

# NIH Tribal Advisory Council Meeting

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ICO Panel 3  
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National Institute  
of Mental Health

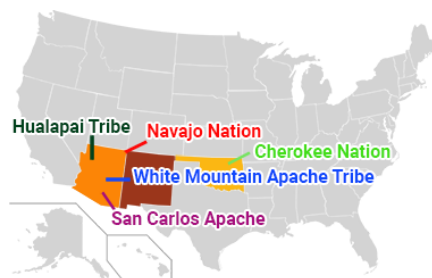
# AI/AN Mental and Behavioral Health

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- Suicide prevention is a key concern among Tribal leaders
  - In 2021, the suicide rate among adolescent AI/AN females, ages 15-19, was nearly six times higher than non-Hispanic White females in the same age group
  - In 2022, suicide was the second leading cause of death for AI/AN individuals between the ages of 10 and 34
- 23.5% of AI/AN adults report having a mental illness
  - No 'one size fits all' approach to care

# Select NIMH AI/AN Research Investments

- Previous: Collaborative Hubs to Reduce Disproportionate Burden of Suicide among AI/AN Youth



- Ongoing: NIMH is participating in funding opportunities to strengthen mental health research in Native communities
  - **Native American Research Centers for Health (NARCH)** (PAR-23-166)
  - **Intervention Research to Improve Native American Health** (PAR-25-378, PAR-25-379)

<https://grants.nih.gov/grants/guide/pa-files/PAR-23-166.html>

<https://grants.nih.gov/grants/guide/pa-files/PAR-25-378.html>

<https://grants.nih.gov/grants/guide/pa-files/PAR-25-379.html>

# NIMH AI/AN Research Highlights

- **Promoting Community Conversations about Research to End Native Youth Suicide in Rural Alaska (PC Cares)**
  - Village facilitators in Alaska teach service providers, family, and friends ‘what works’ from prevention science, host discussions to adapt this information to Alaska Native community and cultural contexts, and assist stakeholders in doing culturally-relevant suicide prevention and health promotion
- **Wa'Kan Ye'Zah: Enhancing Caregivers' and Children's Well-being through an Evidence-based and Culturally Informed Prevention Intervention**
  - Culturally tailored, evidence-based prevention intervention with 12 weekly individual lessons taught by Indigenous community health workers to parents and children (ages 3 to 5)



# NIMH AI/AN Research Highlights

- **Advancing Hózhó in Autism Assessment (AHAA) for Diné Families**

- Examine ASD assessment practices provided to Diné parents/guardians of children ages 2-6, then develop recommendations to ensure that ASD assessment practices and the context in which assessments occur are culturally responsive



- **Assessing Cultures of Recovery in Tribal Communities**

- Equip Tribal communities with mental health literacy and skills training to recognize mental health symptoms and assist with identifying culturally appropriate recovery care for their youth


- **Indigenous HIV/AIDS Research Training 3 (IHART3) Program**

- 24-month research education mentoring program for 15 Indigenous HIV/AIDS researchers

<https://reporter.nih.gov/project-details/11145921>

<https://reporter.nih.gov/project-details/10437493>

<https://reporter.nih.gov/project-details/10846625>



# SCIENCE

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