



TELLING OUR  
**STORIES**

HEEDING **MAY**<sup>25</sup>  
THE ManDATE 2016

10:00A.M.- 11:30A.M. PORTER, BUILDING 35, RM 640

#TELLINGOURSTORIES #FEDPRIDE2016



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HEEDING THE ManDATE **MAY**<sup>25</sup>  
2016



**NICOLAS & BRANDON'S STORY**

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2016

WELCOME  
**Jim Anderson, Ph.D., M.D.**  
*Director, Division of Program Coordination, Planning, and Strategic Initiatives*

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FRAMING THE CONVERSATION  
**Preston D. Mitchum, J.D., LL.M.**  
*Policy Analyst, Center for Health and Gender Equity (CHANGE)*

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THE STATE OF BLACK GAY MEN'S HEALTH

**Leo Moore, M.D., MSHPM**

*Clinical Scholar, Robert Wood Johnson Clinical Scholar Program*

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# The State of Black Gay Men's Health

# OBJECTIVES

1

Provide an overview of the ManDate Health Model.

2

Define intersectionality and the ways in which being both Black **and** Gay may effect the disparities these men encounter.

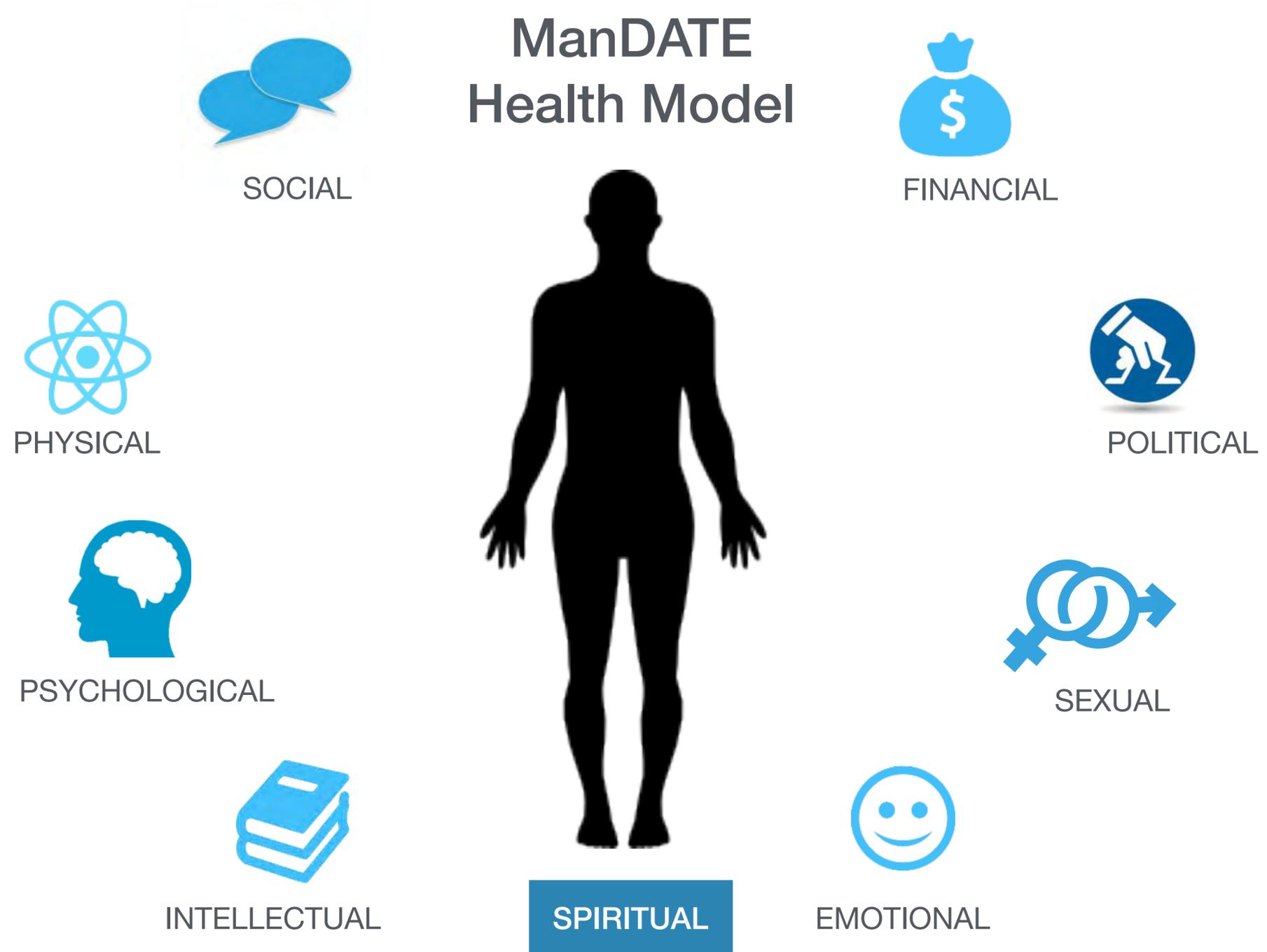
3

