
NIH Internship Opportunities

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Programs At a Glance

- Summer
 - CCSEP/SOAR
 - Amgen Scholars at NIH
 - G-SOAR
- Year-round
 - UGSP
 - NAEP



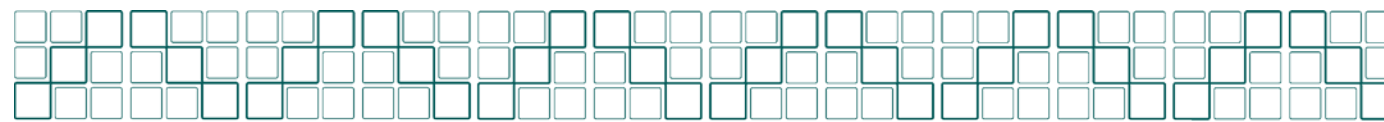
Critical Features of OITE-Sponsored NIH Training Programs

- Orientation program focused on understanding expectations and building resilience
- Weekly curriculum and meeting with program leadership
- Focus on success at the appropriate academic level
- 360° mentoring across programs
- Access to academic and wellness advising
- Ease of progression from one program to another
- Flexibility as interests change
- Coordination with OITE Mentoring Award and mentor training program



Resilience Program for OITE Interns

- Taught as knowledge, behaviors and attitudes to build a “resiliency toolkit” or “resiliency practice”
- Two important micro-messages:
 - Resilient people prepare to be resilient
 - Resilience = people + process
- Topics include:
 - Fostering a growth mind-set
 - Rebutting imposter fears and other “negative head-tapes”
 - Dealing with adversity and set-back
 - Staying open to feedback
 - Dealing with conflict
 - Holistic self-care
 - Self-awareness and emotional intelligence



SIP or a SIP-Subprogram?

■ NIH SIP

- Students with extensive prior research experience

■ CCSEP/SOAR

- Students in tribal and community college or who transferred from a tribal/community college to a 4-year college
- Students in 4-year college who 1st generation college students and/or are Pell grant eligible
- Students in 4-year colleges who have experienced significant barriers to success

■ Amgen Program at NIH

- For college students interested in going to graduate school
- Focus is on leadership and health disparities training
- Trainees supported by Amgen Foundation



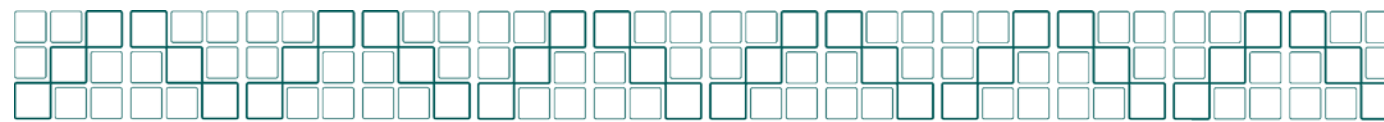
The Undergraduate Scholarship Program (UGSP)

- Provides up to \$20,000/yr to cover educational expenses for undergraduates who meet specific eligibility criteria:
 - ❑ U.S. citizen or permanent resident
 - ❑ GPA ≥ 3.3
 - ❑ Extreme financial need
 - ❑ Major in a field relevant to biomedical research
- All UGSP Scholars
 - ❑ Participate in SIP the year following the scholarship year
 - ❑ Must work in the NIH IRP for one year in return for each scholarship year



NIH Intramural Postbac Programs

- Paid internships in an NIH intramural research group
- Eligibility requirements
 - US citizen or permanent resident
 - Graduated from a U.S. college or university
- All postbacs are eligible to apply to participate in the NIH Academy
 - A health disparities training program for NIH Postbacs
 - Different time commitments for Fellows and Certificate Program students



The NIH Academy Enrichment Program

- A cadre of NIH Academy Postbacs **funded by the NIH OITE**; the NAEP puts a strong emphasis on career development, leadership and mentorship (in and outside of the research space)
- All NAEP Scholars
 - participate in the NIH Academy during their first year
 - attend a two-day orientation
 - Work with OITE staff on placement with an approved postbac mentor
 - Participate in a supportive learning community throughout the year (or two)
- Email Sharon and apply to **both** the Postbac IRTA and the NIH Academy for consideration



- Can't decide what program suits your students? Email me (milgrams@od.nih.gov), or better yet, encourage your student to email me
- Visit www.training.nih.gov for career development videos, resources and more information on our career development programs