research focuses on developing and testing community-based strategies for health promotion with Native American communities.

Dr. Moorehead received the Richard Alan Smith Scholar's Award in 2015 for his work on Digital Storytelling with Urban Native Americans in Oakland, California, and the 19th Annual Anne Medicine Mentorship Award in 2017 for his work with Stanford Native American undergraduate and graduate students.

Lyle Noisy Hawk, Ph.D.



Lyle Noisy Hawk, Ph.D., is an enrolled member of the Oglala Lakota Sioux Tribe, and a native speaker of the Lakota language. Lyle holds a Ph.D. in counseling psychology from the University of Minnesota Twin Cities. He consults on Lakota wellness practices with the Medicine Horse Society.

Lisa Sundberg



Lisa Sundberg is Yurok and a tribal member of the Trinidad Rancheria in Northern California. She is the California representative and Chairman of the Tribal Advisory Committee (TAC) to the National Institute of Health (NIH). She also serves on the board of directors of United Indian Health Services (UIHS) that services 9 tribes in Northern California, and the California Rural Indian Health Board (CRIHB) servicing almost 50 tribes in the State of California. She is a former appointee to the Secretary of Interior commissioned to study and Investigate tribal governments and infrastructure. Her traditional background is rooted in the duties of medicine people which have her active in her traditional ceremonies.

She studied business administration and political science at Humboldt State & Sacramento State Universities. However, the education that prepared her the best for this work was being raised under her mother's tribal leadership wing, who was one of the longest seated chairwomen in the State of California and also the first female Chairwomen to the CA chairman's association representing 60 tribes nationally. She was schooled in tribal networking, fundraising, lobbying, advocating local and national issues impacting Indian Country including laws and policies in their respective verticals. She also is working the front lines of health care through being the primary caretaker to her mother who is now 87. This has inspired her to advocate for a higher standard of services our most respected population – our elders, and the issues impacting their quality of care in our health system. She has also experienced the impact of mental health and generational trauma in relationship to opioid addiction and alcoholism in her own family and she continues to advocate for these issues to get the most effective treatment physically, medically and emotionally, and educate the communities not to demonize people going through these conditions.

In her role at NIH she hopes to inspire Indian country to take a primary role in the science & research of many of their own issues impacting Indian communities; to also discover the true efficacy of indigenous medicines and practices and exercise their sovereignty to deploy these methods in a modern way including naturopaths, indigenous medicines & healers. She hopes this will include production of sustainable traditional plant medicines by tribes and sees that research & relevant grant funding to become more available for tribes for these reasons. It is further hoped these studies will lead to plant medicines and indigenous practices be allowed and in the Medicare/Medicaid/Insurance systems.

She is the mother of 4 and grandmother to 8 with lots of extended family. In her private life, she is a visionary and strategist where ever she lands. She is currently studying life coaching and her passion is B corporations that have impact to Indian communities and tribes reclaiming sovereignty especially in healing themselves in every way necessary.



2019 TRADITIONAL MEDICINE SUMMIT

November 20 – 22, 2019 | University of Colorado Anschutz | Aurora, CO

Planning and Facilitation Team Biosketches

Joseph P. Gone



Joseph P. Gone is an international expert in the psychology and mental health of American Indians and other indigenous peoples. A professor at Harvard University, Dr. Gone has collaborated with Tribal communities for 25 years to critique conventional mental health services and harness traditional culture and spirituality for advancing indigenous well-being. He has published more than 75 scientific articles and chapters and received recognition in his fields through several fellowships and career awards, including a year-long residency at the Center for Advanced Study in the Behavioral Sciences at Stanford University. A graduate of Harvard College and the University of Illinois, Dr. Gone also trained at Dartmouth College and McLean Hospital/Harvard Medical School. He is currently a Fellow of the Association for Psychological Science and of seven divisions of the American Psychological Association. An enrolled member of the *Aaniiih*-Gros Ventre Tribal Nation of Montana, he also served briefly as the Chief

Administrative Officer for the Fort Belknap Indian Reservation. In 2014, he was awarded a Guggenheim Fellowship. He is currently a Fellow in the Interdisciplinary Research Leaders Program of the Robert Wood Johnson Foundation.

Michelle Kahn-John, Ph.D., RN



Michelle Kahn-John, Ph.D., RN, a member of the Diné (Navajo) Nation, is a Clinical Associate Professor with the University of Arizona, College of Nursing. Dr. Kahn-John is a Psychiatric Nurse Practitioner and Geriatric Nurse Practitioner and has 20 years of clinical experience with the Indian Health Service on the Navajo Nation and with Alaska Natives in Sitka, Alaska. Dr. Kahn-John's research focuses on the protective relationship between American Indian cultural practices (language, stories, ceremony, spirituality) and the physical and psychological health of American Indian populations. She is currently the secretary for a Diné traditional healer organization on the Navajo Nation.