Discuss the drivers of health disparity and how they impact the most common and critical health disparities affecting Black gay men.

4

Define resilience and the sources from which Black men continue to thrive in oppressive systems.

# ManDATE Health Model



**The State of Black Gay Men's Health**

# INTERSECTIONALITY



Kimberle' Crenshaw, 1989

**The State of Black Gay Men's Health**

# INTERSECTING DISPARITIES

**Black**

**Gay**

**POVERTY**

**OBSEITY**

**SEXUAL PREJUDICE**

**EDUCATION**

**EMPLOYMENT**

**INSURANCE**

**HIV/STIs**

**ACCESS TO HEALTH CARE**

**CHRONIC DISEASE**

**HOMICIDE**

**SUICIDE**

**CHILDHOOD CHRONIC DISEASE**

**MENTAL HEALTH**

**HOMELESSNESS**

**INCARCERATION**

**ALCOHOL/SUBSTANCE ABUSE**

# DRIVERS OF HEALTH DISPARITIES

**Incarceration**

Mistrust of  
Healthcare Systems

**Poverty**

**Unemployment**

Crime

**Racism**

**Delayed Diagnosis  
and/or Treatment**

Unsafe Neighborhoods

Unprotected Sex

**Increased Risk of  
HIV & STIs**

# LIFE EXPECTANCY

5 >

Black men have a life expectancy that is almost five years less than white men.

Promising Findings: Gap may be **NARROWING**

Arias E. National Vital Statistics Reports, 2014.

