NIH-Funded Primary and Secondary Prevention Research in Humans: A Portfolio Analysis

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National Institutes of Health Office of Disease Prevention

### The Office of Disease Prevention

Division of Program Coordination, Planning, and Strategic Initiatives



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# Mission

- To improve the public health by increasing the scope, quality, dissemination, and impact of prevention research supported by NIH.
- Provide leadership for the development, coordination, and implementation of prevention research in collaboration with ICs and other partners.





The Office of Disease Prevention Strategic Plan FY 2019–2023

# ODP Strategic Priorities (2019-2023)





Conduct Portfolio Analysis & Impact Assessment

Identify Research Gaps



Improve Research Methods



Promote Collaborative Research



Advance Tobacco Regulatory Science



Communicate Efforts & Findings

# Strategic Priority I

- Systematically monitor NIH investments in prevention research and assess the progress and results of that research.
  - ODP defines prevention research to include primary and secondary prevention in humans, together with relevant methods development.
  - ODP's definition includes research designed to promote health; to prevent onset of disease, disorders, conditions, or injuries; and to detect, and prevent the progression of, asymptomatic disease.
  - Prevention research includes studies for:
    - Identification and assessment of risk and protective factors,
    - Screening and identification of individuals and groups at risk,
    - Development and evaluation of interventions to reduce risk,
    - Translation, implementation, and dissemination of effective, preventive interventions into practice, and
    - Development of methods to support prevention research.

# Strategic Priority I

- Systematically monitor NIH investments in prevention research and assess the progress and results of that research.
  - RCDC defines prevention research more broadly.
  - For ODP, RCDC methods...
    - Have unknown sensitivity and specificity for prevention research.
    - May not accurately characterize levels or trends for awards or dollars.
    - May not accurately identify areas with inadequate support.
    - In addition, RCDC methods provide inadequate detail on features like outcome, exposure, study type, design, etc.

RCDC cannot be used to address this ODP priority.



# **Selection of Activity Codes**

- ODP worked with staff from many ICs to identify activity codes likely to support NIH prevention research that met ODP's definition.
  - Basic and preclinical research were excluded.
  - Awards for community services, facilities, infrastructure, loan repayment, meetings, planning, and training were excluded.
  - Intramural research was excluded to focus on extramural research.
  - Contracts proved too difficult to code using our methods.
  - Methodological research was included only if it yielded products that were applicable to prevention research without additional development.
  - We included all remaining R, P, and U activity codes with at least 500 awards across FY12-17 or at least \$500M awarded across FY12-17.
  - Several of these activity codes involved awards with multiple subprojects; as a result, we sampled Application IDs (Appl IDs) instead of awards.

# 12 Activity Codes Included in the Portfolio Analysis

	Total Awards	Total Appl IDs		Total Costs
Code	FY12-17	FY12-17	Code	FY12-17
R01	32176	32190	R01	\$14500 M
R21	11992	11992	R21	\$2600 M
R43	3439	3439	U01	\$2000 M
R03	2932	2932	R44	\$1200 M
U01	2188	2187	P01	\$996 M
R56	1943	1945	R56	\$815 M
R44	1901	1902	R43	\$780 M
P01	534	3755	U54	\$747 M
U54	328	1939	UM1	\$742 M
P50	268	2143	 P50	\$536 M
U19	203	1328	U19	\$527 M
UM1	200	232	R03	\$259 M

We considered all Type I, 2, and 9 awards and Application IDs from FY12-17 made using these activity codes.

### Portfolio Coverage by These Activity Codes

			Research	ODP's	% Research
		R, P, U	R, P, U	Selected	R, P, U
	All Activity	Activity	Activity	Activity	Activity
	Codes	Codes	Codes	Codes	Codes
Total Awards	111,626	68,757	63,381	58,104	91.7%
Total Costs	\$57.5 B	\$32.6 B	\$30.6 B	\$25.7 B	84.1%

All figures based on Type I, 2, and 9 awards from FY12-17, excluding parent awards for projects with sub-awards to avoid double counting.

