

Advancing Discovery Science for Public Health Impact

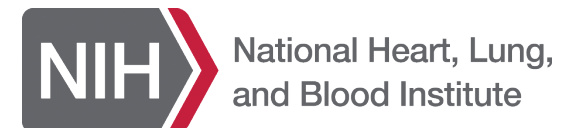
Gary H. Gibbons, M.D.

Director

National Heart, Lung, and Blood Institute

Council of Councils Meeting

May 17, 2019



Turning Discovery Science Into Public Health Impact: Knowledge of Risk Factors to Prevent Heart Disease

Risk Factors

High blood pressure

Smoking

High blood cholesterol

Overweight/Obesity

Physical inactivity

Diabetes

Family history

Age



Framingham Risk Factors



Intramural Research Program:
Frederickson, Stadtman



Clinical Research:
Tangier's Disease
(HDL Cholesterol)



Brown and Goldstein: Nobel Prize
(LDL Cholesterol)

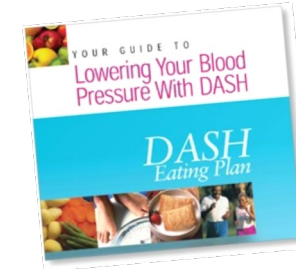
Basic Research

Observational Studies

Public Health Implementation Science

Clinical Research

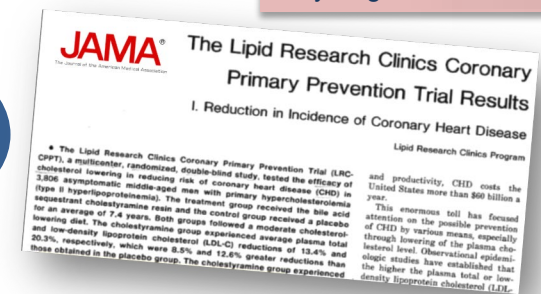
Collaboration/
Role of Industry



Value of Lifestyle Interventions

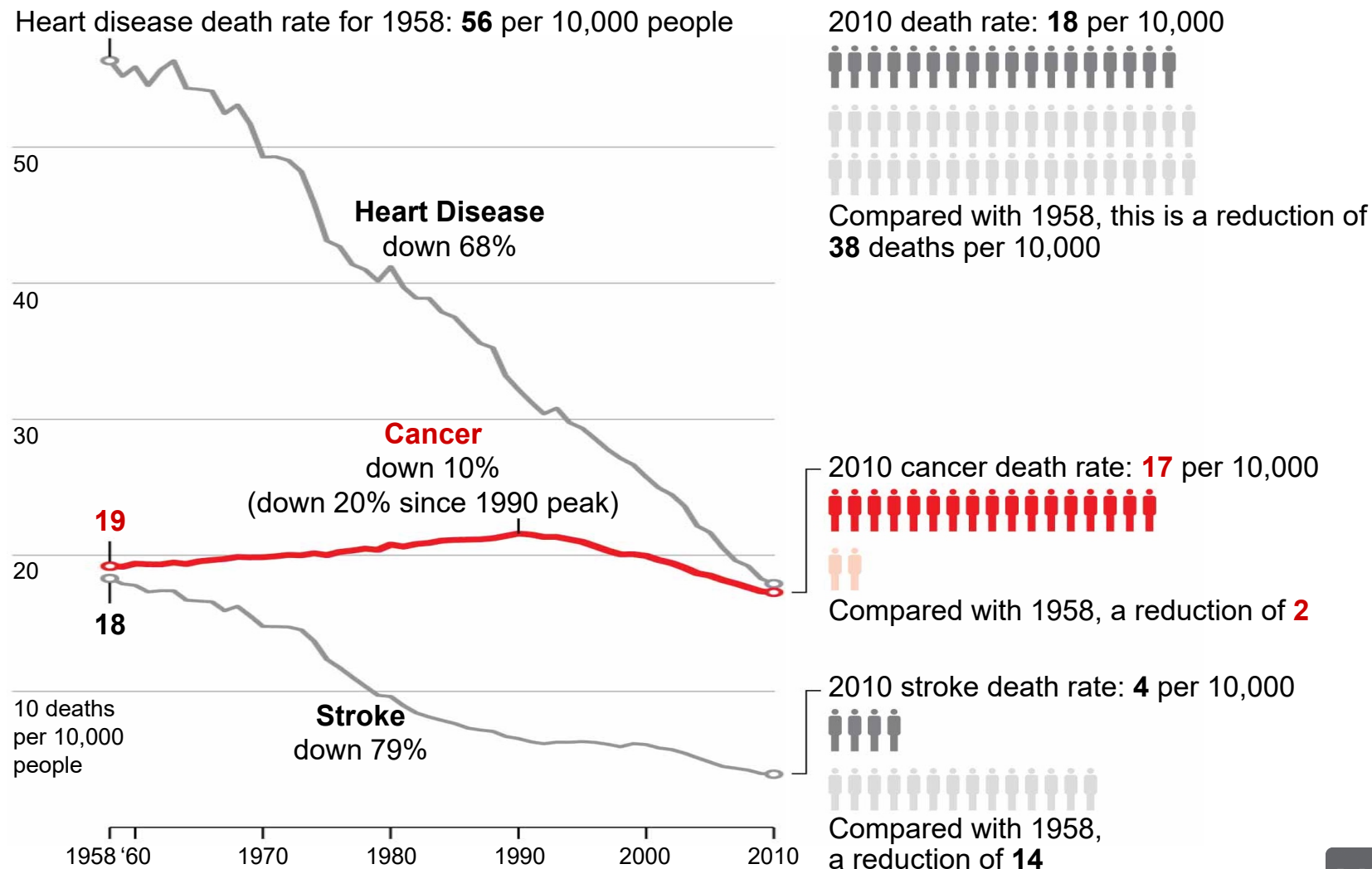


Roy Vagelos: Statins



NHLBI Trial: Lowering Cholesterol Cuts CHD Risk

Inheriting a Legacy of Excellence & Stewardship: The Public Health Impact of NHLBI Investments



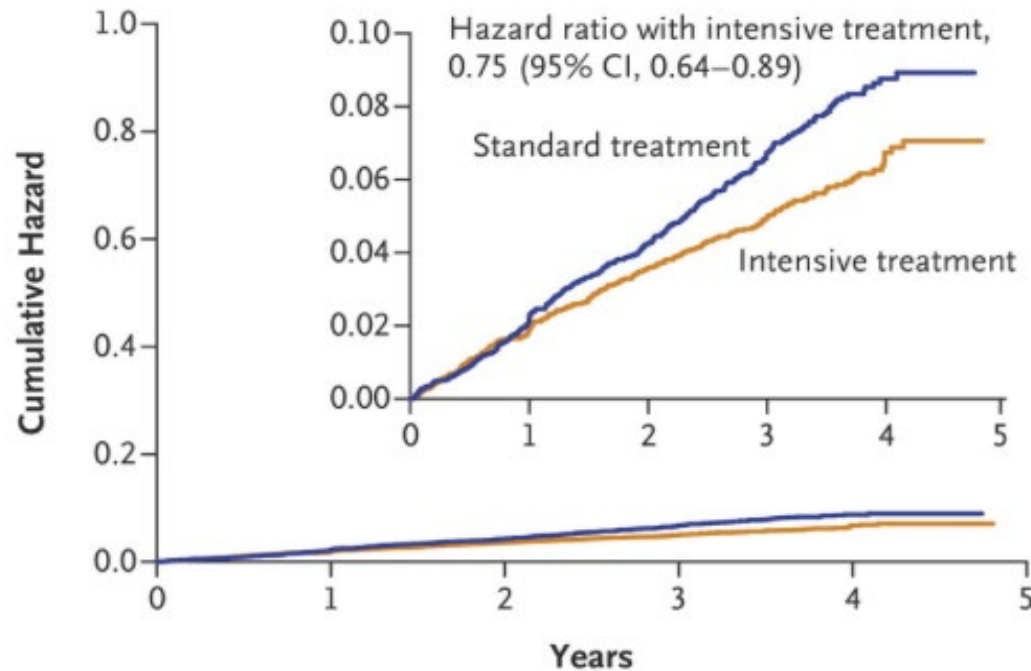
Adapted from: New York Times, January 4, 2014

Data: Centers for Disease Control and Prevention; National Vital Statistics System

Guided from Observation to Intervention: Extending the Legacy in Hypertension to Management and Control



A Randomized Trial of Intensive vs. Standard BP Control



Intensive management of SBP to **target <120 mmHg** reduced complications of high BP by **25%** and death by **27%** as compared to SBP target <140 mm Hg.

SPRINT-MIND Memory and Cognition in Decreased Hypertension

After 3 yrs of intervention and 5 yrs follow-up,
intensive treatment reduced:

- Incidence of mild cognitive impairment (MCI)
- Combined incidence of MCI or probable dementia
- Progression of cerebral white matter lesions



NIH National Institute of
Diabetes and Digestive
and Kidney Diseases

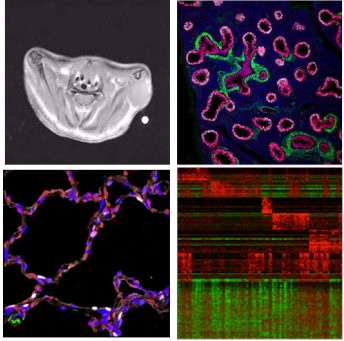
NIH National Institute
on Aging

NIH National Institute of
Neurological Disorders
and Stroke

NIH National Heart, Lung,
and Blood Institute

Building Upon a Legacy of Excellence: Improving Lung Outcomes with Discovery Science

From Organ/Tissue to Cell
Type to Single Cell



Building a lung atlas at the single cell level (e.g., LungMAP)

Identifying phenotypes, biomarkers
(i.e. deep learning of COPD Gene CT
images to subphenotype disease)



Conducting adaptive trials
and precision interventions
for asthma (e.g., PrecISE)

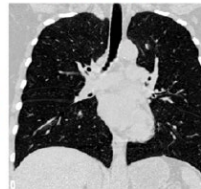
Observational
Studies

Identify risk factors
associated with lung
disease & resilience
(COPD in non-smokers)