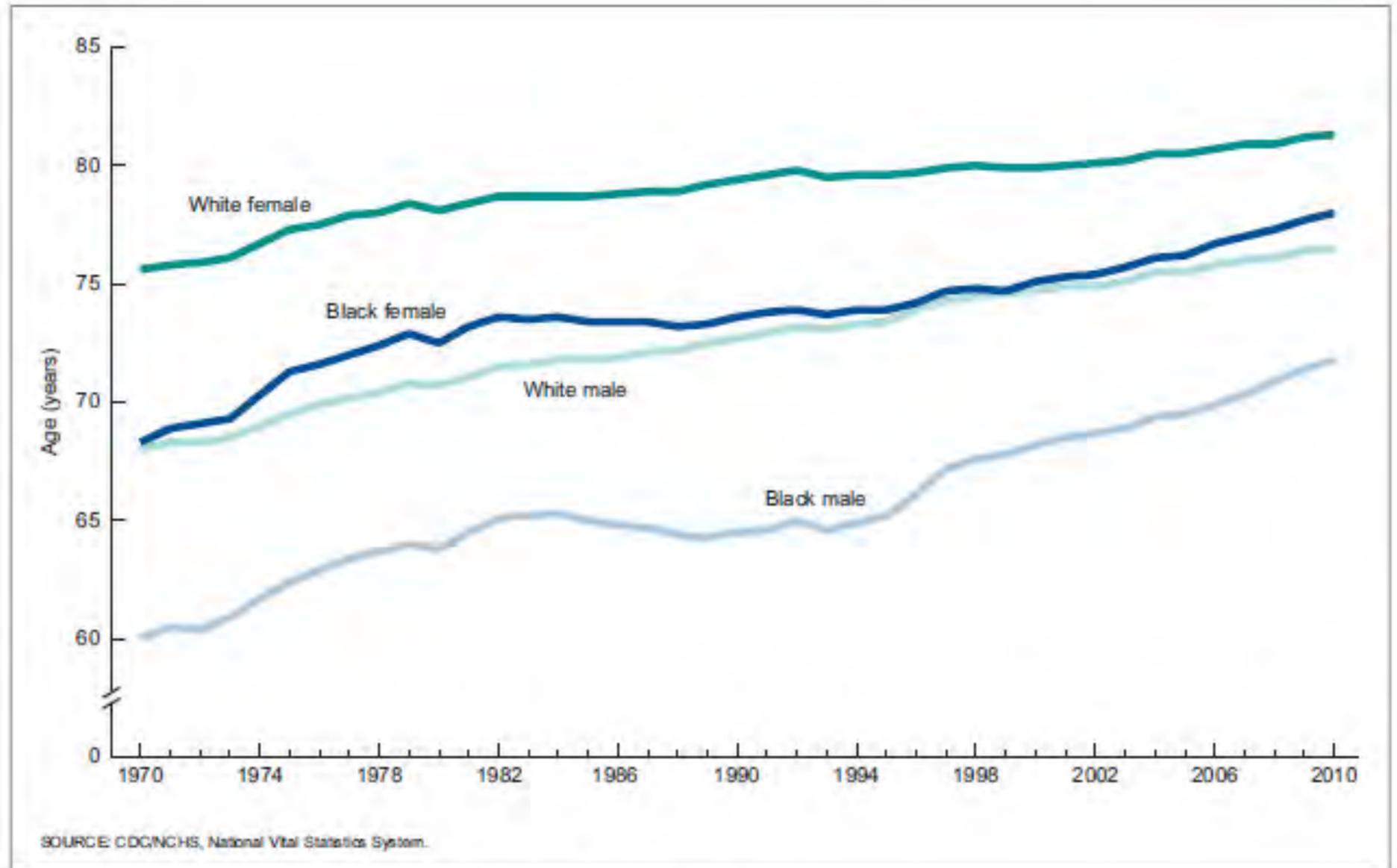


Figure 1. Life expectancy at birth by race and sex: 1970-2010

# CLINICAL CARE EXPERIENCES

**29%** of Black men experience racial & sexual orientation stigma from healthcare providers

**60%** of Black MSM have not discussed their sexuality with their doctors (vs. 19% of white MSM)



# BLACK GAY MEN'S MENTAL HEALTH

Effects of discrimination,  
harassment & internalized homonegativity

Mental health stigma persists

Lack of access to mental health providers  
due to socio-economic factors



# HOMOPHOBIA & ACTS OF VIOLENCE AGAINST BLACK GAY MEN

Hate crimes perpetuate stigma and internalized homonegativity in black gay men.



**The State of Black Gay Men's Health**

# BLACK GAY MEN & HIV



likely to have condomless sex



fewer sex partner

likely to recently be tested and  
test repeatedly

**3X** greater odds  
to be **HIV +**



# WHY THE DISPARITY IN HIV RATE?



**Broad Structural,  
Social & Economic  
Factors**



**Psychosocial  
Factors**



**Social/Contextual  
Factors**



**Behavioral  
Factors**

Source: Millett, G. A. et al. (2012). of disparities and risks of HIV infection in black and other men who have sex with men in Canada, UK, and USA: a meta-analysis. The Lancet, 380(9839), 341-348.



# RESILIENCE

Mind and Self

Racial Identity

Queer Spaces

Trust

Family

Religion



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AN OVERVIEW OF THE ManDATE

**DARRYL! MOCH  
TERRANCE PAYTON**

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***THE MAMDATE***

**OUR COMMUNITY | OUR DESIGN**

## MISSION

- ① Project Healthy Living (PHL) was developed as a working group of black gay/bisexual/same gender loving (SGL) men from the D.C. community to help address and combat unique challenges we face.
- ② Our goal is to improve sexual health outcomes and influence healthy choices for black gay men and their sexual networks through a series of interventions that aim for risk reduction and increased access to testing, care and treatment.