Dr. Kahn-John is working on the development of culturally tailored, strength-based health delivery methods for American Indian populations as she continues to advocate for innovative and culturally tailored health care delivery models. In her work with tribes, Michelle has served as the director of a large,

Indian Health Service mental health department (inpatient and outpatient) over a period of 7 years and was successful in establishing an integrated model of health care delivery that combined Diné Traditional healing interventions alongside western medicine at the Fort Defiance Indian Hospital in Arizona. She was instrumental in establishing the first inpatient adolescent psychiatric unit on the Navajo Nation (also an integrated model). She has skills and experience as an instructor, a clinician, a health care administrator, a program developer, and a researcher. Her cultural insights lend to her expertise on the development of tailored, individualized, and culturally relevant, health-related health and wellness options for American Indians.

Donald Warne, M.D., M.P.H.
(*Oglala Lakota*)



Donald Warne, M.D., M.P.H., is the Associate Dean of Diversity, Equity and Inclusion, the Director of the Indians Into Medicine (INMED) and Master of Public Health Programs, and Professor of Family and Community Medicine at the School of Medicine and Health Sciences at the University of North Dakota. He also serves as the Senior Policy Advisor to the Great Plains Tribal Chairmen's Health Board in Rapid City, South Dakota. Dr. Warne is a member of the *Oglala Lakota* tribe from Pine Ridge, South Dakota, and comes from a long line of traditional healers and medicine men. He received his M.D. from Stanford University School of Medicine and his M.P.H. from Harvard T.H. Chan School of Public Health. His work experience includes several years as a primary care physician with the Gila River Health Care Corporation in Arizona; Staff Clinician with the National Institutes of Health; Indian Legal Program Faculty with the Sandra Day O'Connor

College of Law at Arizona State University; Health Policy Research Director for Inter Tribal Council of Arizona; Executive Director of the Great Plains Tribal Chairmen's Health Board; and Chair of the Department of Public Health at North Dakota State University.

Professional activities include—

- Member, National Board of Trustees, March of Dimes
- Member, Health Disparities Subcommittee of the Advisory Committee to the Director of the Centers for Disease Control and Prevention
- Member, Board of Directors, Public Health Foundation

David Cournoyer

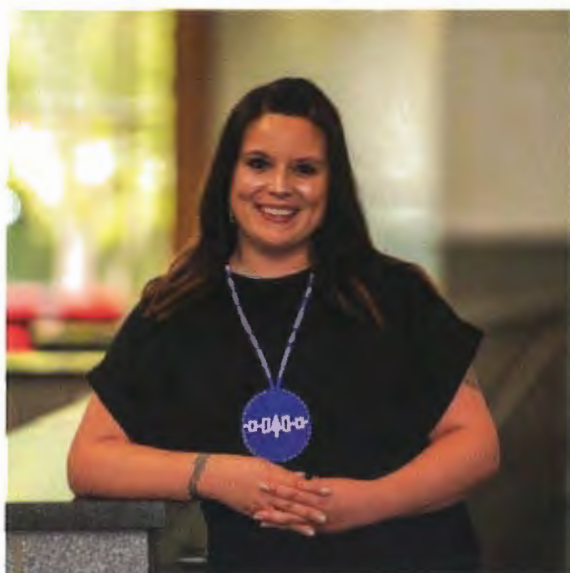


David Cournoyer is a story weaver who helps connect people to each other and to new ideas. He is dedicated to sharing stories, especially about people expressing their strengths and life lessons. David's career began in television news, where he covered events like the Oklahoma City bombing trials, hurricanes, and space shuttle launches.

He has worked for local TV stations, as well as nationally for CBS News and Fox News Channel. David transitioned to nonprofit communications, first for the American Indian College Fund and then the W.K. Kellogg Foundation. Since then, he has been passionate about human development and network-building, as a staff member in philanthropy and, since 2010, as an independent consultant based in St. Paul, Minnesota. Clients include foundations, nonprofit organizations, and public and Tribal agencies. David also is an active volunteer, including board service for First Peoples Fund and the Minneapolis American Indian Center. The father

of two daughters, he is an enrolled member of the Rosebud Sioux Tribe.