# Machine Learning Used to Select Application IDs



+ Each training set was derived from manually coded 1R01s from the previous fiscal year (FY)
 \* Each test set included the Application IDs from activity codes of interest for that specific FY

# Sampling of Application IDs



# Coding Based on a Prevention Research Taxonomy

- A classification system to characterize projects or subprojects on:
  - Study Focus
    - Rationale
    - Exposures
    - Outcomes
  - Population focus
  - Study design/purpose
  - Prevention research category
- 128 topics, 29-page protocol
  - Applied to title, abstract, public health significance
- Input from the PRCC

				Rater				
				Date:				
Prevention Taxonomy Form CHECK ALL THAT APPLY IN EACH COLUMN (TOPICS ARE NOT MUTUALLY EXCLUSIVE) See accompanying protocol for definitions and examples								
ppIIDPILast N	ame:		Project Ti	itle:				
Study focus	Rationale	Exposure	Outcome	Population focus				
1. Alcohol				1. Incarcerated/institutionalized				
2. Alzheimer's disease				2. LGBTI				
3.				3. Low income				
4. Blood disorder				4. Military/veterans				
<ol><li>Blood pressure</li></ol>				5. Older adults/elderly				
6. Cancer				6. People with disabilities				
7. Chemical/toxin				7. Pregnant and/or post-partum women				
8. Cholesterol				8. Rural				
9. Diabetes				9. Urban				
10. Diet/nutrition				10. Youth (infants, children, adolescents)				
11. Education/counseling				11. Other or unclear				
12. Firearns								
13. Gastrointestinal disease				Study design/purpose				
14. Genetics				1. Analysis of existing data				
15. Healthcare delivery				2. Methods research				
16. Heart disease				3. Non-randomized intervention study				
17. HR quality of life				4. Observational study				
18. Infectious disease				<ol> <li>Observational study</li> <li>Pilot/feasibility/proof-of-concept/safety</li> </ol>				
19. Kidney disease								
20. Lung disease				6. Randomized intervention study				
21. Maternal/paternal/child health				7. Other or unclear				
22. Medication/device				Prevention research category				
23. Mental health				1. Preventing new health condition, promoting				
24. Microbiome				health in the general population, or				
25. Mortality				identifying risk factors for a new health				
26. Motor vehicle crash				condition				
27. Musculoskeletal disease				2. Screening for risk factor				
28. Neurological disease				3. Screening for early disease				
(not Alzheimer's)				<ol><li>Preventing progression of disease,</li></ol>				
29. Obesity				preventing recurrence in those with a				
30. Physical activity				known health condition, identifying risk				
31. Policy/built environment				factors for progression or recurrence				
32. Pneumonia/influenza				5. Methods research				
33. Sexual behavior				6. Other or unclear				
34. Stress				L				
35. Stroke								
36. Substance abuse								
37. Suicide								
38. Surgery								
39. Tobacco								
40. Unintentional injuries								
41. Vaccine								
41. Vaccine 42. Violence								
43. Other or unclear								

# **Team-Based Coding**



#### Coders

- Contract staff: MPH grads led by a PhD epidemiologist
- 2 months training in groups of 3-4
- Overseen by ODP staff

#### 3-person teams coded abstracts using iPads

- Each person coded independently, then the team resolved disagreements to generate a set of consensus codes for each Application ID
- ODP coded 10-20% of the abstracts weekly for QC using the same methods
- ODP reconciled discrepancies with the contract coding teams
- Average interrater agreement was 0.86.

# Weighting



Weights for FY14, P01, type 1, Machine Learning + =  $N_{ML+} / n_{ML+}$ 

Weights for FY14, P01, type 1, Machine Learning - =  $N_{ML-} / n_{ML-}$ 

# Sensitivity and Specificity of Machine Learning Ensemble for Identifying Prevention Research

	Sensitivity	Specificity
Machine Learning (ML): 1R01s	75.6%	93.3%
ML: All Activity Codes	70.3%	91.1%
ML: All Activity Codes Excluding Cores	72.7%	92.9%

The most recent iteration of the machine learning ensemble, developed after this work was completed, was much improved:

- Sensitivity 95.8%
- Specificity 93.0%
- This new ensemble will be used going forward.

# **Overall Results**

# Primary and Secondary Prevention Research in Humans: FY12-17



# Primary and Secondary Prevention Research in Humans: FY12-17



# Primary and Secondary Prevention Research in Humans by Activity Code FY12-17

Activity	Research	% of Research
Code	Appl IDs	Appl IDs (95% CI)
P01	3,226	8.4% (6.0-11.8)
P50	1,896	18.3% (13.3-24.6)
R01	32,190	16.8% (15.8-17.9)
R03	2,932	26.9% (23.1-31.2)
R21	11,992	15.0% (13.4-16.7)
R43	3,439	9.6% (7.4-12.3)
R44	1,902	11.4% (8.6-15.0)
R56	1,945	13.3% (9.6-18.2)
U01	2,187	43.8% (37.7-50.1)
U19	1,130	12.9% (8.2-19.8)
U54	1,680	13.8% (10.2-18.3)
UM1	225	33.6% (18.5-53.1)

Results for Application IDs Coded as Primary or Secondary Prevention Research in Humans