Inspiration CT

GOLD 1



Basic
Research

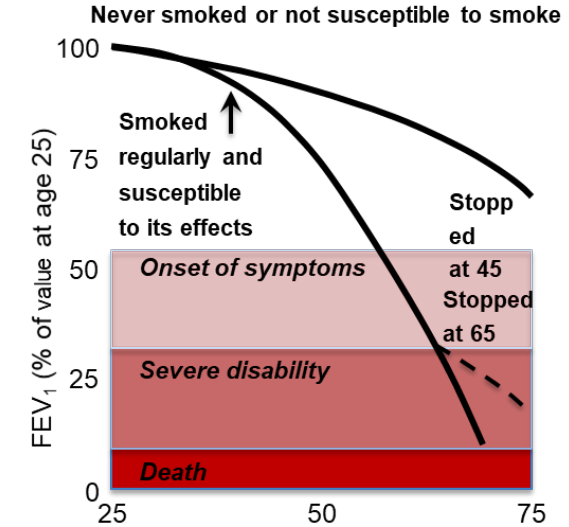
Public Health
Implementation
Science

Clinical
Research

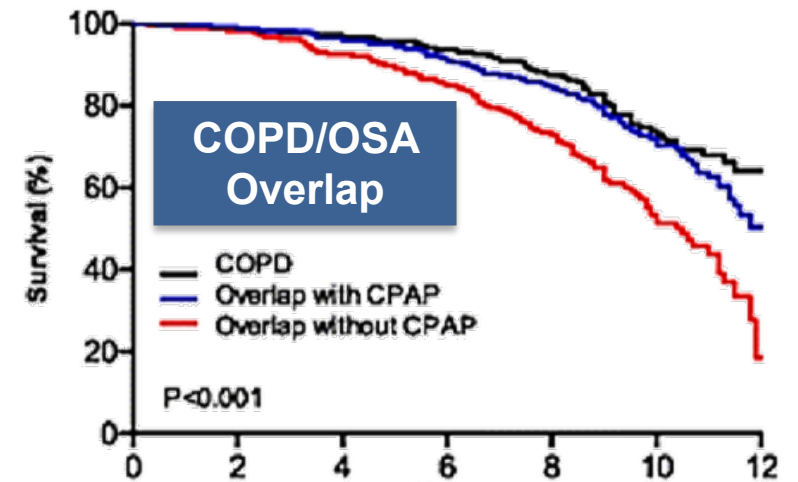
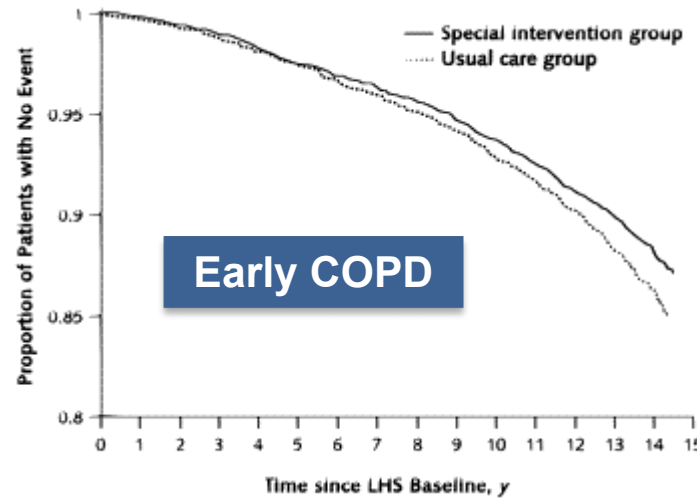
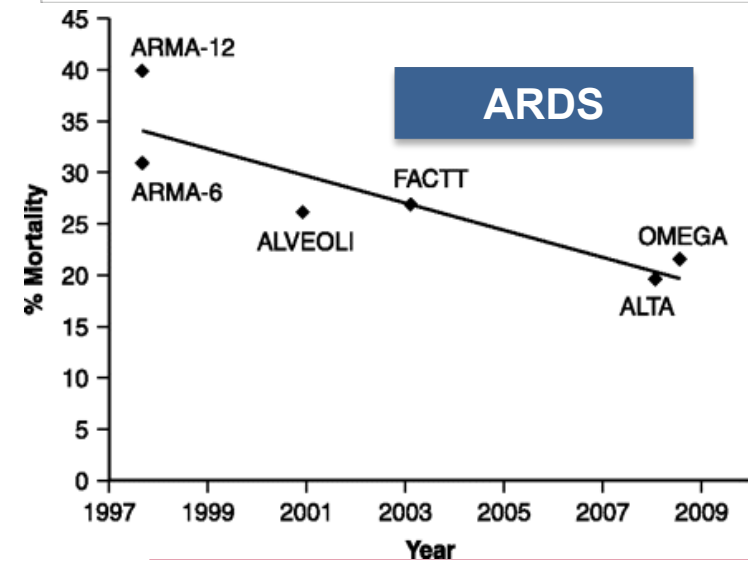
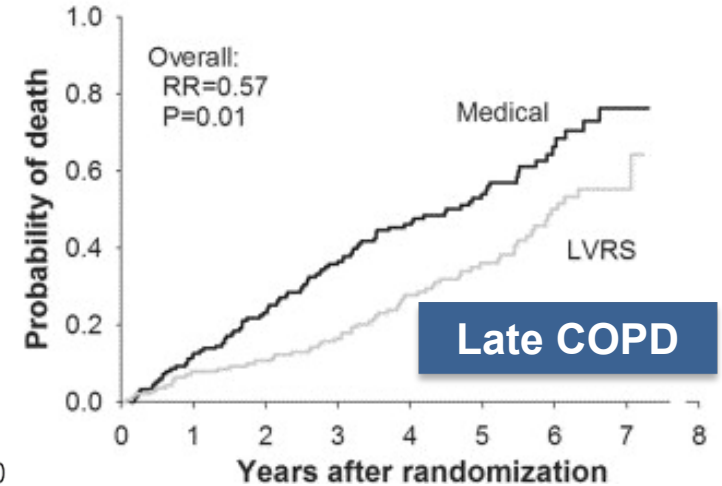
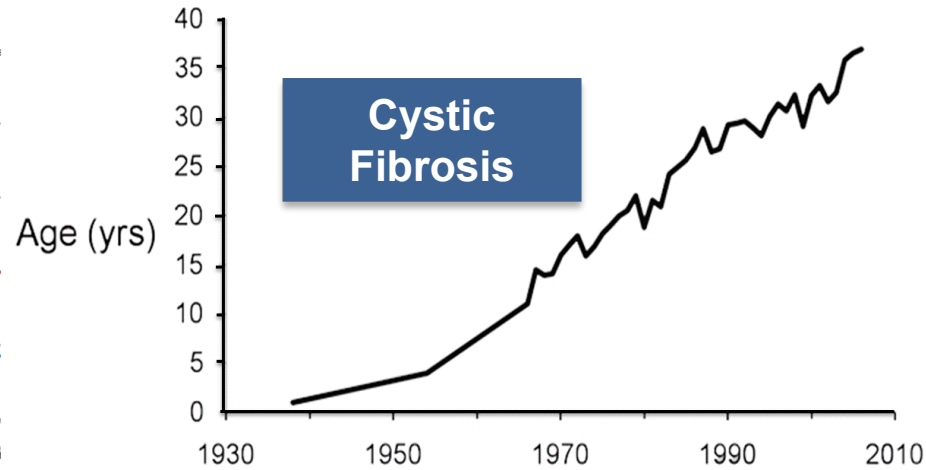
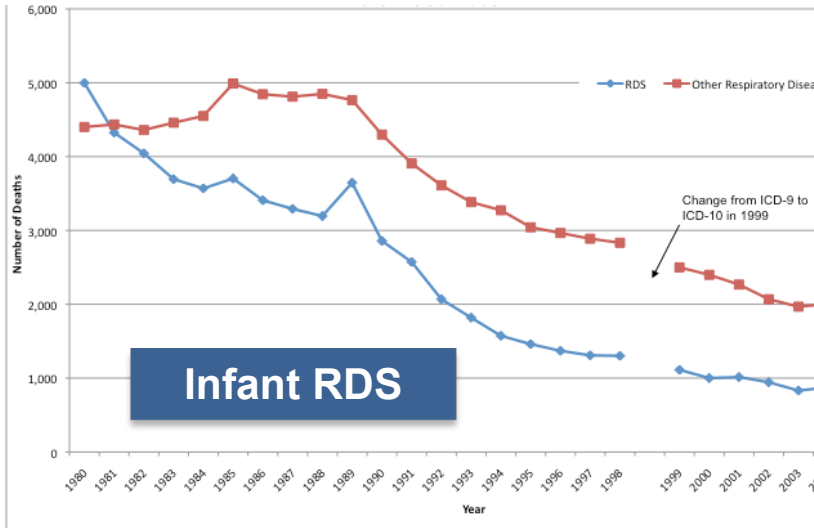
Collaboration/
Role of
Industry

Conducting systematic evidence
reviews and health education
(e.g., COPD National Action Plan)

Developing novel
therapeutics targeted to risk
profiles or sub-phenotypes



Turning the Curve in Pulmonary Disease Innovating for Challenges Ahead



Navigating the Present and Charting Our Future...

- **Accountable Stewardship**

- Enduring Principles
- Fiscal Update
 - Investing in Investigator-Initiated Science
 - Investing in People Not Projects
- Strategic Vision: Addressing Research Priorities

- **Advancing Discovery for Public Health Impact**

- Curing Sickle Cell Disease
- Legacy of Excellence in Cardiovascular Research
- Social and Behavioral Determinants of Heart Disease

- **Seizing Unprecedented Opportunities**

- Precision Medicine and Prevention
- Data Science



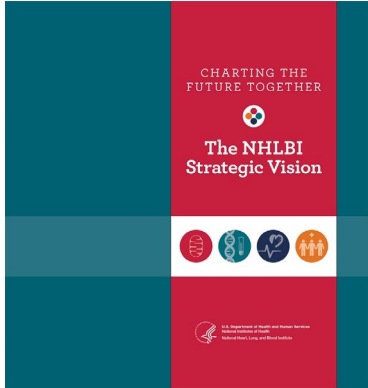
NHLBI Mission - *Discovery Science That Enhances Human Health:* Accountable Stewardship and the Privilege of Public Service

NHLBI Enduring Principles

- Value investigator-initiated fundamental discovery science.
- Maintain a balanced, cross-disciplinary portfolio (basic, translational, clinical, population science).
- Train a diverse new generation of leaders in science.
- Support implementation science that empowers patients and enables partners to improve the health of the nation.
- Innovate an evidence-based elimination of health inequities in the U.S. and around the world.



Aligning Institute-Solicited Science with the Strategic Vision Goals & Objectives



Understand Human Biology



Advance Translational Research



Reduce Human Disease

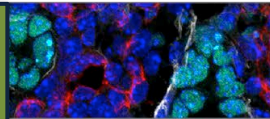


Develop Workforce and Resources

Objective 1: Normal Biology



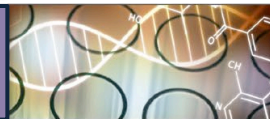
Objective 2: Pathobiology, Onset, & Progression of HLBS diseases



Objective 3: Population Differences



Objective 4: Precision Medicine



Objective 5: Novel Diagnostics & Therapeutics



Objective 6: Clinical & Implementation Research



Objective 7: Data Science



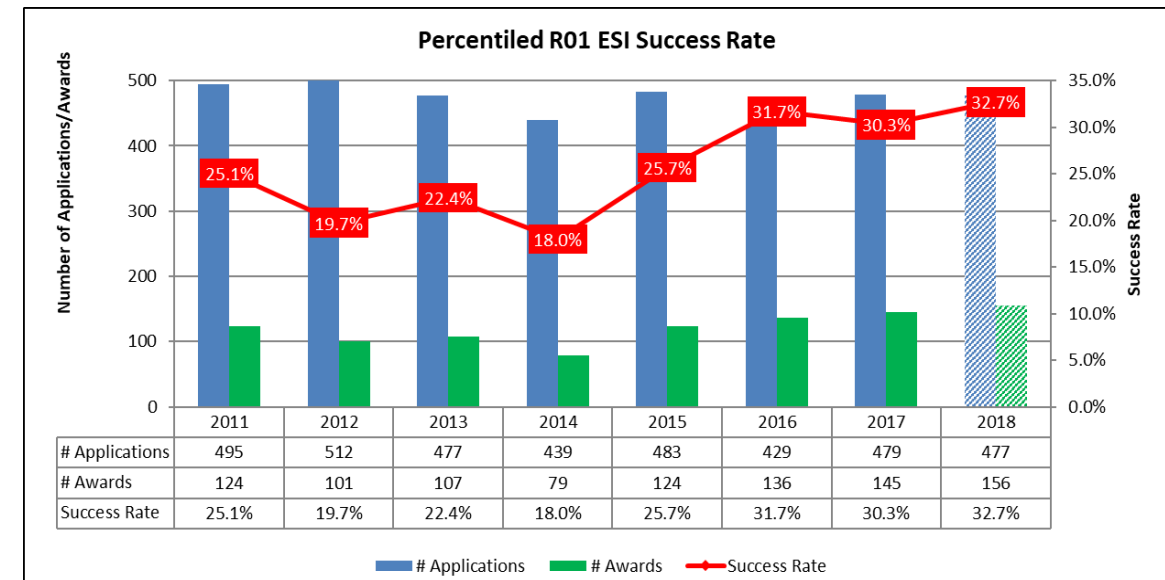
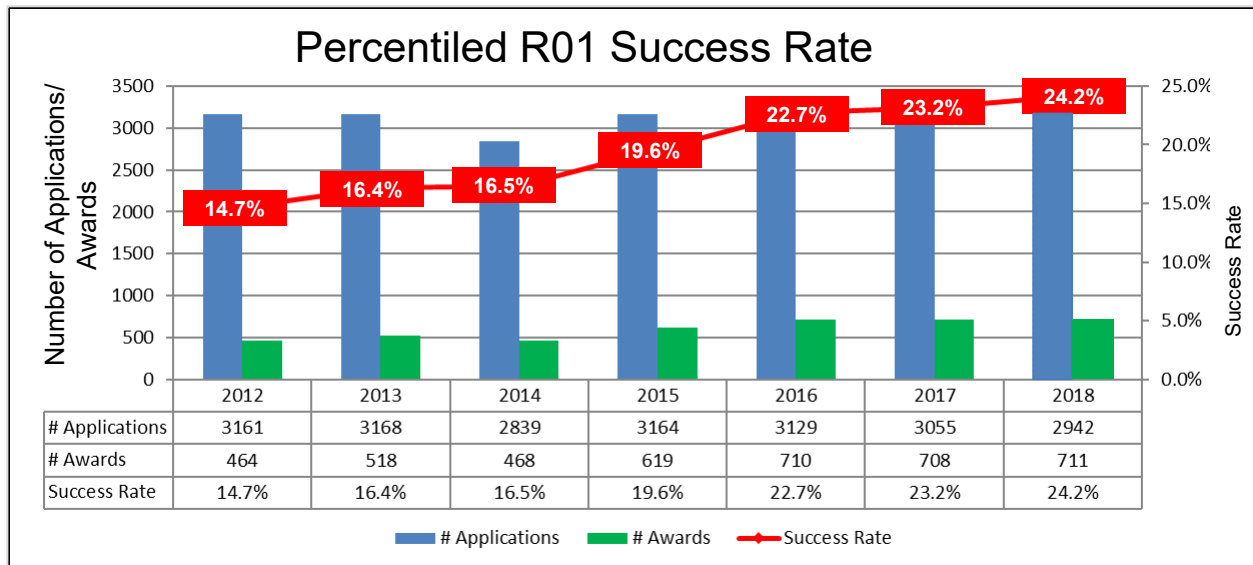
Objective 8: Workforce & Resources



