



Ultra-Processed Foods and Diet-Related Health Disparities: Providing the Research-Base to Inform Policy

Wednesday, March 12, 2025 | 12:00-1:30pm ET

[Registration for virtual attendance](#)

Registration for this virtual seminar is first-come, first-served until capacity is reached or through Wednesday, March 12, 2025. If you require reasonable accommodations to participate, please contact Allison Hurst ahurst@scgcorp.com at least 10 days before the meeting to discuss your needs.

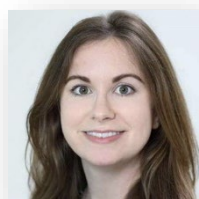
With changes in our food system over the past several decades, a growing area of research is exploring the intricate relationship between ultra-processed food intake and the increased risks for obesity and cardiometabolic diseases. This virtual seminar webinar will explore the role of ultra-processed foods in contributing to poor health outcomes in the U.S., and particularly communities experiencing health disparities. It is hosted by the [NIH Office of Nutrition Research](#) and organized by the NIH *Nutrition & Health Disparities* and NIH *Ultra-processed Foods* Working Groups.

Moderator



Alison Brown, PhD, RDN
Program Director
National Heart Lung and Blood Institute

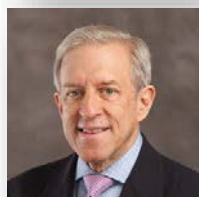
Speakers



Lauren O'Connor, PhD, MPH
Nutrition and Health Program Lead
Texas A&M Agriculture, Food and Nutrition Evidence Center



Josiemer Mattei, PhD, MPH
Donald and Sue Pritzker Associate Professor of Nutrition
Department of Nutrition
Harvard T.H. Chan School of Public Health



Jerold Mande, MPH
CEO Nourish Science
Adjunct Professor of Nutrition
Harvard T.H. Chan School of Public Health
Senior Fellow, Tisch College of Civic Life, Tufts University

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To learn more about nutrition research at the NIH, please visit the [NIH Office of Nutrition Research](#).