# PROGRAM FOCUS



## BUILDING COMMUNITY

ManDate aims to create a safe and supportive space for black gay/ bisexual/ same gender loving men to come together and discuss important and unique challenges.



## PROMOTING HEALTH

ManDate focuses on promoting holistic health knowledge, positive health habits & valuable information for its participants.



## FOSTERING COMMUNICATION

ManDate provides a safe and supportive forum for black gay/ bisexual/ same gender loving men to discuss challenges and share best practices.

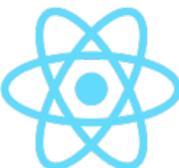
# ManDATE Health Model



SOCIAL



FINANCIAL



PHYSICAL



POLITICAL



PSYCHOLOGICAL



SEXUAL



INTELLECTUAL



SPIRITUAL



EMOTIONAL

# TELLING OUR STORIES



# What did you enjoy most about ManDate?



# Why Target Black Gay Men?

## LACK of PROGRAMS

There are few evidence-based interventions (EBIs) developed by or for black gay men that address both STD and HIV risk and related health-promotion behaviors.

## SOCIAL RISK FACTORS

Many struggle with a perceived negative self-image, discrimination, homophobia, isolation, lack of support systems, and consequently develop varying levels of stress and distress.

## BEHAVIORAL RISK FACTORS

Evidence points to unique social and physical barriers that prevent black gay men from engaging in healthy behaviors and general wellbeing.

## HIV and OTHER STIs

Black gay men account for a significant number of existing and new HIV infections and other STIs and is the demographic group most disproportionately affected by the virus.

# EXPANSION

ManDate is currently laying the groundwork to expand to other jurisdictions, with an anchor site located in Washington, D.C., Maryland, Virginia, North Carolina, South Carolina, Atlanta, Georgia and Jackson, Mississippi.



# Benefits Of Implementation



## **BENEFITS TO PUBLIC HEALTH**

Black gay men who participate in ManDate and eventually take steps to reduce their personal risk behaviors will hopefully translate into better overall health outcomes and reduced HIV and STD incidence and prevalence among members of the population at large.



## **BENEFITS TO THE COMMUNITY**

Implementation of ManDate can help to raise awareness about the importance of STD and HIV prevention, testing, and treatment among black gay men beyond those who participate in the intervention (i.e. partners and friends).



## **BENEFITS TO YOUR AGENCY**

Successful implementation of ManDate provides your agency with multiple opportunities to build positive relationships with black gay/bisexual/same gender loving men, increase support for your agency among their communities, and opens the door for additional prevention activities with that population.

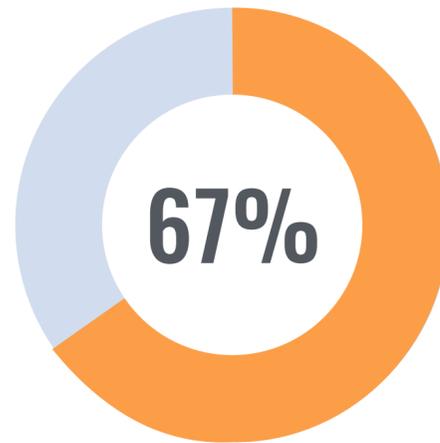


## **BENEFITS TO PARTICIPANT**

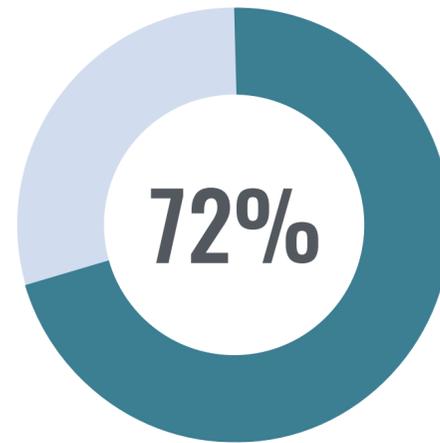
Black gay men who participate in ManDate may assume a more active role in reducing their personal risk for HIV and STDs and engaging in health promotion behaviors. ManDate creates an environment in which participants can form supportive relationships with other black gay men who are also working to change their HIV and STD risk behaviors, and work together to maintain changes over time.