Prioritized Investments in Investigator-Initiated Science: Bending the Curve

Grant Program	FY17 Paylines	FY17 # Awards (Success Rate)	FY18 Paylines	FY18 # Awards (Success Rate)	FY19 Paylines
R01	15%ile	708 (23.3%)	15%ile	711 (24.2%)	16%ile
ESI	25%ile	145 (30.3%)	25%ile	156 (32.7%)	26%ile

FY2018 budget increase enabled NHLBI to make **more awards for investigator-initiated science.**



Fulfilling the Mission: Goal for ESI R01 Success Rates Greater or Equal to General Pool

Nurturing a Diverse Next Generation of Leaders: Multi-level Strategies to Expand Opportunities

Current Activities

Diversity

- BUILD/Mentoring Networks
- R25/PRIDE
- Diversity K Awards
- Diversity Supplements

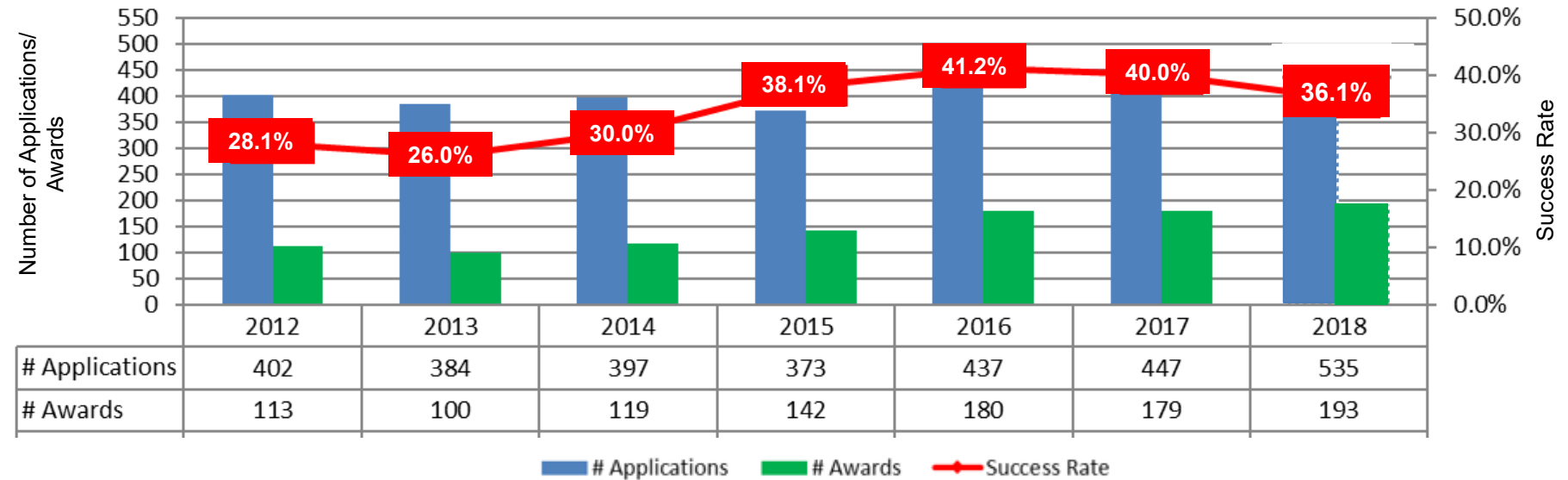
Career Development

- ESI Bridge (R56) Awards
- Loan Repayment Program
- Mentored Clinician-Scientist (K08)
- K Awards: FY18 Success 36%
- ESI R01s: FY18 Success 33%

Focused Initiatives

- K-R03 awards
- R35 for Emerging Investigators
- R01 Physician-Scientist Award for ESIs
- Stimulating Access to Research in Residency (StARR) (R38) & StARR Transition Scholar (StARRTS) (K38)
- Career Pathway to Independence in Blood Science Award for Physician Scientists (K99/R00)

Career Awards Historical Success Rate (excl K-22)



Investing in People and Not Projects: NHLBI's Approach to the R35 Program

NHLBI R35 Program

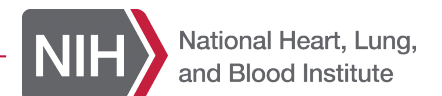
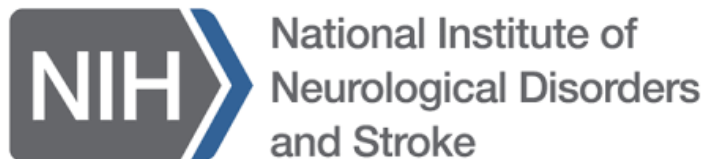


88 R35s awarded in FY17- FY19

Outstanding and Emerging Investigator Awards

*To promote scientific productivity and innovation by
providing stable and flexible funding*

7 years of support at \$600,000/per year



NHLBI Supports Trans-NIH and Trans-HHS Priorities



NHLBI-supported Research

HEAL Initiative: Sleep and Circadian-Dependent Mechanisms Contributing to Opiate Use Disorder (OUD) and Response to Medication Assisted Treatment (MAT)

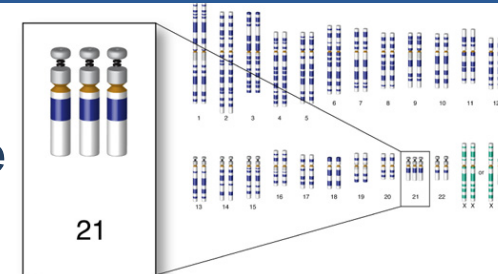
RFA-HL-19-028 (R01- Clinical Trial Not Allowed)

RFA-HL-19-029 (U01 – Clinical Trial Optional)



THE INCLUDE PROJECT

Multiple systems involved in DS require a trans-NIH approach



NHLBI-supported DS Research

Mechanisms for Cell Signaling in the Control of Cardiomyogenesis

Genomic Analysis of Congenital Heart Defects and Acute Lymphoblastic Leukemia in Children with Down Syndrome

Data Fusion: A Sustainable, Scalable, Open Source Registry Advancing PVD Research

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- Strategic Vision: Addressing Research Priorities

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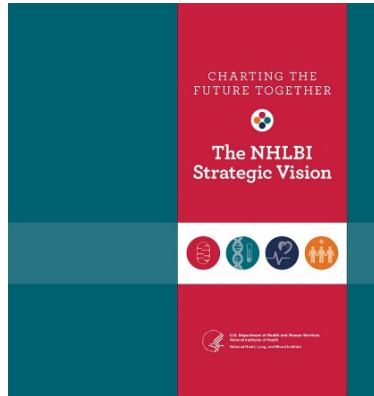
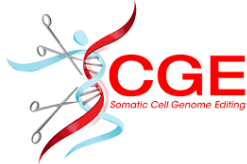
- **Seizing Unprecedented Opportunities**

- Precision Medicine and Prevention
- Data Science



Moving from Vision to Implementation: Highlights of NHLBI Strategic Priorities

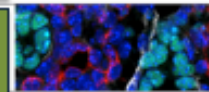
Building on the
Strategic Input from the
Council of Councils



Objective 1: Normal Biology



Objective 2: Pathobiology, Onset, & Progression of HLBS diseases



Objective 3: Population Differences



Objective 4: Precision Medicine



Objective 5: Novel Diagnostics & Therapeutics



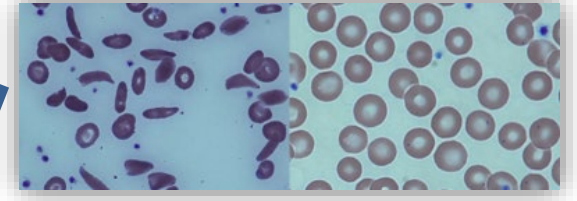
Objective 6: Clinical & Implementation Research