# **Distribution of Gender and Minority Inclusion Codes**

Gender linclusion Code	% Prevention			
Gender Iniciasion Code	Appl IDs (95% CI)			
Both Genders	65.7% (53.6-67.8)			
Only Women	6.3% (5.5-7.2)			
Only Men	3.2% (2.5-4.0)			
Gender Unknown	0.4% (0.2-0.9)			
Missing	24.4% (22.5-26.5)			
Minarity Inclusion Code	% Prevention			
Minority Inclusion Code	Appl IDs (95% CI)			
Minorities and Non-minorities	64.3% (62.2-66.4)			
Only Minorities	4.1% (3.6-4.8)			
Only Non-minorities	1.3% (0.8-2.0)			
Minority Representation Unknown	0.5% (0.3-1.0)			
Missing	29.8% (27.8-31.8)			

# Study Designs FY12-17



# **Populations Studied FY12-17**



# Study Rationales FY12-17

	% of Prevention		% of Prevention
Торіс	Appl IDs (95% CI)	Торіс	Appl IDs (95% CI)
Mortality	28.0% (26.0-30.1)	Diabetes	5.5% (4.7-6.4)
Cancer	17.8% (16.1-19.7)	Alcohol	5.7% (4.9-6.6)
Infectious Disease	17.8% (16.2-19.6)	Lung Disease	3.7% (2.9-4.8)
MPCH	13.2% (11.9-14.7)	Alzheimer's Disease	3.1% (2.3-4.2)
Heart Disease	10.2% (9.0-11.6)	Kidney Disease	2.8% (2.0-3.8)
Mental Health	10.2% (9.0-11.5)	Musculoskeletal Disease	2.6% (1.9-3.4)
Stroke	8.6% (7.5-9.8)	Gastrointestinal Disease	2.7% (1.9-3.9)
Substance Abuse	9.1% (8.0-10.2)	Unintentional Injuries	2.0% (1.5-2.6)
Neurological Disease	8.0% (6.7-9.4)	Suicide	1.3% (1.0-1.8)
Obesity	7.3% (6.5-8.2)	Pneumonia/Influenza	0.6% (0.3-1.1)
Tobacco	6.5% (5.5-7.6)	Blood Disorder	0.5% (0.4-0.7)

# Study Exposures FY12-17

	% of Prevention
Торіс	Appl IDs (95% CI)
Genetics	26.9% (24.8-29.0)
Education/Counseling	14.3% (13.2-15.4)
Medication/Device	9.8% (8.4-11.5)
Diet/nutrition	5.2% (4.4-6.1)
Healthcare Delivery	4.3% (3.6-5.0)
Infectious Disease	3.8% (3.0-4.6)
Chemical/Toxin	3.4% (2.7-4.1)
Physical Activity	2.4% (2.1-2.8)
Tobacco	2.6% (2.1-3.4)
Substance Abuse	2.2% (1.7-2.6)
Stress	2.1% (1.6-2.6)
Microbiome	1.8% (1.3-2.6)
Mental Health	1.7% (1.3-2.1)
Alcohol	1.6% (1.4-2.0)

# Study Outcomes FY12-17

	% of Prevention		% of Prevention
Торіс	Appl IDs (95% CI)	Торіс	Appl IDs (95% CI)
Cancer	11.8% (10.4-13.4)	Mortality	4.9% (4.1-5.8)
Infectious Disease	9.9% (8.7-11.2)	Alcohol	4.8% (4.1-5.6)
Healthcare Delivery	8.2% (7.3-9.2)	Obesity	4.5% (4.0-5.1)
Mental Health	7.3% (6.3-8.5)	Stroke	3.6% (3.0-4.4)
HRQOL	6.6% (5.6-7.7)	Genetics	3.6% (2.7-4.7)
Substance Abuse	6.2% (5.5-7.0)	<b>Diet/Nutrition</b>	3.5% (3.0-4.0)
Medication/Device	5.9% (4.7-7.3)	Physical Activity	3.3% (2.8-4.0)
Neurological Disease	5.6% (4.5-6.9)	Diabetes	3.1% (2.6-3.8)
Heart Disease	5.4% (4.5-6.6)	Lung Disease	2.8% (2.1-3.8)
Tobacco	5.1% (4.3-6.0)	Sexual Behavior	2.3% (2.0-2.6)

# Comparison to CDC and GBD

#	2015 Leading Causes of Death	%+	#	2016 Leading Risk Factors	%+
1	Heart Disease	10.9%	1	Tobacco	7.7%
2	Cancer	18.3%	2	Obesity	7.8%
3	Chronic Lower Respiratory	-	3	Dietary Factors	7.8%
4	Accidents	2.7%		Alcohol or Drug Use	14.2%
5	Stroke	9.2%	5	High Fasting Plasma Glucose	-
6	Alzheimer's Disease	3.9%	6	High Blood Pressure	2.7%
7	Diabetes	6.4%	7	High Total Cholesterol	1.8%
8	Influenza and Pneumonia	0.6%	8	Impaired Kidney Function	-
9	Kidney Disease	2.9%	9	Occupational Risks	-
10	Suicide	1.4%	10	Air Pollution	-

