TELLING OUR STORIES
HEEDING THE ManDATE
MAY 25, 2016

NICOLAS & BRANDON’S STORY

#TELLINGOURSTORIES #FEDPRIDE2016
TELLING OUR STORIES
HEEDING THE MandATE
MAY 25 2016

WELCOME
Jim Anderson, Ph.D., M.D.
Director, Division of Program Coordination, Planning, and Strategic Initiatives

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TELLING OUR STORIES
HEEDING THE ManDATE
THE STATE OF BLACK GAY MEN’S HEALTH
Leo Moore, M.D., MSHPM
Clinical Scholar, Robert Wood Johnson Clinical Scholar Program

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The State of Black Gay Men’s Health
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<tr>
<td><strong>OBJECTIVES</strong></td>
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<tr>
<td>1</td>
<td>Provide an overview of the ManDate Health Model.</td>
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<td>2</td>
<td>Define intersectionality and the ways in which being both Black and Gay may effect the disparities these men encounter.</td>
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<td>3</td>
<td>Discuss the drivers of health disparity and how they impact the most common and critical health disparities affecting Black gay men.</td>
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<td>4</td>
<td>Define resilience and the sources from which Black men continue to thrive in oppressive systems.</td>
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The State of Black Gay Men’s Health
INTERSECTIONALITY

Kimberle' Crenshaw, 1989

The State of Black Gay Men's Health
<table>
<thead>
<tr>
<th>Black</th>
<th>Gay</th>
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<tr>
<td>POVERTY</td>
<td>OBSEITY</td>
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<tr>
<td>EDUCATION</td>
<td>SEXUAL PREJUDICE</td>
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<td>EMPLOYMENT</td>
<td>HIV/STIs</td>
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<td>INSURANCE</td>
<td>ACCESS TO HEALTH CARE</td>
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<td>CHRONIC DISEASE</td>
<td>CHRONIC DISEASE</td>
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<td>HOMICIDE</td>
<td>MENTAL HEALTH</td>
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<td>INCARCERATION</td>
<td>HOMELESSNESS</td>
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<td>ALCOHOL/SUBSTANCE ABUSE</td>
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The State of Black Gay Men’s Health
DRIVERS OF HEALTH DISPARITIES

Poverty
- Incarceration
- Unemployment
- Crime
- Delayed Diagnosis and/or Treatment
- Unprotected Sex

Racism
- Mistrust of Healthcare Systems
- Unsafe Neighborhoods
- Increased Risk of HIV & STIs

The State of Black Gay Men’s Health
Life Expectancy

Black men have a life expectancy that is almost five years less than white men.

Promising Findings: Gap may be narrowing

The State of Black Gay Men's Health

Clinical care experiences

29% of Black men experience racial & sexual orientation stigma from healthcare providers

60% of Black MSM have not discussed their sexuality with their doctors (vs. 19% of white MSM)
BLACK GAY MEN’S MENTAL HEALTH

Effects of discrimination, harassment & internalized homonegativity

Mental health stigma persists

Lack of access to mental health providers due to socio-economic factors
HOMOPHOBIA & ACTS OF VIOLENCE AGAINST BLACK GAY MEN

Hate crimes perpetuate stigma and internalized homonegativity in black gay men.
BLACK GAY MEN & HIV

likely to have condomless sex

fewer sex partners

likely to recently be tested and test repeatedly

3X greater odds to be HIV +
WHY THE DISPARITY IN HIV RATE?


The State of Black Gay Men’s Health
TELLING OUR STORIES
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AN OVERVIEW OF THE ManDATE
DARRYL! MOCH TERRANCE PAYTON
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MISSION

Project Healthy Living (PHL) was developed as a working group of black gay/bisexual/same gender loving (SGL) men from the D.C. community to help address and combat unique challenges we face.

Our goal is to improve sexual health outcomes and influence healthy choices for black gay men and their sexual networks through a series of interventions that aim for risk reduction and increased access to testing, care and treatment.
ManDate aims to create a safe and supportive space for black gay/bisexual/same gender loving men to come together and discuss important and unique challenges.

ManDate focuses on promoting holistic health knowledge, positive health habits & valuable information for its participants.

ManDate provides a safe and supportive forum for black gay/bisexual/same gender loving men to discuss challenges and share best practices.
ManDATE Health Model

SOCIAL

PHYSICAL

PSYCHOLOGICAL

INTELLECTUAL

SPIRITUAL

FINANCIAL

POLITICAL

SEXUAL

EMOTIONAL
TELLING OUR STORIES
What did you enjoy most about ManDate?
Why Target Black Gay Men?

**LACK of PROGRAMS**

There are few evidence-based interventions (EBIs) developed by or for black gay men that address both STD and HIV risk and related health-promotion behaviors.

**SOCIAL RISK FACTORS**

Many struggle with a perceived negative self-image, discrimination, homophobia, isolation, lack of support systems, and consequently develop varying levels of stress and distress.

**BEHAVIORAL RISK FACTORS**

Evidence points to unique social and physical barriers that prevent black gay men from engaging in healthy behaviors and general wellbeing.

**HIV and OTHER STIs**

Black gay men account for a significant number of existing and new HIV infections and other STIs and is the demographic group most disproportionately affected by the virus.
ManDate is currently laying the groundwork to expand to other jurisdictions, with an anchor site located in Washington, D.C., Maryland, Virginia, North Carolina, South Carolina, Atlanta, Georgia and Jackson, Mississippi.
Benefits of Implementation

**Benefits to Public Health**
Black gay men who participate in ManDate and eventually take steps to reduce their personal risk behaviors will hopefully translate into better overall health outcomes and reduced HIV and STD incidence and prevalence among members of the population at large.