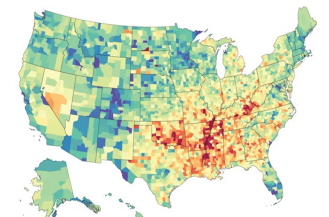
Objective 7: Data Science



Objective 8: Workforce & Resources



Novel Therapeutics:
Sickle Cell Disease

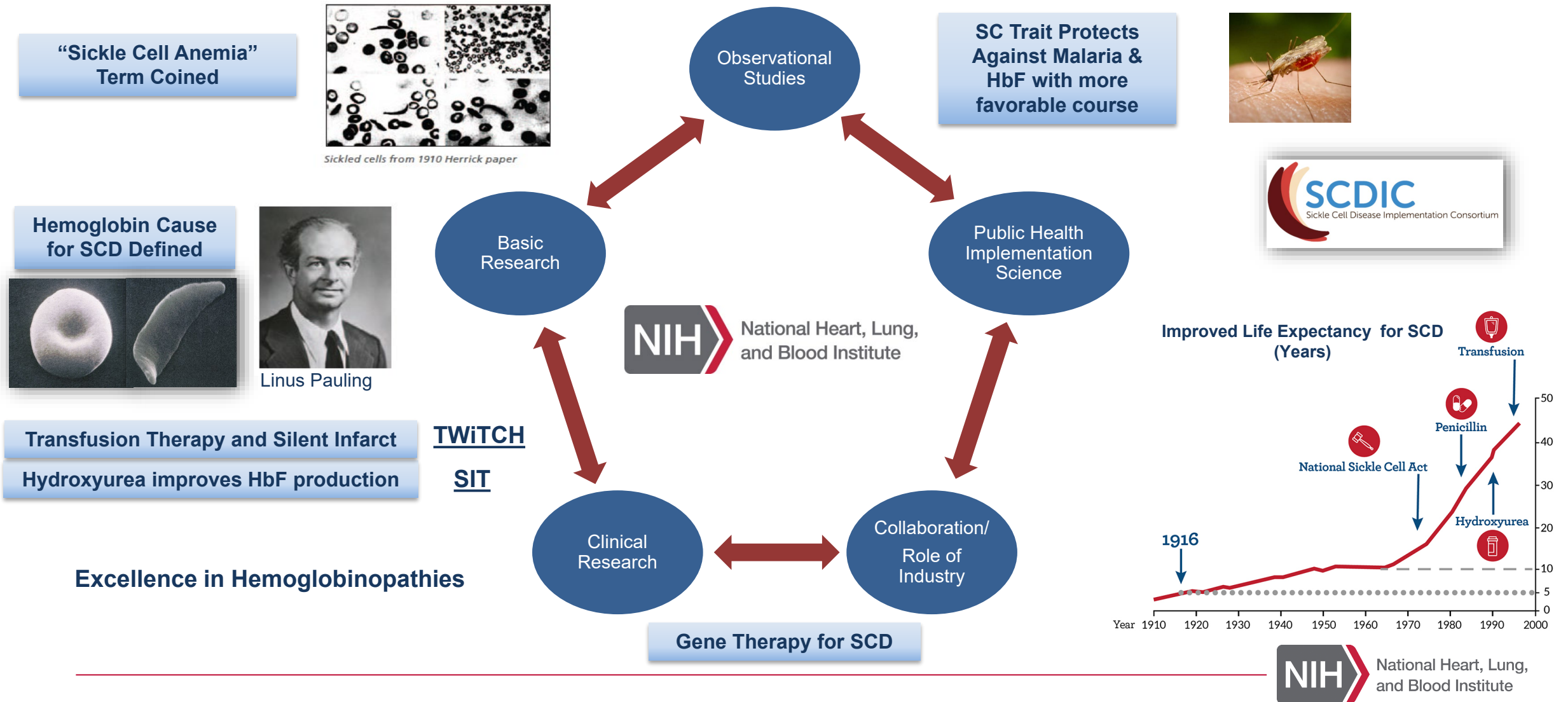


Cardiovascular Disparities



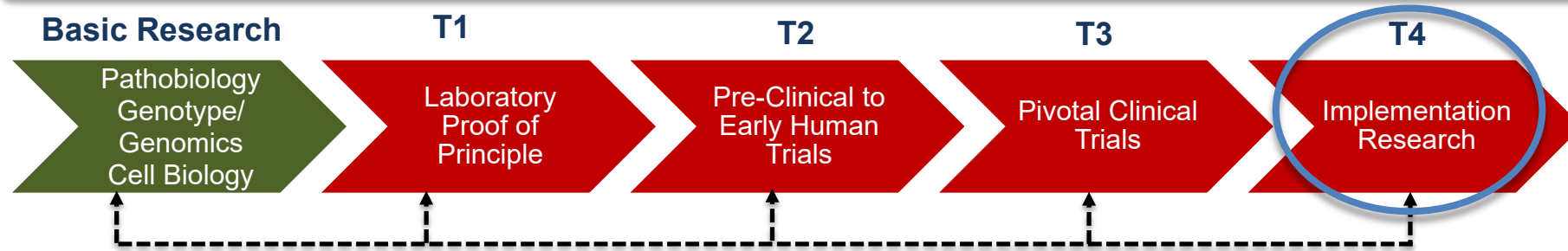
Leveraging Data Science:
Omics & Imaging

Building Upon a Legacy of Excellence: Improving Sickle Cell Disease Outcomes with Discovery Science



Comprehensive SCD Implementation Science Strategy to Improve Health Outcomes in the US and Globally

Opportunity for **Implementation Science** strategies to improve treatment initiation and adherence

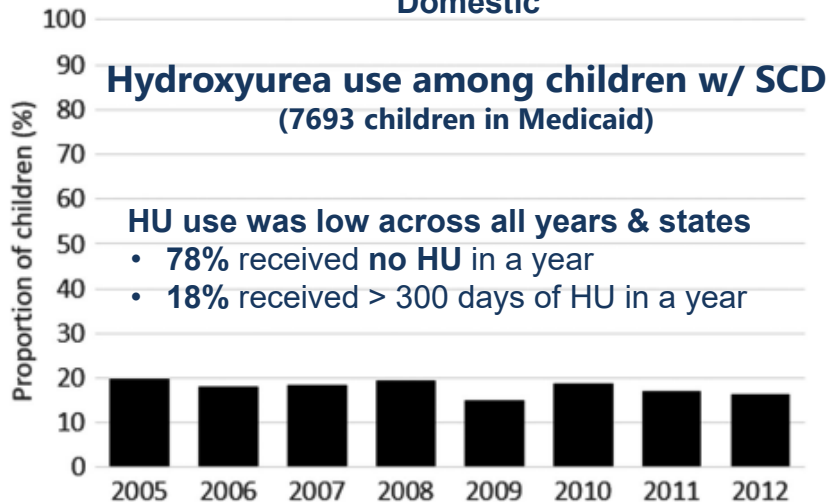
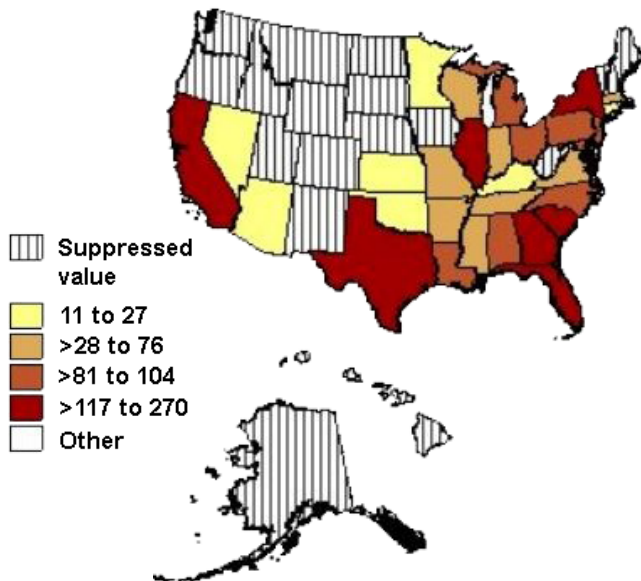


**NHLBI Sub-Saharan
Africa Initiative**



NIH National Heart, Lung,
and Blood Institute

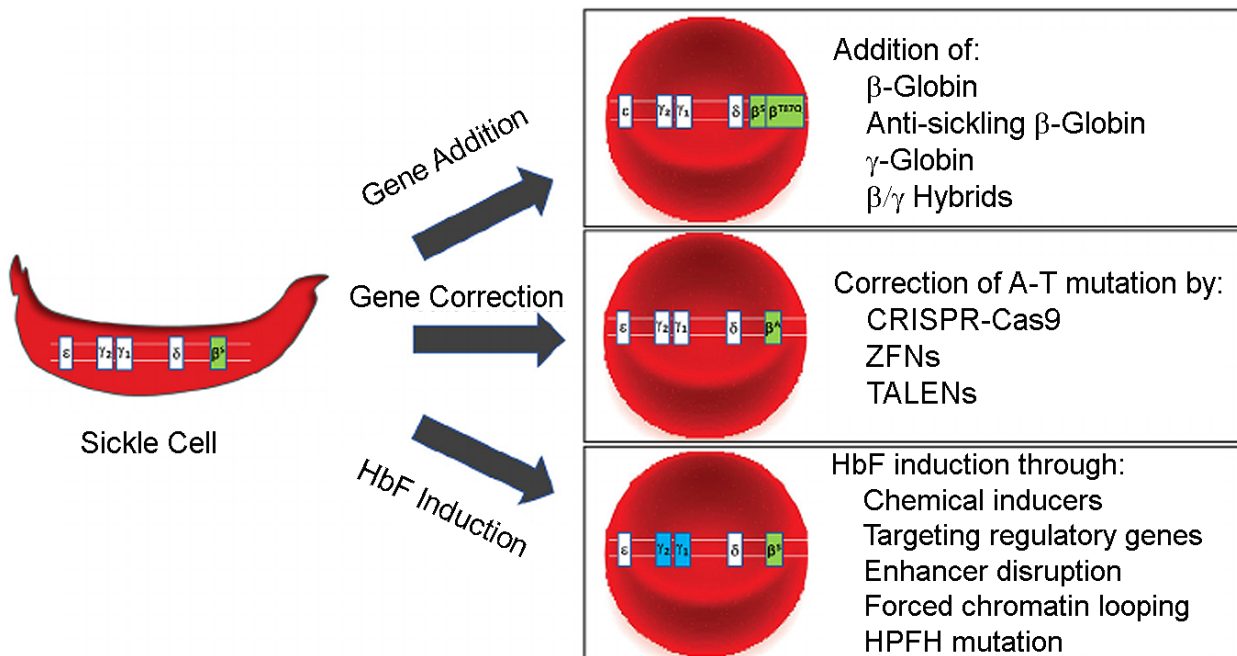
Sickle Cell Disease Deaths, U.S. (2013-2017)



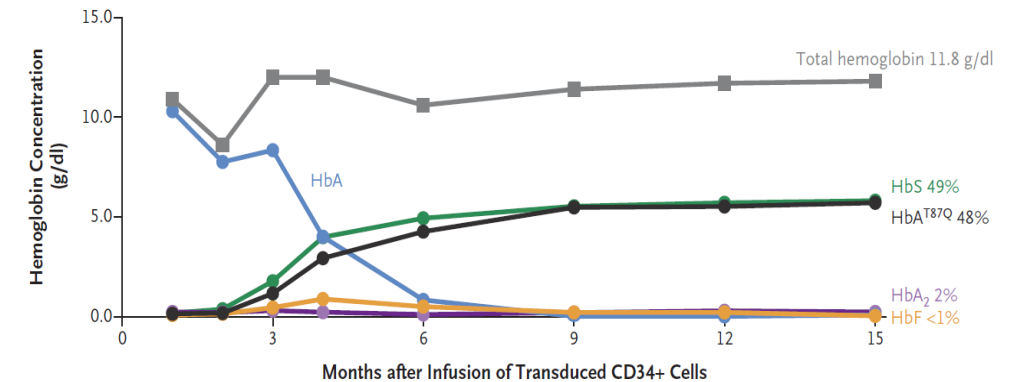
Is the Time Ripe for a Cure of the First 'Molecular' Disorder?

New Technologies Toward Curative Strategies

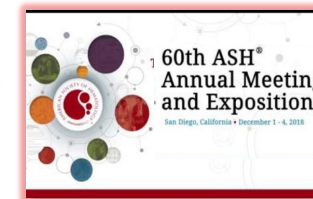
Gene therapy options to address SCD



LentiGlobin BB305 vector encodes human *HBB* variant and inhibits HbS polymerization.



- Patient attained normal blood cell counts.
- Engrafted stem cells were capable of long-term repopulation.



- Total of 18 patients:
- **Stable Hemoglobin** production
- **Decreased** vaso-occlusive events

Leveraging Collaborative Partnerships on the Path to SCD Cures

Identify and support the most promising genetic therapies for scalable cures.