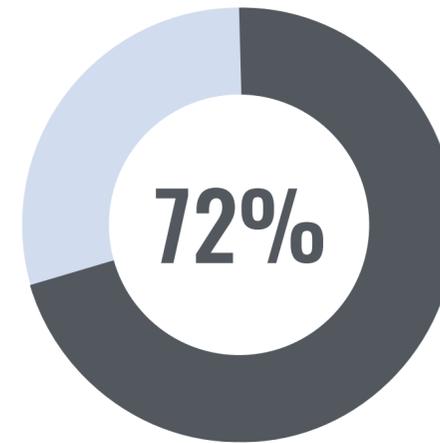
## 2014 Participant Data on Benefits of Implementation



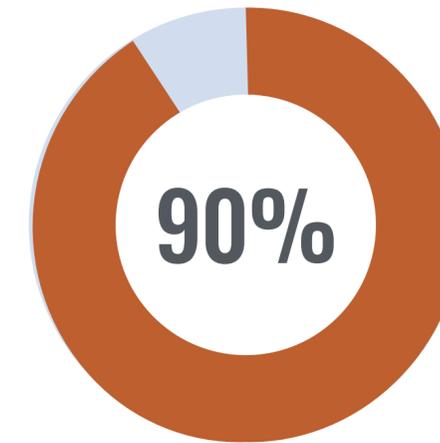
Percentage of participants who reported increased access to accurate & current health information, especially HIV as a result of attending ManDate.



Percentage of participants who reported development of realistic strategies to bring awareness of health issues affecting black gay men as a result of attending ManDate.



Percentage of participants who reported thinking more carefully about sexual choices & paying more attention to their overall health and wellbeing as a result of attending ManDate.

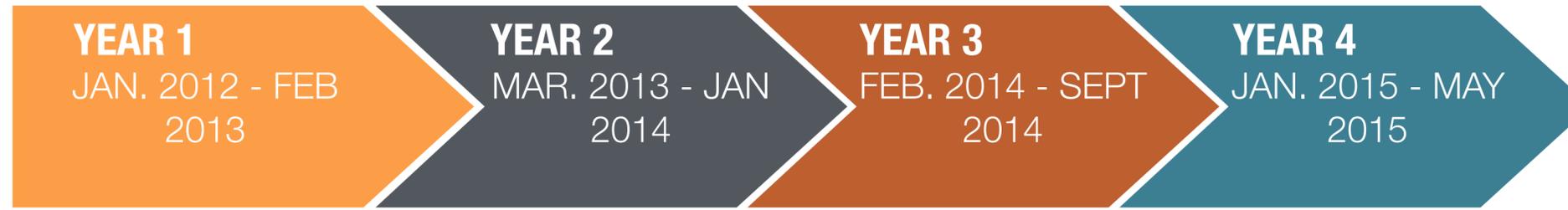


Percentage of participants who reported feeling an increased sense of community among black gay/bisexual/same gender loving men.

[www.themandate-dc.com](http://www.themandate-dc.com)