Jill Fish



Jill Fish is a Ph.D. candidate in the Counseling Psychology Program in the Department of Psychology at the University of Minnesota Twin Cities. She is a member of the Tuscarora Nation of the Haudenosaunee Confederacy of New York, which is where she was born and raised. As a researcher and clinician, Jill focuses on the integration of science, practice, and culture in Native American communities. This started at the beginning of her doctoral work when she created an adaptation of the ecological systems model (Bronfenbrenner, 1979) that emphasizes the role of culture and history in the development of Native peoples, which she refers to as an *Indigenist Ecological Systems Model*. Jill has been invited by various organizations to discuss implications of the

Indigenist Ecological Systems Model on the health and well-being of Native peoples, including through a TEDxTalk. The most recent application of this model can be seen in her dissertation, in which Jill facilitated a series of digital storytelling workshops in urban Native communities, in what has been referred to as *the Native American Digital Storytelling Project*. Over the course of the project, she facilitated 22 workshops with over 75 Native community members. During the workshops, community members were encouraged to write a narrative about their life, culture, and history; to record an audio voiceover of their story; and to integrate it with their pictures, videos, and music—resulting in a 5- to 8-minute digital story empowering community members' voices and lived experiences. In addition to research, Jill has worked as a clinician at the Indian Health Board with clients across the life span from a culturally and trauma-informed perspective. This work inspired Jill to facilitate group psychotherapy in the format of a talking circle for Native students at the University of Minnesota for three semesters, which was made possible through an organizational partnership with administrative officials.

At present, Jill is completing her clinical internship at Hennepin Healthcare, a Level I Trauma Center and safety net hospital in Minneapolis that serves a majority-minority patient population. Prior to attending the University of Minnesota, Jill received her M.S. in mental health counseling from the State University of New York, Buffalo, and her B.A. in psychology and philosophy from Niagara University. She expects to complete her degree in August 2020.



NCCIH Speakers Biosketches

Cassandra Quave



Cassandra Quave is Curator of the Emory University Herbarium and Assistant Professor of Dermatology and Human Health at Emory University, where she leads antibiotic drug discovery research initiatives and teaches undergraduate courses on medicinal plants, food, and health. Trained as a medical ethnobotanist, her research focuses on the documentation and biochemical analysis of botanical remedies used in the traditional treatment of infectious and inflammatory skin disease. She earned her B.S. in biology and anthropology from Emory University in 2000 and her Ph.D. in biology from Florida International University in 2008, and she completed postdoctoral fellowships in microbiology at the University of Arkansas for Medical Sciences (2009–2011) and Human Health at Emory University (2012). Her research has been supported by the National Institutes of Health (T32, F31, F32, R01, R21s), Fortune 100 industry contracts, and philanthropy. To date, she has authored 58 original research articles, 12 review articles, 19 book chapters, two edited books, and six patents. She uses her podcast “Foodie Pharmacology” to engage with the public on the topics of food, health, and the food-medicine continuum. Dr. Quave is the co-founder and CEO/CSO of PhytoTEK LLC, a drug discovery company dedicated to developing solutions from botanicals for the treatment of recalcitrant antibiotic-resistant infections. She is a Past President of the Society for Economic Botany, an international society with the mission of fostering research and education on the past, present, and future uses of plants by people. She is a Fellow of the Explorers Club and a recipient of the Emory Williams Teaching Award and Charles Heiser, Jr. Mentor Award. Her research has been profiled in *The New York Times Magazine*, *BBC Focus*, *National Geographic*, *Brigitte*, National Geographic Channel, National Public Radio, and several major news outlets, including *The Washington Post*, *The Telegraph*, CBS News, and NBC News.

Peter Wayne, Ph.D.



Peter Wayne, Ph.D., is a researcher and practitioner in the field of integrative and mind-body medicine. Dr. Wayne is an Associate Professor of Medicine at Harvard Medical School (HMS) and both Director of Research and Center Interim Director for the Osher Center for Integrative Medicine, jointly based HMS and Brigham and Women's Hospital. The primary focus of Dr. Wayne's research is evaluating how mind-body and related integrative medicine practices clinically impact aging and chronic health conditions and understanding the physiological and psychological mechanisms underlying observed therapeutic effects. He has served as a principal or co-investigator on more than 25 NIH-funded studies. His research has evaluated the impact of therapies such as Tai Chi, Qigong, acupuncture and chiropractic on diverse medical issues including balance disorders, Parkinson's disease, heart failure, cancer, back pain, migraine headaches and healthy aging. Dr. Wayne has more than

40 years of training experience in Tai Chi and Qigong and is an internationally recognized teacher of these practices. He is author of the *Harvard Medical School Guide to Tai Chi*, which received an Award of Excellence in Medical Communication by the American Medical Writers Association.