Areas of Focus

- Patient Engagement
- Therapeutics Development
- Data Repository
- Clinical & Econ Impact Analysis
- Clinical Platforms & Networks

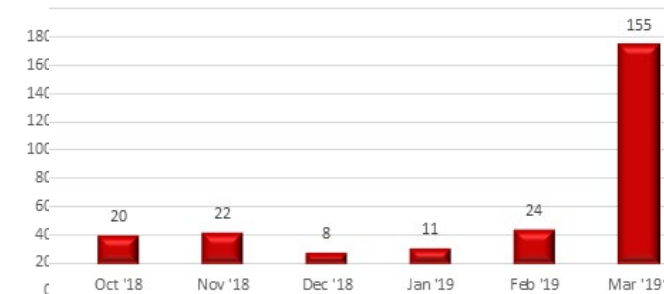


Highlights from “60 Minutes”

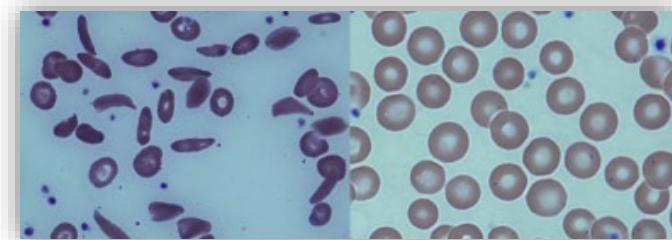
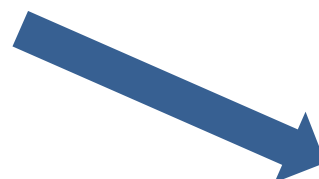
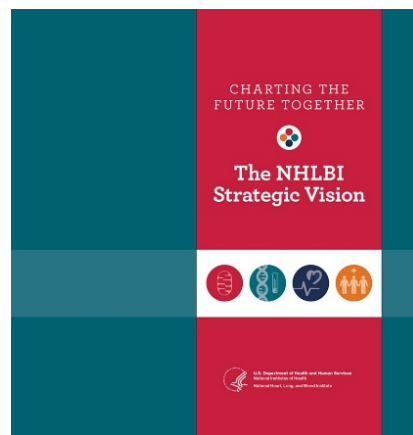
Could Gene Therapy Cure Sickle Cell Anemia?



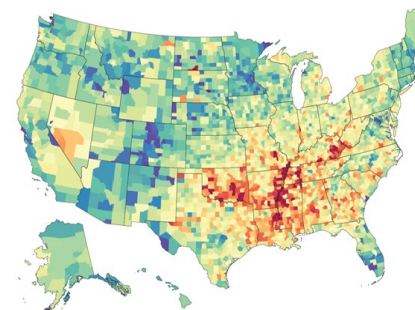
March 2019



Moving from Vision to Implementation: Highlights of NHLBI Strategic Priorities



Novel Therapeutics: Sickle Cell Disease



Cardiovascular Disparities

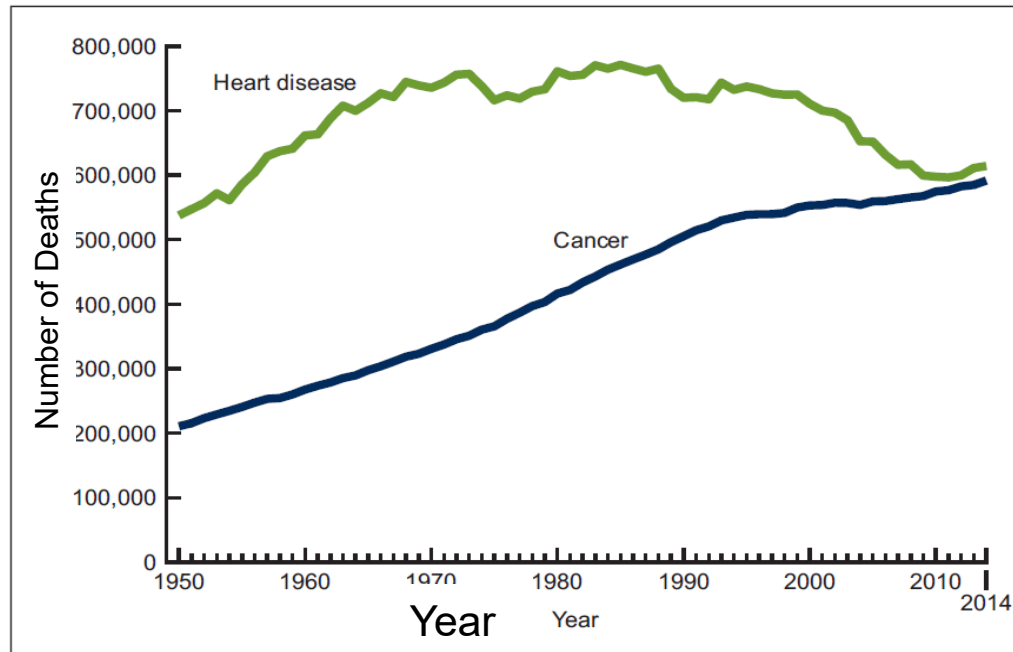


Leveraging Data Science: Omics & Imaging

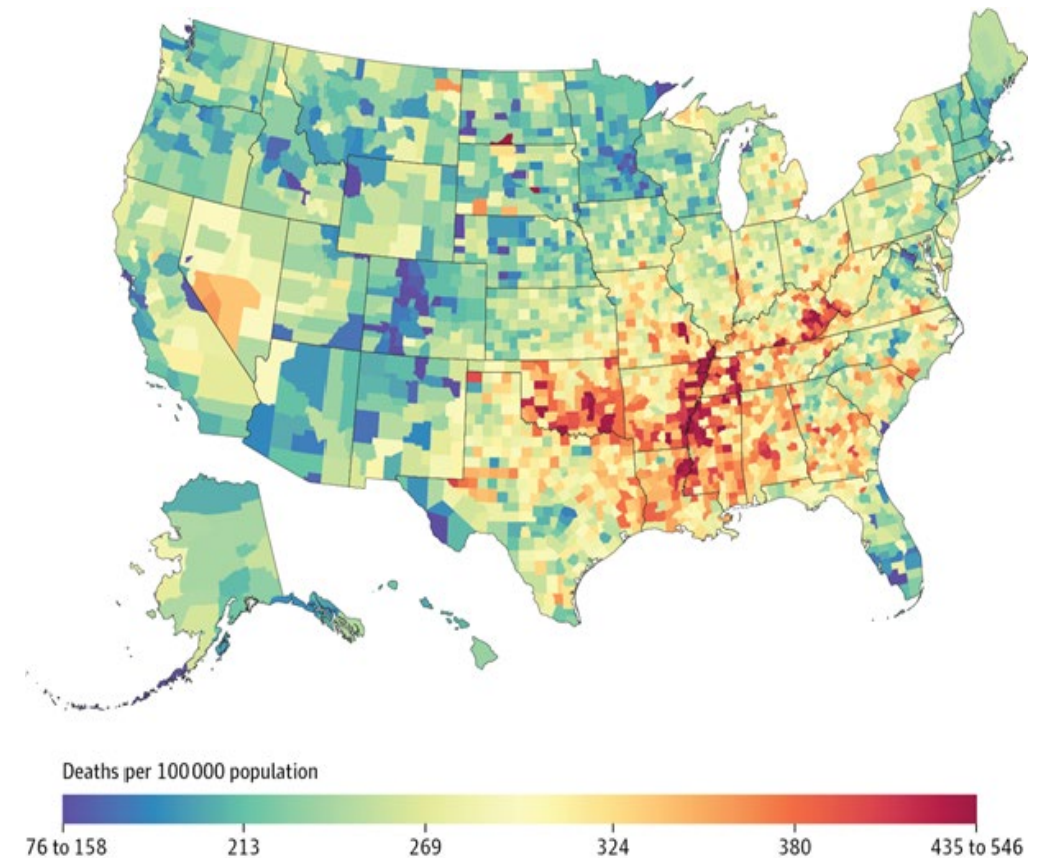
Heart Disease Mortality: An Evolving Story

CVD Mortality Reveals Place Matters in Health Inequities

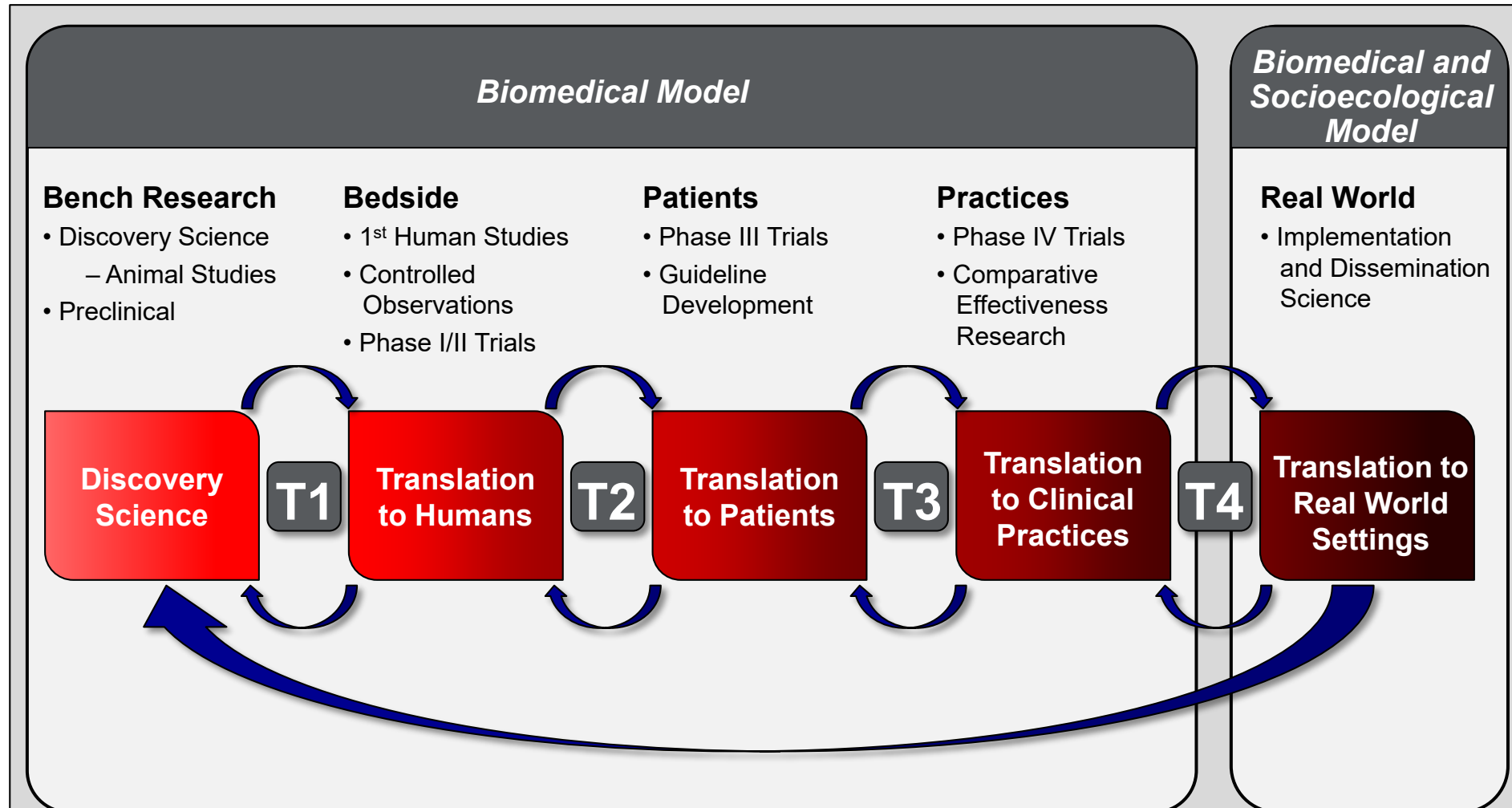
Overall, heart disease death rates down over 70% since 1950. However, progress has slowed.