# HIGHLIGHTS OF *THE MAMDATE* DATA

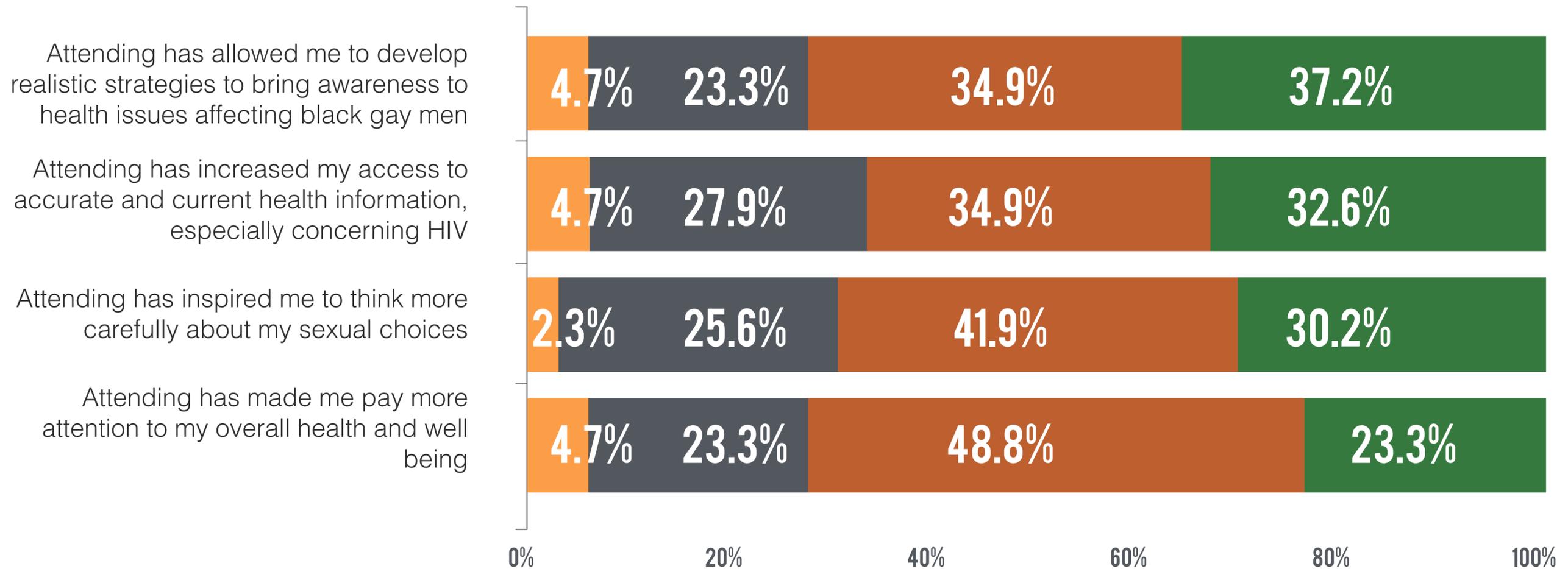
## TIMELINE



## DATA COLLECTION TOOLS

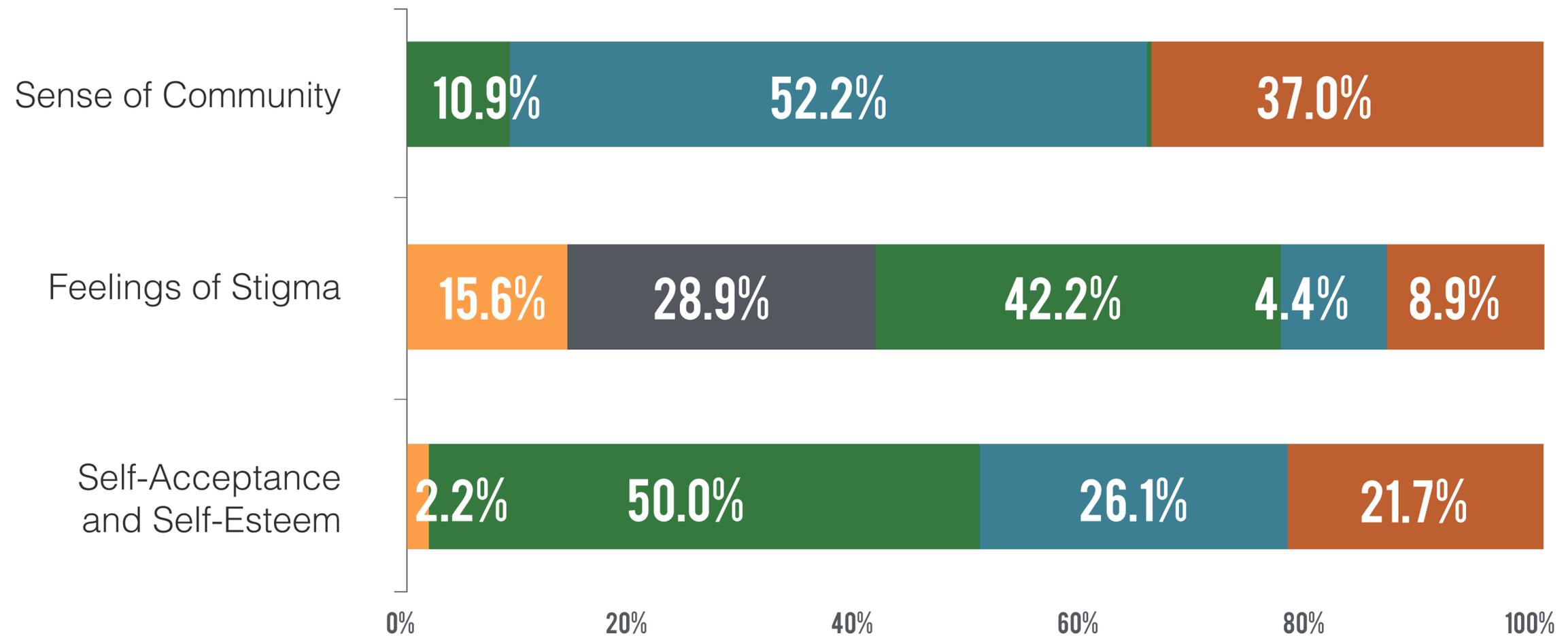


## To what extent did the participants agree with the following statements?



■ Strongly Disagree 
 ■ Somewhat Disagree 
 ■ Neither Agree or Disagree 
 ■ Somewhat Agree 