Based on CDC data

Based on GBD data

<sup>+</sup>Percent of prevention Application IDs calculated using coding on Rationales, Exposures, and Outcomes

# Proportion of Prevention Application IDs That Used Each Study Design By Outcome

#	Outcome	Analysis of Existing Data		Nonrandomized Intervention	Observational Study	Pilot / Feasibility	Randomized Intervention	Unclear
1	Heart disease	69.8%	16.0%	1.7%	81.0%	6.9%	20.0%	0.8%
2	Cancer	56.2%	41.5%	1.8%	68.4%	6.2%	10.5%	4.1%
5	Stroke	76.6%	12.8%	3.3%	73.0%	4.8%	29.3%	2.0%
6	Alzheimer's disease	75.8%	38.1%	0.5%	89.2%	2.8%	3.2%	0.9%
7	Diabetes	60.3%	7.6%	4.7%	57.8%	7.3%	39.5%	2.3%
8	Pneumonia or flu	72.8%	62.7%	0.0%	39.4%	0.0%	10.1%	0.0%
9	Kidney disease	69.9%	9.6%	0.4%	94.1%	1.7%	7.2%	2.1%
10	Suicide	42.1%	9.5%	9.3%	61.2%	9.4%	30.9%	1.4%

- For example, among prevention Application IDs with Cancer as an outcome, 10.5% included a randomized trial, while 68.4% included an observational study.
- Coders selected all categories that applied to each Application ID; percentages do not sum to 100%.

# Proportion of Prevention Application IDs That Used Each Study Design By Outcome

#	Outcome	Analysis of Existing Data		Nonrandomized Intervention	Observational Study	Pilot / Feasibility	Randomized Intervention	Unclear
1	Tobacco	23.4%	9.5%	16.3%	34.6%	13.4%	38.4%	4.2%
2	Obesity	37.1%	9.6%	7.1%	40.8%	11.6%	50.8%	1.4%
3	Diet/nutrition	21.8%	16.0%	14.7%	31.2%	17.4%	52.7%	4.0%
4	Alcohol	37.9%	38.1%	17.1%	42.0%	15.3%	34.8%	2.5%
4	Substance use	38.6%	12.8%	14.7%	49.9%	19.8%	32.6%	3.0%
6	Blood pressure	42.4%	41.5%	17.2%	61.1%	9.2%	32.0%	2.0%
7	Cholesterol	55.7%	7.6%	22.4%	64.6%	9.0%	29.6%	0.0%
11	Physical activity	21.1%	62.7%	10.4%	27.1%	17.5%	57.3%	2.5%

- For example, of prevention Application IDs with Tobacco as an outcome, 38.4% included a randomized trial, while 34.6% included an observational study.
- Coders selected all categories that applied to each Application ID; percentages do not sum to 100%.

### **Summary and Conclusions**

ODP coded 11,082 projects from 12 activity codes for FY12-17.

- Those codes represent 91.7% of all projects and 84.1% of all dollars used for research in NIH extramural grants and collaborative agreements.
- For those activity codes, primary and secondary prevention research in humans represented 16.7% of projects and 22.6% of dollars.
- 63.3% of the prevention projects included an observational study, 43.4% included an analysis of existing data, 23.9% included methods research.
- Only 18.2% included a randomized intervention, suggesting that only 3% of NIH resources for research are used for preventive intervention trials.
- Given that 74% of the variability in county-level life expectancy across the US is explained by established risk factors, it seems appropriate to devote a larger proportion of the NIH research portfolio to randomized prevention trials to address those risk factors.

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RESEARCH METHODS

#### A Machine Learning Approach to Identify NIH-Funded Applied Prevention Research



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#### NIH Primary and Secondary Prevention Research in Humans During 2012–2017



# Next Steps for ODP

- We will work with colleagues across the ICOs to examine our data for their portfolio and to consider the implications of those findings for their prevention research going forward.
- We will make IC-specific data available to interested ICs.
- We will continue to share our data with RCDC, as it provides a rich source of validated results that can be used to improve their system.
- We will extend the application of the machine learning algorithms to many of the 128 topics and assess sensitivity and specificity.
  - We hope this will allow us to reduce the level of manual coding.
- We will assess the progress and results of primary and secondary research in humans using new tools available from OPA.
- We will continue to code new awards from FY18 and beyond.

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