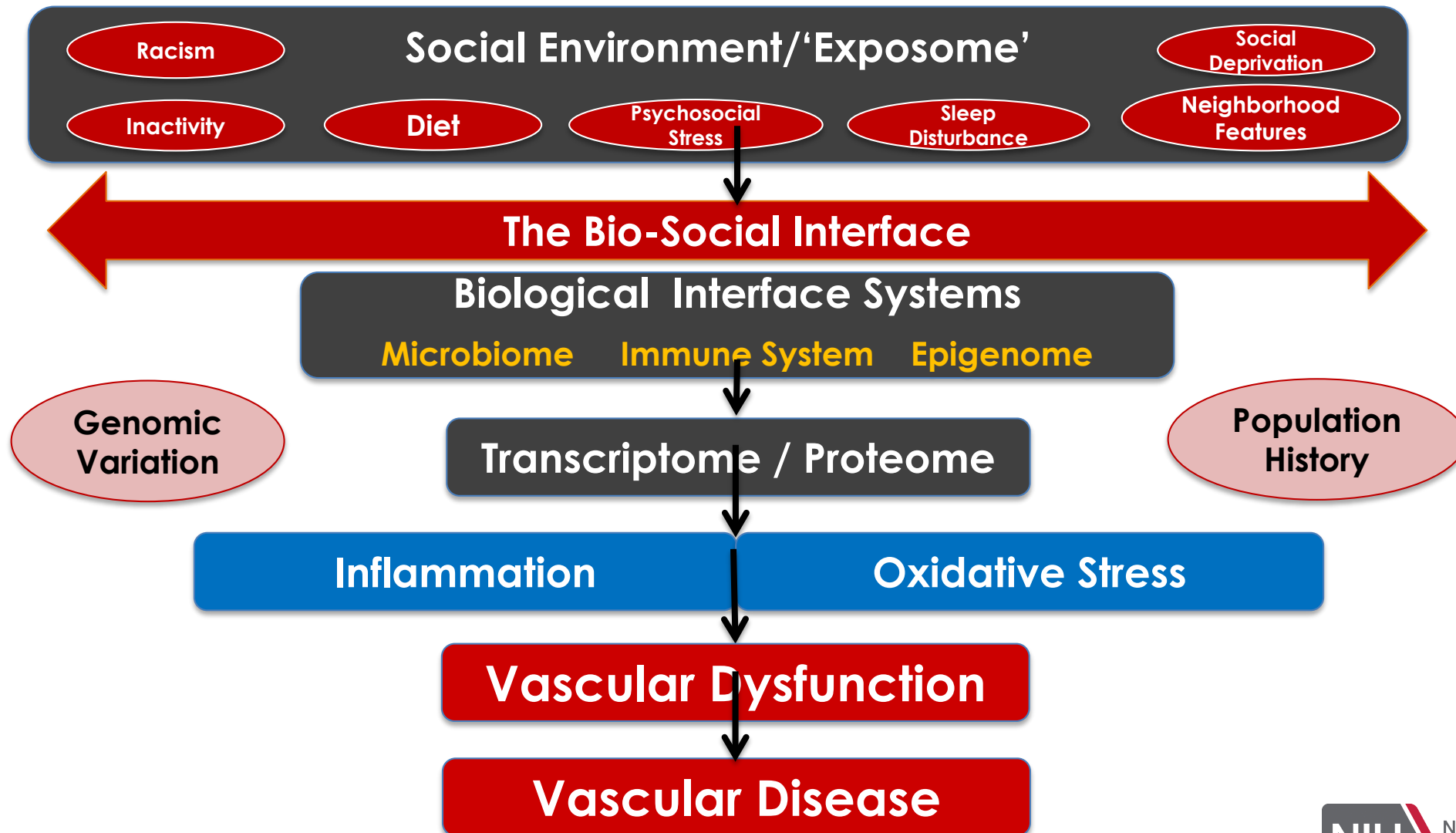
U.S. County-Level Mortality From CVD
(both sexes, 2014)



Translating Discovery Science into Public Health Impact: From 'Nucleotides-to-Neighborhoods'

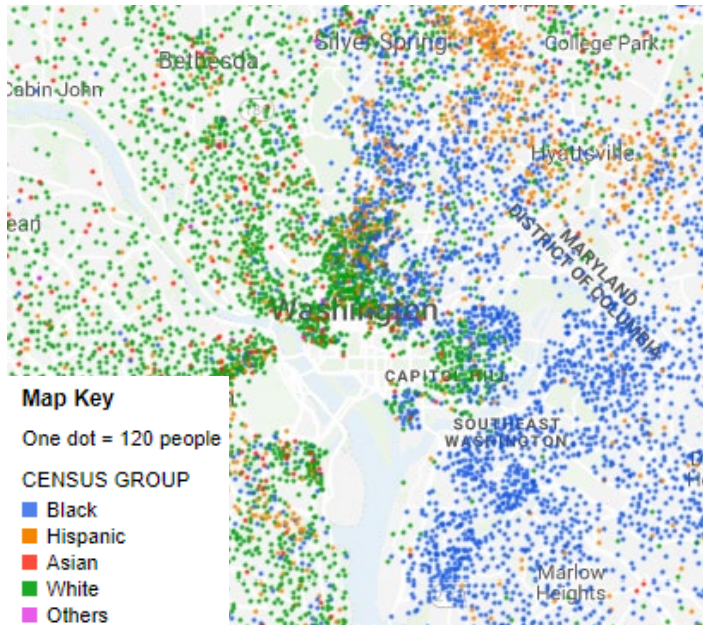


Health Disparities: A Complex Multi-Level Challenge

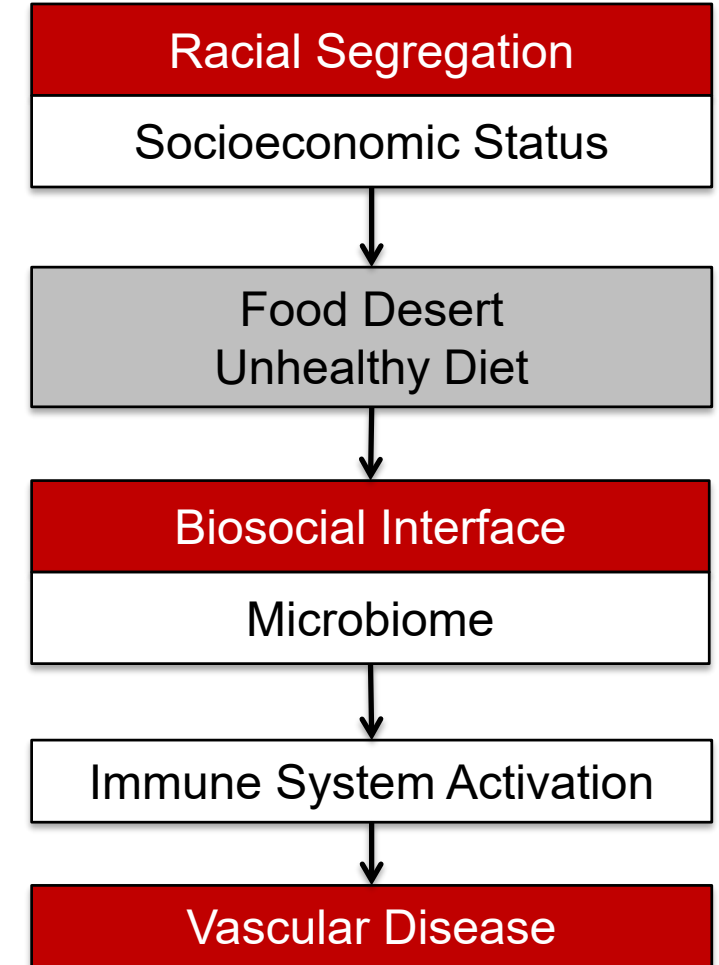
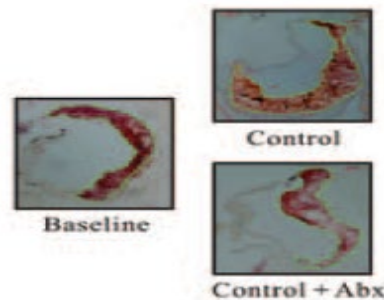


What does it mean locally? Social Determinants of Heart Disease: Interplay of Social and Biological Systems

Washington, DC Segregation



Anthocyanin and miRNA-10b

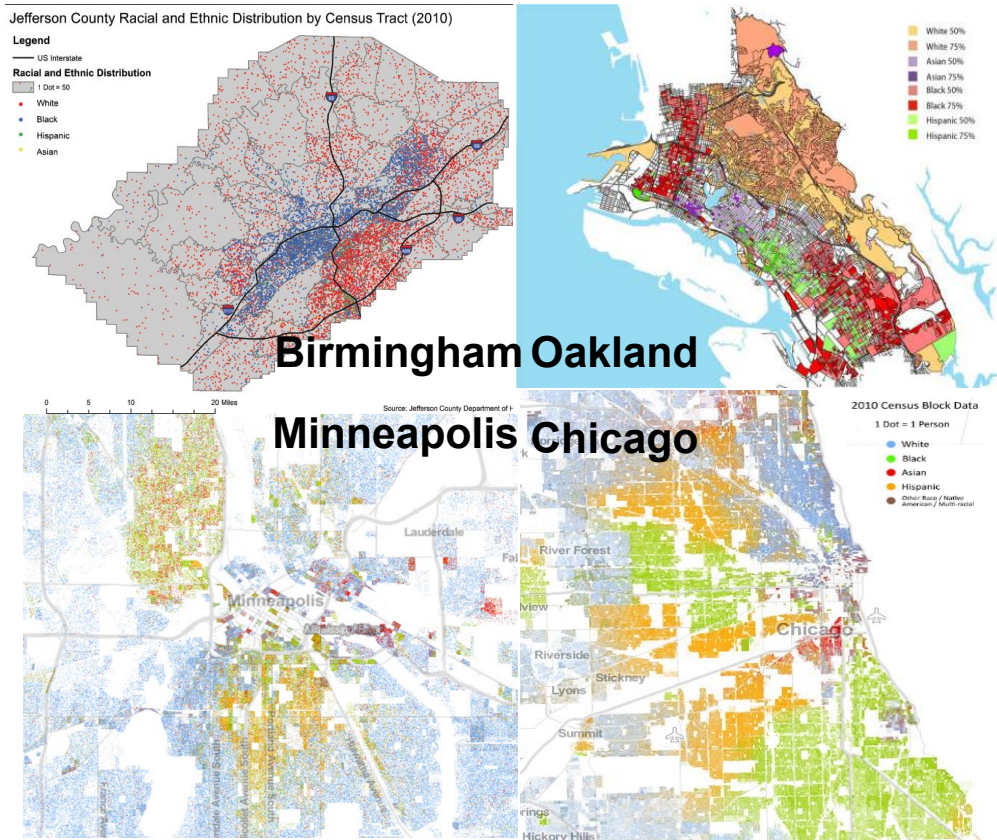


Addressing Persistent Disparities in Hypertension

“Place Matters” in Health Equity

CARDIA

Coronary Artery Risk Development in Young Adults



JAMA Internal Medicine | [Original Investigation](#)

Association of Changes in Neighborhood-Level Racial Residential Segregation With Changes in Blood Pressure Among Black Adults

In black participants of the CARDIA study, **reductions in systolic blood pressure** over 25 years were associated with **decreases in racial segregation** of participant's place of residence.