 ■ Strongly Agree

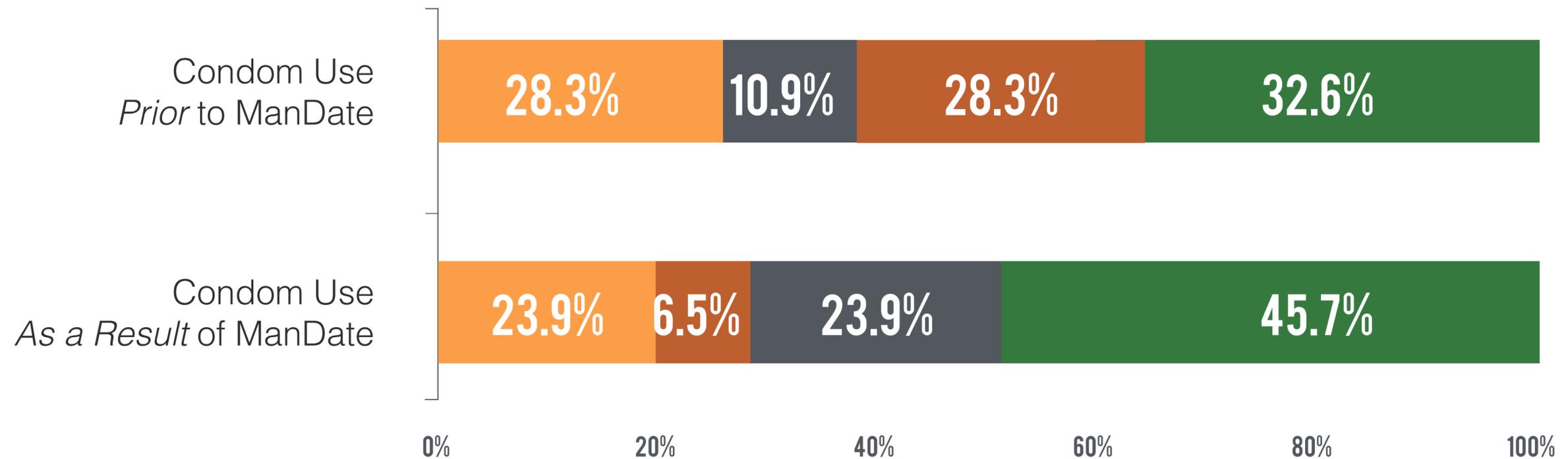
**As a result of your participation in the ManDate sessions, have the following increased, decreased or stayed the same?**



Has decreased substantially    Has increased slightly    Has decreased slightly    Has increased substantially    Has stayed the same