**Benefits to the Community**
Implementation of ManDate can help to raise awareness about the importance of STD and HIV prevention, testing, and treatment among black gay men beyond those who participate in the intervention (i.e., partners and friends).

**Benefits to Your Agency**
Successful implementation of ManDate provides your agency with multiple opportunities to build positive relationships with black gay/bisexual/same gender loving men, increase support for your agency among their communities, and opens the door for additional prevention activities with that population.

**Benefits to Participant**
Black gay men who participate in ManDate may assume a more active role in reducing their personal risk for HIV and STDs and engaging in health promotion behaviors. ManDate creates an environment in which participants can form supportive relationships with other black gay men who are also working to change their HIV and STD risk behaviors, and work together to maintain changes over time.
2014 Participant Data on Benefits of Implementation

- **67%**
  - Percentage of participants who reported increased access to accurate & current health information, especially HIV as a result of attending ManDate.

- **72%**
  - Percentage of participants who reported development of realistic strategies to bring awareness of health issues affecting black gay men as a result of attending ManDate.

- **72%**
  - Percentage of participants who reported thinking more carefully about sexual choices & paying more attention to their overall health and wellbeing as a result of attending ManDate.

- **90%**
  - Percentage of participants who reported feeling an increased sense of community among black gay/bisexual/same gender loving men.

www.themandate-dc.com
TIMELINE

YEAR 1
JAN. 2012 - FEB 2013

YEAR 2
MAR. 2013 - JAN 2014

YEAR 3
FEB. 2014 - SEPT 2014

YEAR 4
JAN. 2015 - MAY 2015

DATA COLLECTION TOOLS

BEHAVIORAL SURVEY

QUICK RESPONSE QUESTIONNAIRE

IMPACT SURVEY

CONFERENCE EVALUATION

OTHER SPECIAL SESSION SURVEYS

THE MANDATE
To what extent did the participants agree with the following statements?

- Attending has allowed me to develop realistic strategies to bring awareness to health issues affecting black gay men
  - Strongly Disagree: 4.7%
  - Somewhat Disagree: 23.3%
  - Neither Agree or Disagree: 34.9%
  - Somewhat Agree: 37.2%

- Attending has increased my access to accurate and current health information, especially concerning HIV
  - Strongly Disagree: 4.7%
  - Somewhat Disagree: 27.9%
  - Neither Agree or Disagree: 34.9%
  - Somewhat Agree: 32.6%

- Attending has inspired me to think more carefully about my sexual choices
  - Strongly Disagree: 2.3%
  - Somewhat Disagree: 25.6%
  - Neither Agree or Disagree: 41.9%
  - Somewhat Agree: 30.2%

- Attending has made me pay more attention to my overall health and well being
  - Strongly Disagree: 4.7%
  - Somewhat Disagree: 23.3%
  - Neither Agree or Disagree: 48.8%
  - Somewhat Agree: 23.3%
As a result of your participation in the ManDate sessions, have the following increased, decreased or stayed the same?

**Sense of Community**
- Has increased: 52.2%
- Has stayed: 37.0%
- Has decreased: 10.9%

**Feelings of Stigma**
- Has increased: 42.2%
- Has decreased: 4.4%
- Has stayed: 8.9%
- Has increased substantially: 15.6%
- Has decreased substantially: 28.9%

**Self-Acceptance and Self-Esteem**
- Has increased: 26.1%
- Has decreased: 21.7%
- Has stayed: 50.0%
- Has increased substantially: 2.2%
Condom Use: Before vs. After Attending ManDate

- **Condom Use Prior to ManDate**
  - Never (0% of the time): 28.3%
  - Sometimes (under 50% of the time): 10.9%
  - Always (100% of the time): 28.3%
  - Most of the time (over 50% of the time): 32.6%

- **Condom Use As a Result of ManDate**
  - Never (0% of the time): 23.9%
  - Sometimes (under 50% of the time): 6.5%
  - Always (100% of the time): 45.7%
  - Most of the time (over 50% of the time): 23.9%
To what extent did participants agree with the following statements?

- I look forward to attending future ManDate sessions: 64.4% Strongly Agree, 25.6% Somewhat Agree, 10.3% Neither Agree or Disagree, 2.6% Somewhat Disagree, 0.3% Strongly Disagree.

- I feel comfortable and safe speaking about whatever is on my mind at ManDate: 55.3% Strongly Agree, 31.6% Somewhat Agree, 7.9% Neither Agree or Disagree, 3.9% Somewhat Disagree, 0.0% Strongly Disagree.

- The information discussed in the sessions I attended was relevant to me: 51.3% Strongly Agree, 41.0% Somewhat Agree, 5.1% Neither Agree or Disagree, 3.9% Somewhat Disagree, 0.0% Strongly Disagree.
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HEEDING THE MandATE

IN HIS OWN WORDS

JOSEPH REAVES

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HEEDING THE ManDATE MAY 25 2016
QUESTIONS AND ANSWERS
#TELLINGOURSTORIES #FEDPRIDE2016
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UPCOMING EVENTS

Catalyzing Efforts to Collect Sexual & Gender Minority Health Research & Workforce Data
08 June 2016 | Natcher, Balcony A | 1:00PM – 3:00PM

Fostering an Inviting Workplace for Transgender & Gender Nonconforming Employees
14 June 2016 | Building 31, C-Wing Room 7 | 1:00PM – 2:30PM
register at: edi.nih.gov/training/upcoming-training

Health Care & Research for the Transgender Community
30 June 2016 | Masur Auditorium, Building 10 | 10:00AM – 11:30AM
edi.nih.gov/pride

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