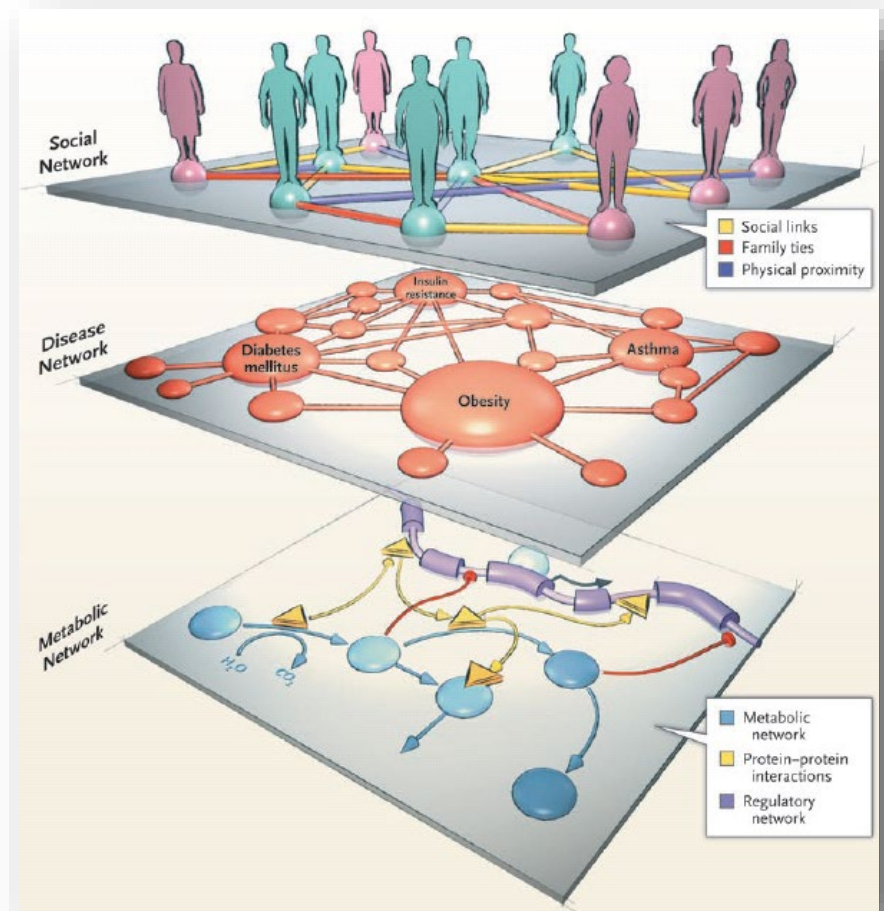
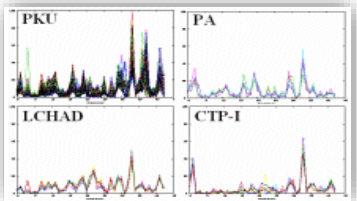
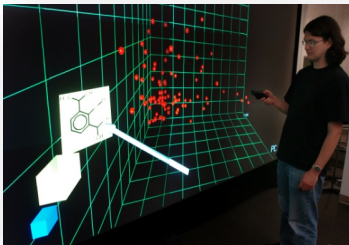
Systems Biology Framework for Developing Tailored Therapies: Harnessing New Technologies to Improve Health Outcomes



Leveraging New Technologies for HLBS Disorders

Data Science and AI
Identify behavioral contributors and molecular mechanisms of disease

Precision Medicine
Tailor treatments across populations

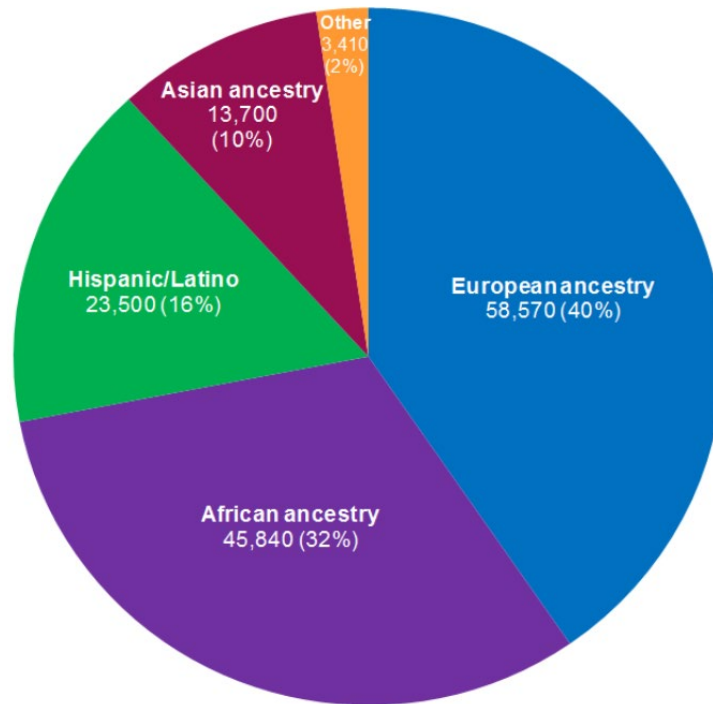


TOPMed: A Diverse Genome-Phenome Resource Enabling Data Science with Public Health Impact

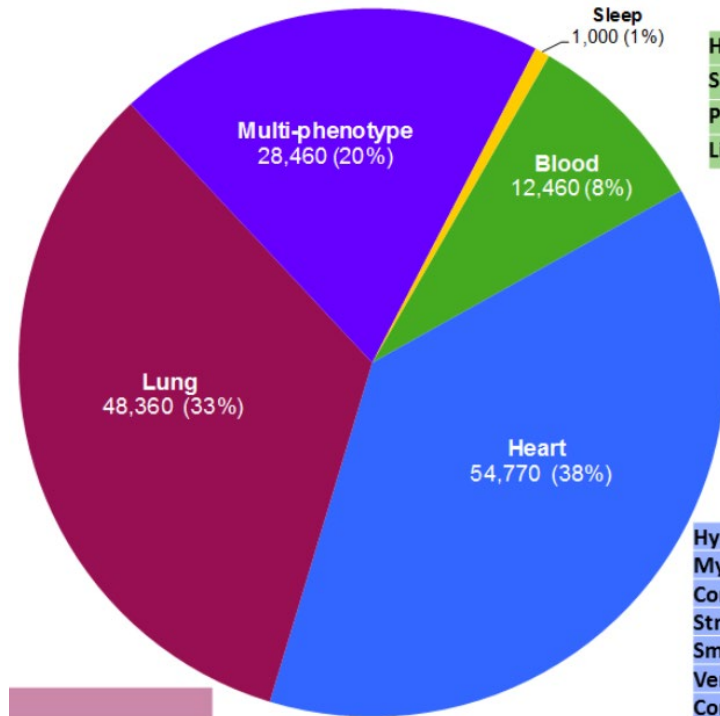


TOPMed

Population Diversity



Phenotype Diversity

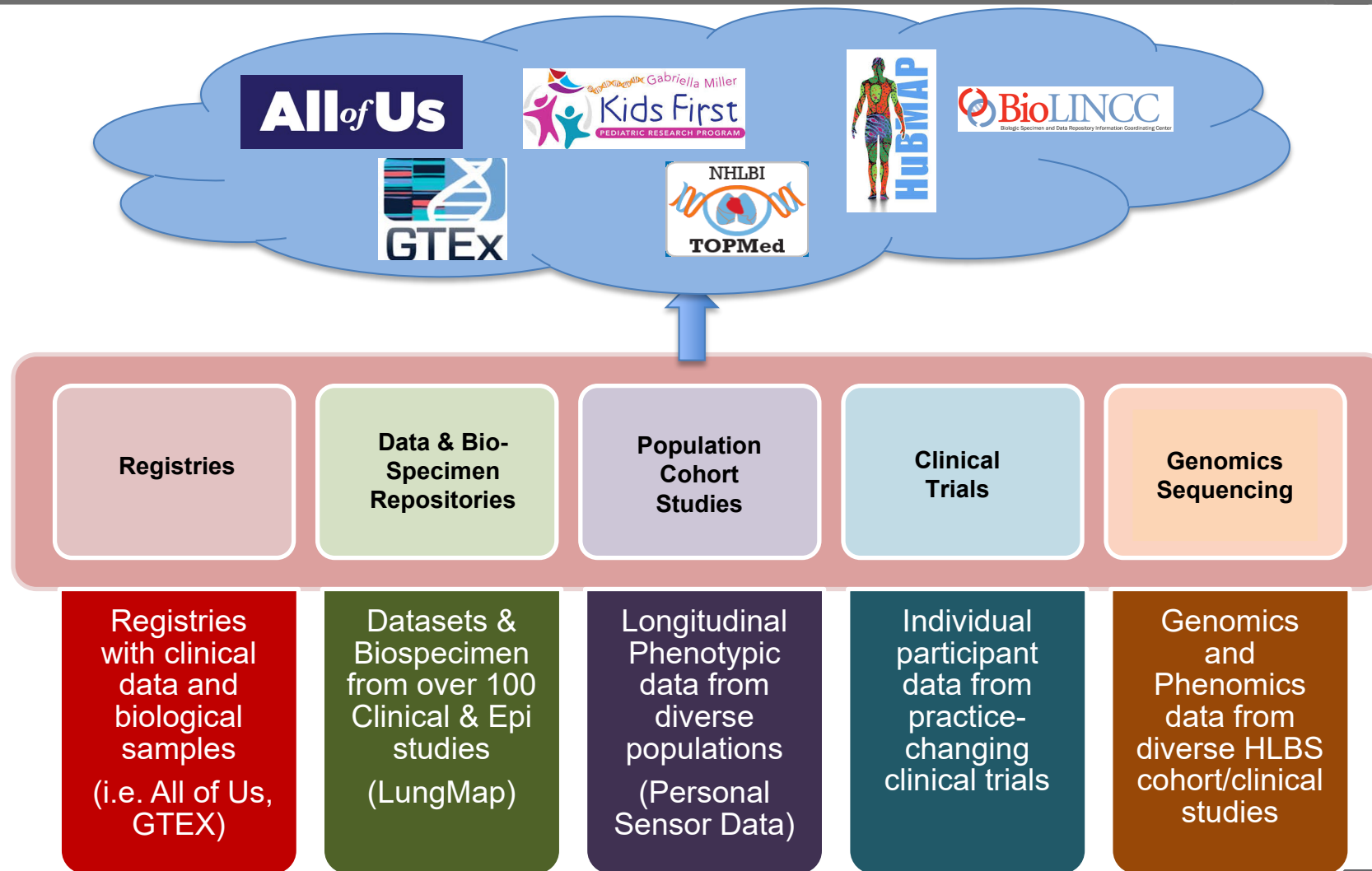


Hypertension MI CAD Stroke Small Vessel Disease CHD Afib CAC Adiposity CHF HCM	Hemophilia SCD Platelets Lipids VTE
	Asthma COPD IPF Sarcoidosis ILD Sleep

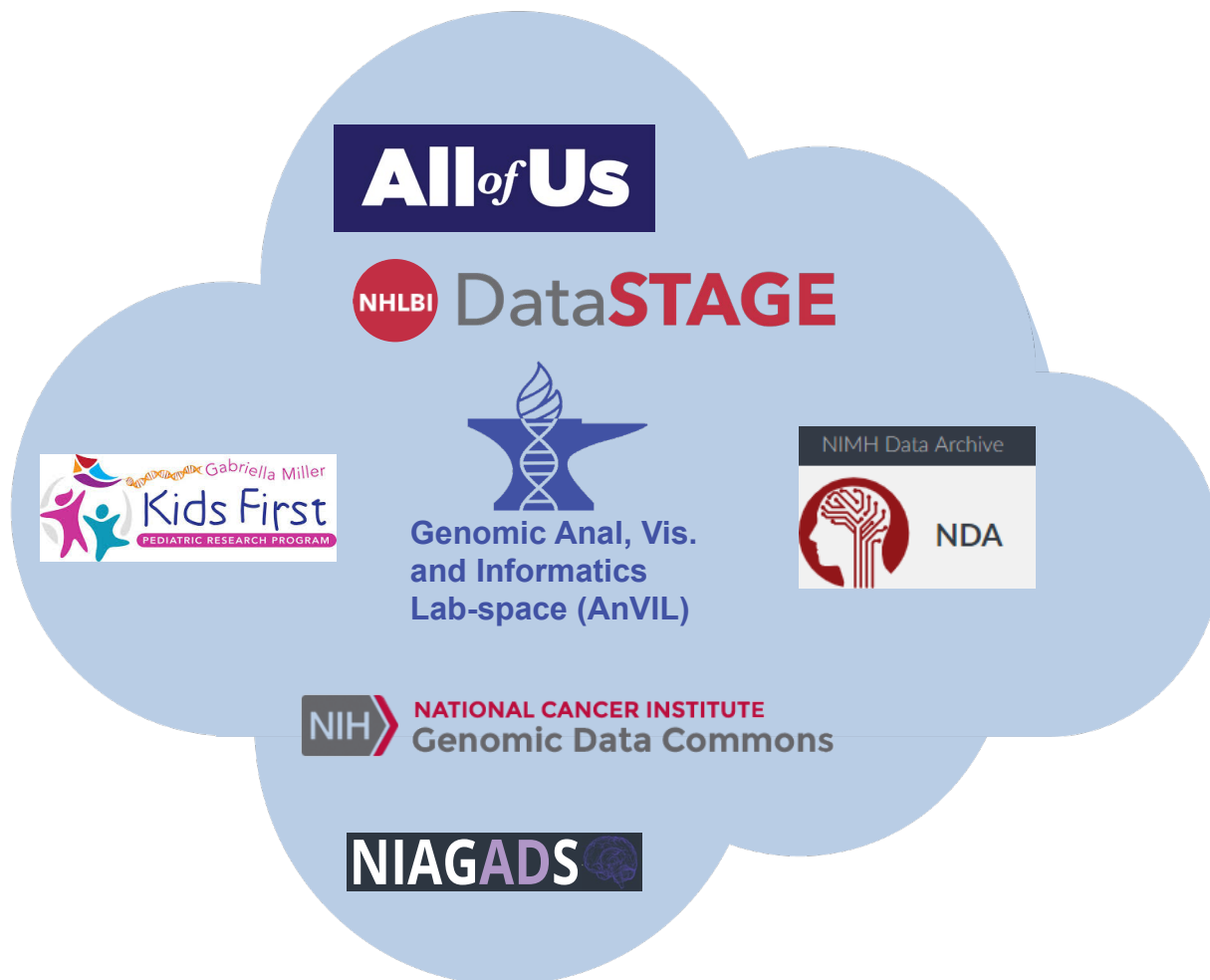
An expansive data resource for **integrated exploration** of multi-omics data with molecular, behavioral, imaging, environmental, and clinical data in heart, lung, blood, and sleep disorders.