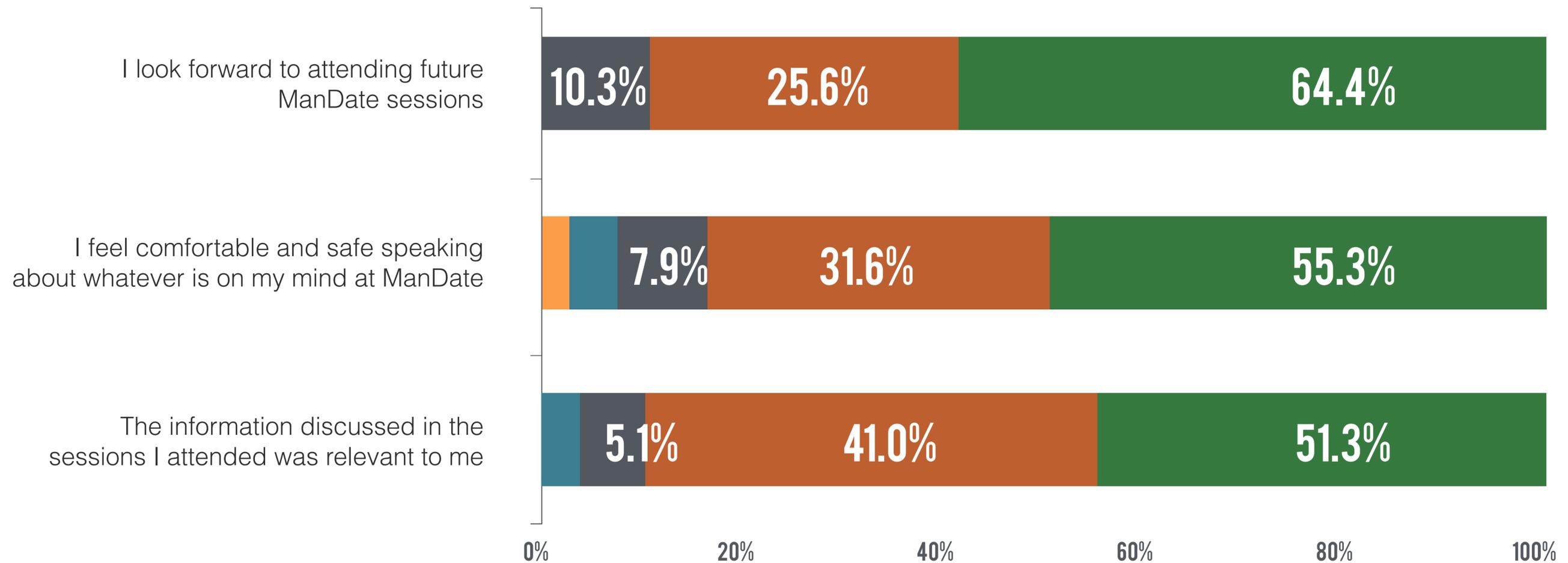


## Condom Use : Before vs. After Attending ManDate



■ Never (0% of the time) ■ Most of the time (over 50% of the time) ■ Sometimes (under 50% of the time) ■ Always (100% of the time)

## To what extent did participants agree with the following statements?



Strongly Disagree Somewhat Disagree Neither Agree or Disagree Somewhat Agree Strongly Agree

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**testing** makes us

**STRONGER**





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IN HIS OWN WORDS  
**JOSEPH REAVES**

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QUESTIONS AND ANSWERS

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UPCOMING EVENTS

**Catalyzing Efforts to Collect Sexual & Gender  
Minority Health Research & Workforce Data**

08 June 2016 | Natcher, Balcony A | 1:00PM – 3:00PM

**Fostering an Inviting Workplace for Transgender  
& Gender Nonconforming Employees**

14 June 2016 | Building 31, C-Wing Room 7  
1:00PM – 2:30PM

register at: [edi.nih.gov/training/upcoming-training](http://edi.nih.gov/training/upcoming-training)

**Health Care & Research for the  
Transgender Community**

30 June 2016 | Masur Auditorium, Building 10  
10:00AM – 11:30AM

[edi.nih.gov/pride](http://edi.nih.gov/pride)

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