Phenotype Diversity represents 145K WGS samples from Phase 1-4 X01s.

Envisioning a Communal, Global Discovery Platform for Multi-Disciplinary Open Science



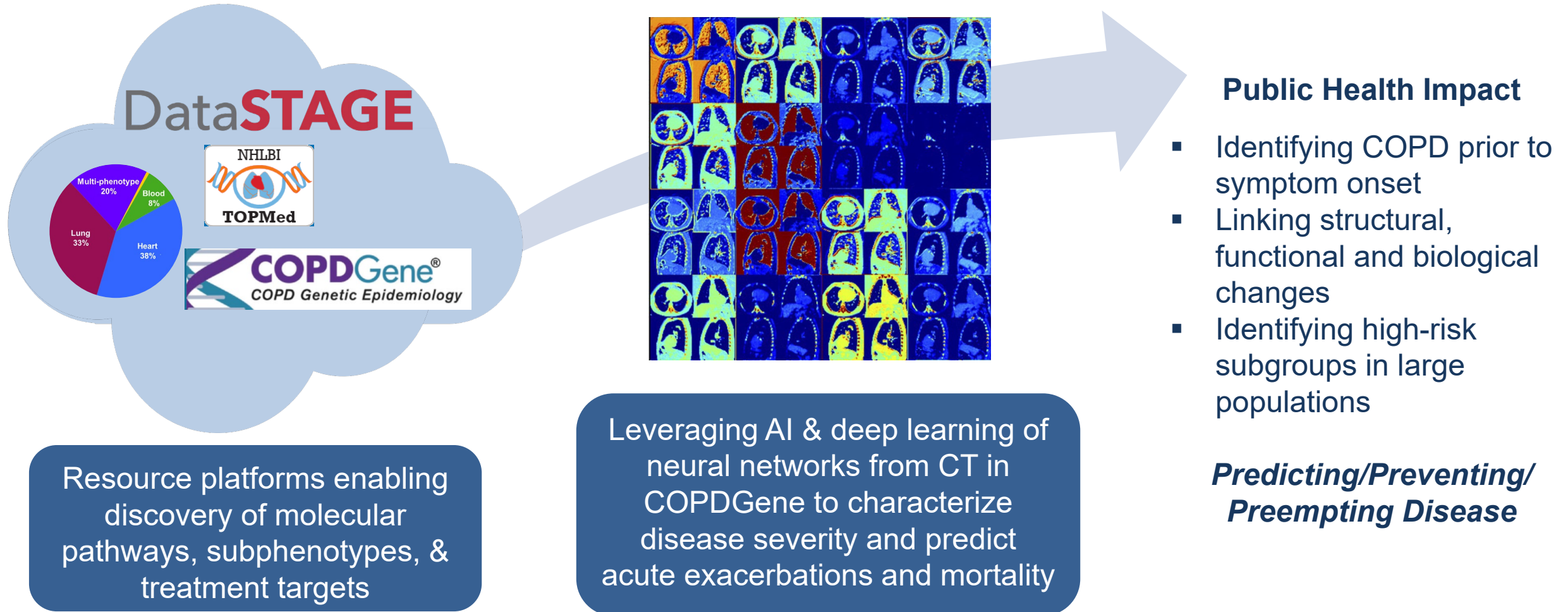
Building a Communal Trans-NIH Platform for Multi-Disciplinary Open Science



Accelerating Data to Knowledge and Knowledge to Discovery

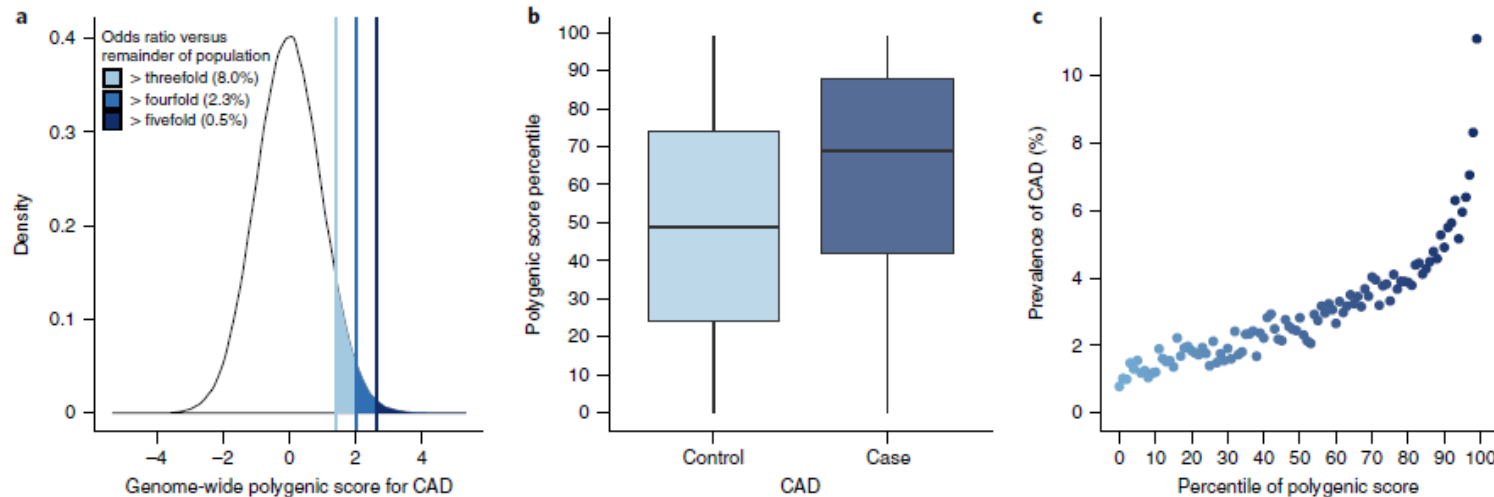
- Make **data accessible** to medical, scientific community
- Ensure data **interoperability** with other data sets
- Drive **discovery**
- Enhance **tools** and treatments available for clinicians
- Revolutionize **prevention and treatment** of disease

Realizing the Promise of Precision Medicine: Harnessing Data Science to Improve Health Outcomes



What if... We Employed Polygenic Risk Scores to Refine Risk and Optimize Therapy for Chronic Conditions?

Genome-wide polygenic scores for common diseases identify individuals with risk equivalent to monogenic mutations



Polygenic Risk Scores for Polygenic Diseases

High polygenic scores identify participants with 3X (or more) **higher risk for disease** compared to participants with lower scores for common diseases.

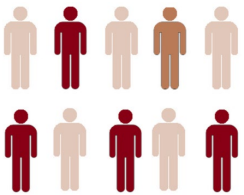
- Coronary Artery Disease
- Atrial Fibrillation
- Type 2 Diabetes
- Inflammatory Bowel Disease
- Breast Cancer
- Obesity

“The polygenic score identified 20-fold more people at comparable or greater risk than were found by familial hypercholesterolemia mutations in previous studies.”

A Paradigm for Translating Discovery to Public Health Impact for Heart, Lung, Blood and Sleep Research

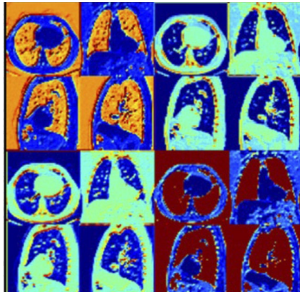
Identify Disease Risk

Track early risk, identify disease categories



Expand Diagnostic Capabilities

Novel use of artificial intelligence & machine learning



Perform Deep Phenotyping

Patient-centric data mining through discovery science (e.g., TOPMed and Data STAGE)



Conduct Clinical Research

Biomarkers & therapeutic targets identified through Omics



Develop Tailored Treatments

Improve disease management and health outcomes



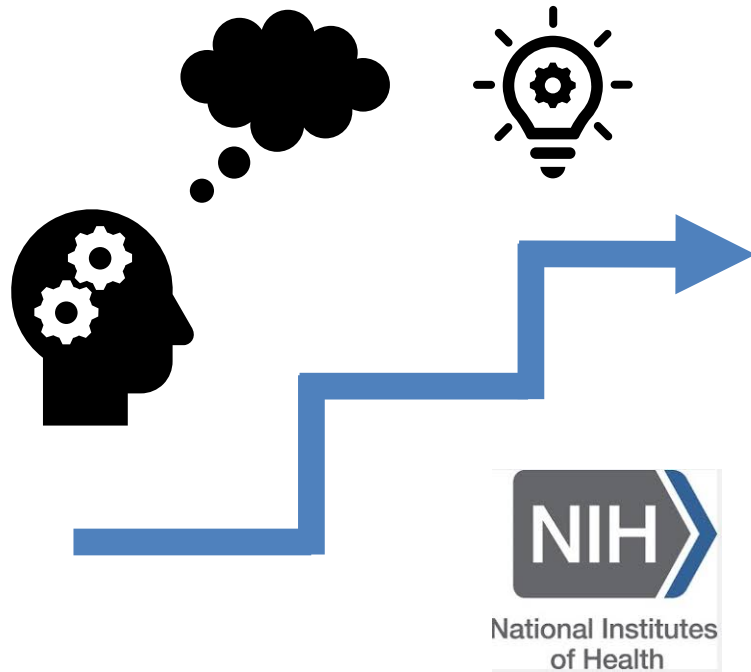
Transform Health Outcomes

Improve health and quality of life



A Paradigm for Translating Discovery to Public Health Impact for Heart, Lung, Blood and Sleep Research

Building on the Strategic Input from the Council of Councils



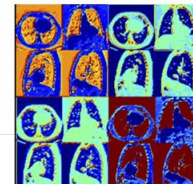
Identify Disease Risk

Track early risk, identify disease categories



Expand Diagnostic Capabilities

Novel use of artificial intelligence & machine learning



Perform Deep Phenotyping

Patient-centric data mining through discovery science (e.g., TOPMed and Data STAGE)



Conduct Clinical Research

Biomarkers & therapeutic targets identified through Omics



Develop Tailored Treatments

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Transform Health Outcomes

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National Heart, Lung,
and Blood Institute